

BUILDING A FIRM FOUNDATION

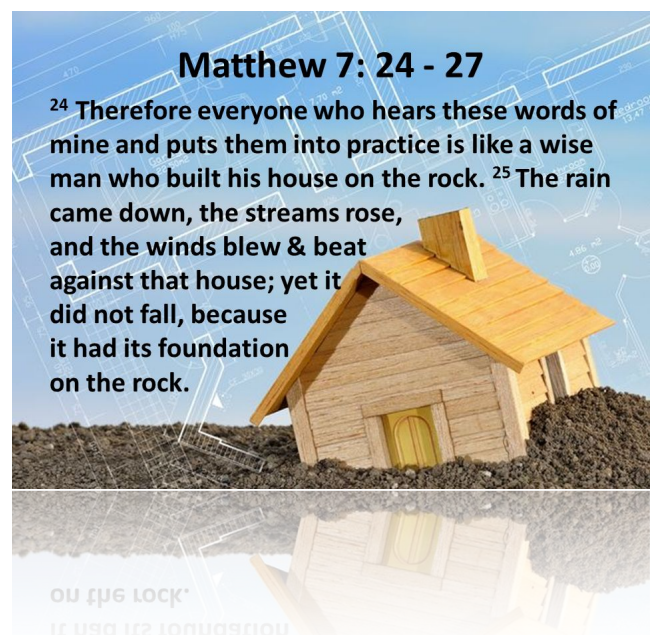
WORD OF THE WEEK - THE TWO BUILDERS

Jesus said to his disciples, “Anyone who hears and obeys my teachings is like a wise person who built a house on solid rock. Rain poured down, rivers flooded, and winds beat against that house. But it did not fall, because it was built on solid rock.

Anyone who hears my teachings and doesn’t obey them is like a foolish person who built a house on sand. The rain poured down, the rivers flooded, and the winds blew and beat against that house. Finally, it fell with a crash.”

Something to think about...

The word ‘foundation’ is related to the word ‘fundamental’, meaning something which forms a base from which everything else develops. It can also mean something that is more important than anything else. In a building the foundation is the most important part because it keeps the rest of the building stable. It is important for a building to be strong not only to protect the people inside it, but also the people and other buildings which surround it!



That is what Jesus is telling us in this week’s Gospel passage; Jesus is encouraging us to put his teachings (love, peace, community, forgiveness) at the foundation of our lives. That way our lives can be like strong buildings – lives which allow us to be fulfilled and happy for ourselves, but also for those we share our lives with. If we ignore those values, then we become less useful, and sometimes even a danger, to ourselves and those around us. This week, as we move into the season of Lent, we can take a look at our own lives – what is fundamental to me? Do I live a life which is good for other people as well as myself?...



Something to talk about...

- Describe your dream house! Where would it be?
How would it be built?
With what materials?
- What would you say were the 'foundations' of your life?
- Listen to Jesus' warning in the Gospel passage...
would Jesus call you wise or foolish?

SOMETHING TO DO...

TAKE A RULER AND BALANCE IT ON THE INDEX FINGER OF THE HAND YOU WRITE WITH. SEE HOW LONG YOU CAN KEEP IT BALANCED. WITH EVERY WOBBLE OF THE RULER, THINK ABOUT THE TIMES IN YOUR LIFE WHEN YOU NEED A LITTLE BIT MORE SUPPORT.

THEN ADD THE INDEX FINGER OF YOUR OTHER HAND. WHO SUPPORTS YOU WHEN TIMES ARE WOBBLY? WHEN DO YOU NEED TO RELY ON YOUR FIRM FOUNDATIONS? DO YOU ALLOW GOD TO SUPPORT YOU?!

WHAT'S ON THIS WEEK?

WEDNESDAY is ASH
WEDNESDAY – the
beginning of the
season of Lent.
Services will mark
this special day of
the Christian
calendar in the Arts
Theatre on
Wednesday morning.



Join us in the
Senior Dining Room
on Friday morning
at 8:30am for
BREAKFAST WITH
GOD!

LUNCHTIME MASS
will be celebrated
in the Arts Theatre
on FRIDAY at
12:35pm – Why not
do something extra
for Lent and come
along? All are very
welcome!



Prayer for the week...

God our Father,

May our lives be built from the best materials possible
– faith, hope and love.

May our lives be built on foundations that will last.

May our lives be built on your love.

We make our prayer through Christ our Lord. Amen.

