All Hallows Catholic High School



Crabtree Avenue • Penwortham • Preston • Lancashire • PR1 0LN T: 01772 746121 • F: 01772 908502 • E: enquiries@allhallows.lancs.sch.uk

Headteacher: Mr C J Riding M.A. B.A.

Dear Parents

Newsletter No. 4 - 30 September 2016

School Prospectus 2016-2017

The new School Prospectus for 2016-2017 is available on our Open Evening on Thursday 6 October 2016. If you are unable to attend the Open Evening you can collect a Prospectus from the School Office.

Year 7 'CAT' Tests

Year 7 will be sitting Cognitive Ability Tests over the next week or so. Most schools use these 'CAT' Tests to test general intelligence. They are designed to assess a pupil's ability in three different areas: verbal (thinking with words); quantitative (thinking with numbers); and non-verbal (thinking with shapes and space). CAT's are used to give a snapshot of a child's potential, what they could achieve and how they learn best. The results can help teachers to set the right learning pace for each child, monitor their progress and identify areas where they might need extra support.

The tests are designed to be taken without any revision or preparation so they can assess a child's potential in his or her ability to reason. CAT's are not testing children's knowledge and understanding as a Maths or English exam might, so they can't 'learn' how to answer the questions. Pupils in 7P will sit the tests on Monday 26 September and pupils in 7G will sit the tests on Tuesday 4 October.

Brownie and Girl Guide Leaders Wanted

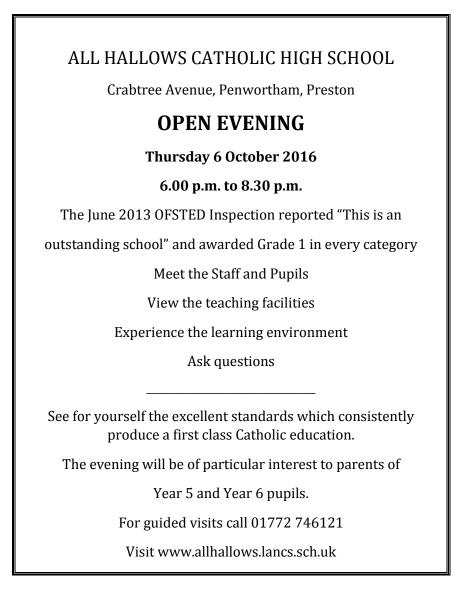
Chesmere Drive, Rene Sladen Centre for Guiding. Tuesday evenings, 6.0 p.m. onwards, 18+ year old. For more information please e-mail <u>gwrdfieldhouse@btinternet.com</u> of telephone Rachael Moon on 07746 915182. Rewarding and looks great on CV, any help greatly appreciated.

Open Evening

A reminder that on Thursday 6 October 2016 we have our annual Open Evening from 6.00 p.m. to 8.30 p.m. Our pupils finish at 12.35 p.m. on that day. Any pupils returning for Open Evening should do so in full school uniform. <u>Could girls who are attending school to help on Open Evening please wear black tights</u>.



"Growing together in the spirit of Christ's love" AN OUTSTANDING SCHOOL www.allhallows.lancs.sch.uk



School Meals

Menus for the week commencing Monday 3 October 2016. Salads \pounds 1.75 – \pounds 2.50, Potatoes 65p, Baked Beans 65p.

Monday: Beef Bolognaise Sauce served with Pasta & Crusty Bread £1.95. Vegetarian (Quorn) Bolognaise served with Crusty Bread £1.95. Oven Baked Breaded Chicken Fillet in a bap served with Salad £1.70.

Salad: Sardines £1.75.

Tuesday:Traditional Lancashire Hot Pot £1.95. Cheese Ravioli served in a Tomato
Sauce £1.70. Seasoned Chicken Wrap served with Salad £1.70.

Salad: Prawn & Melon £1.75.

Wednesday: Oven Baked Prime Pork Sausages, Gravy, Chips & Vegetables £1.95. Roast Chicken Portion served with Chips & Vegetables £1.95. Butter Pie served with Vegetables £1.55. CHIPS 73p (May only be purchased with another product).

Salad: Chicken Caesar £1.75.

Thursday: HALF DAY

Friday:Breaded Fish Goujons & Lemon Mayo Dip served with Wedges & Vegetables
£1.95. Chicken & Pepperoni Pasta served with Vegetables £1.70.
Mushroom & Spinach Omelette served with Vegetables £1.55. Chicken Curry
£1.95.

Salad: Feta Cheese & Olives £1.75.

Each day a selection of freshly prepared Sandwiches, Wraps, Hot & Cold Paninis, Salads, Jacket Potatoes, Pasta Pots & Pizza will be available. For any special requests, please see a member of our highly trained Catering Team.

(All items are subject to availability)

FOOD ALLERGIES AND INTOLERANCES

IF YOU HAVE ANY CONCERNS, PLEASE SPEAK TO A MEMBER OF OUR CATERING TEAM. ALSO, PLEASE BE AWARE ALL OUR FOOD PRODUCTS MAY CONTAIN TRACES OF NUTS.

Yours sincerely

Mr C J Riding Headteacher

REWARDS DEVELOPMENTS

This year you may start to see Gold Writing appear in your child's planner as part of our rewards system, so keep an eye out for this as you sign their planner! A Gold Writing means that they have been chosen by the teacher for the excellent standard of their academic work that lesson. If a pupil collects three 'Golds' in a week then they will receive a Reward Card from their Form Tutor.