WORD OF THE WEEK Matthew 5:1-12



When Jesus saw the crowds, he went up on the side of a mountain and sat down. Jesus' disciples gathered around him, and he taught them:

- Happy are those people who depend only on him.
 - They belong to the kingdom of heaven!
- **Happy** those people who grieve. They will find comfort!
- **Happy** are those people who are humble.
 - The earth will belong to them!

Happy are those people who want to obey God more than to eat or drink.

They will be given what they want!

- Happy are those people who are merciful. They will be treated with mercy!
- **Happy** are those people whose hearts are pure. They will see him!
- **Happy** are those people who make peace. They will be called his children!
- **Happy** are those people who are treated badly for doing right. They belong to the kingdom of heaven.

Happy are you when people insult you, mistreat you, and tell all kinds of evil lies about you because of me. Be happy and excited! You will have a great reward in heaven. People did these same things to the prophets who lived long ago.



SOMETHING TO THINK ABOUT

In the Pharrell Williams song 'Happy', he tells us to "Clap along if you know what happiness is to you"! We go through life craving happiness...and so we should! Life is for living and is to be enjoyed! But what is happiness and what actually makes us happy? In this week's Gospel passage, Jesus gives us his recipe for happiness. See

if his idea of happiness matches up to yours!

SOMETHING TO TALK ABOUT

Think of the happiest person you know...what do you think makes them so happy?!
Is Jesus' recipe for happiness something you can live by? Is it realistic?
How can you put the Beatitudes (the "Happy are..." sentences) into practise in your daily

life?





PRAYER FOR THE WEEK

God our Father, help us to have the happiness that you want for us... ...happiness that comes not from what happens to us, but from what happens inside of us when we allow your love to shine through. We ask this prayer through Christ our Lord. Amen!



SOMETHING TO PO Watch the music video for Pharrell Williams' "Happy"! Poes this show the standard of happiness that Jesus sets?

<u>WHAT'S ON THIS</u> <u>WEEK</u>

TUESDAY is the feast of **St John Bosco**! Happy feast day to all in John! A special assembly will be held on Wednesday morning at 8:45am for all JOHN forms to mark the feast day.

Lunchtime Mass will be held in the CHAPEL at 12:35pm on Friday – the first Friday of the month. All pupils and staff are very welcome!