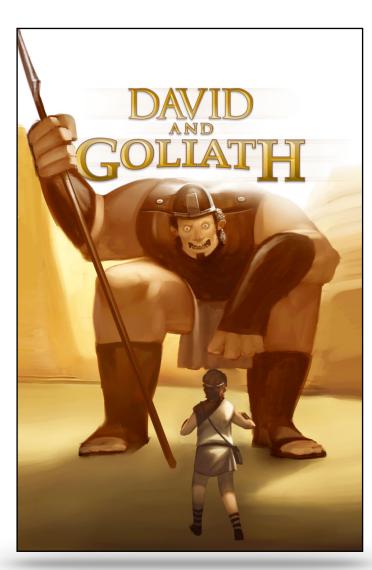
Courage

Goliath came toward David, walking behind the soldier who was carrying his shield. When Goliath saw that David was just a healthy, good-looking boy, he made fun of him. "Do you think I'm a dog?" Goliath asked. "Is that why you've come after me with a stick?" He cursed David in the name of the Philistine gods and shouted, "Come on! When I'm finished with you, I'll feed you to the birds and wild animals!"

David answered: fight me with a and a dagger. But fight you in the All-Powerful. He is army, and you too!

Today the Lord will I'll knock you down head, and I'll feed other Philistine and wild animals. world will know God. Everybody the Lord doesn't spears to save his always wins his help us defeat

When Goliath David ran toward in his sling and around by its



You've come out to sword and a spear l've come out to name of the Lord the God of Israel's have insulted him

help me defeat you. and cut off your the bodies of the soldiers to the birds Then the whole that Israel has a real here will see that need swords or people. The Lord battles, and he will you.

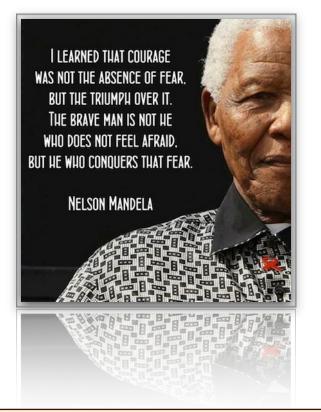
started forward, him. He put a rock swung the sling straps. When he let

go of one strap, the rock flew out and hit Goliath on the forehead. It cracked his skull, and he fell facedown on the ground. David defeated Goliath with a sling and a rock. He killed him without even using a sword.

SOMETHING TO THINK ABOUT

"Have courage. Go forward. Make some noise! Wherever there are young people there must be noise. Things can be toned down later on, but a young person always wants to make noise. Go forward. There will be people who will say things to you to slow you down, to block your path. Please, go against the current. Be courageous...go against the current, against this civilisation that is doing us so much harm. Be courageous...go against the current: and this means making noise. Be courageous...go forward, remaining true to the values of beauty, goodness and truth."

Pope Francis



WHAT'S ON THIS WEEK

TUESDAY is the feast of St Cecilia – the patron saint of music! Share your favourite song on social media today!

SOMETHING TO TALK ABOUT

- What are you scared of? Spiders? Flying?
- What makes you angry? Injustice? Selfishness?
- What do you to overcome your fears or make important changes in your life? Could you do more?

SOMETHING TO DO

Watch the video Educating Yorkshire -Mushy Finds His Voice. Think about how you value your voice? Do you have the courage to use it to change the world for the better?!



