



WORD OF THE WEEK: JOHN 14:15-21

Jesus said to his disciples: "If you love me, you will do as I command. Then I will ask the Father to send you the Holy Spirit who will help you and always be with you. The Spirit will show you what is true. The people of this world cannot accept the Spirit, because they don't see or know him. But you know the Spirit, who is with you and will keep on living in you. I won't leave you like orphans. I will come back to you. In a little while the people of this world won't be able to see me, but you will see me. And because I live, you will live. Then you will know that I am one with the Father. You will know that you are one with me, and I am one with you. If you love me, you will do what I have said, and my Father will love you. I will also love you and show you what I am like."

Prayer for the week...

Loving Father,
Your Son, Jesus, promised to be with us always, and sent the Holy Spirit to be our friend and guide. Help us to keep our promises to you - to keep your commandments and to share your love with everyone we meet. We make this prayer through Jesus, our Risen Lord.
Amen

GOD KEEPS HIS PROMISES

(Deuteronomy 7:9)



Something to think about...

"But you promised!" We have all said this to someone at some point in our lives! If someone disappointed us, we've said it, too. Broken promises destroy trust, causing distress and pain. Sometimes we make promises in haste – to try to make friends or end an argument. But responsibility for keeping that promise doesn't go away because we didn't think it through. We can avoid the pitfall of a promise made too quickly by slowing down to consider five facts:

1. Remember whose you are.

As Christians, the Holy Spirit lives inside us.

His power is ready to teach us to carefully consider promises before we make them.

2. Understand promises come with responsibility attached.

If we break them, we will suffer the consequence of lost trust, which is difficult to regain.

3. Say "yes" or "no," but not "yes" then "no".

Admitting you can't take something on is better than breaking your word down the road.

4. Believe in promise power.

People trust us to do what we say we will do. As ambassadors of Christ, it's not only our character at stake. Others form opinions about Jesus based on our actions.

5. Ask the Holy Spirit for strength to fulfil each carefully made promise.

Promises are a measure of trust. With the Holy Spirit's help, we can keep every single promise we make.

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Something to talk about...

Do you have trouble keeping promises?

What's one step you can take this week to regain trust and start keeping your promises?

Have you lost trust as a result of others' broken promises?

What's one step you can take today to begin to forgive?

Something to do...

As a form draw up a 'contract'...a set of promises made to each other which you all then commit to keeping.

E.g. Everyone should smile when they come into form each morning.

Everyone will take part in the next charity fundraiser.

What's on this week...

Join us on FRIDAY for BREAKFAST WITH GOD at 8:30 in the Junior Dining Room...free tea, toast, and a moment of reflection!

We continue to prayer for Year 11 as they sit their final exams...GOOD LUCK!



