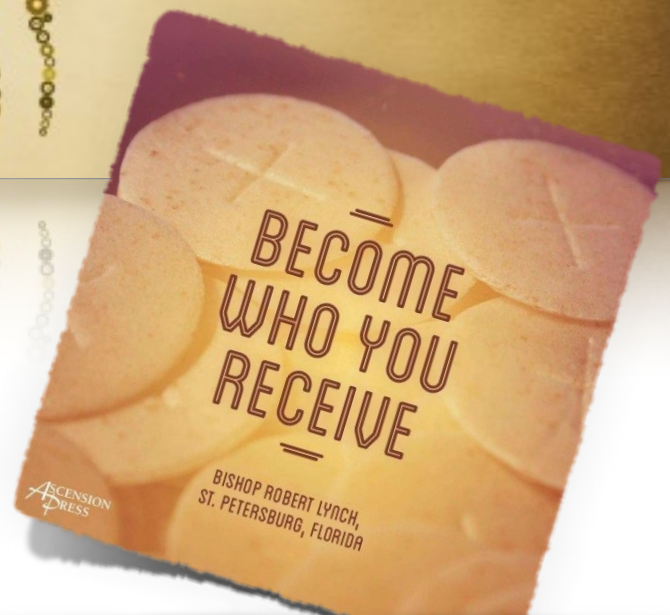


the body of christ



WORD OF THE WEEK: John 6:51-58

Jesus said to the crowd:
'I am the living bread which has
come down from heaven.
Anyone who eats this bread will live for ever;
and the bread that I shall give is my flesh,
for the life of the world.'
'I tell you most solemnly,
if you do not eat the flesh of the Son of Man and
drink his blood,
you will not have life in you.
Anyone who does eat my flesh and drink my blood
has eternal life,
and I shall raise him up on the last day.
For my flesh is real food
and my blood is real drink.
He who eats my flesh and drinks my blood
lives in me
and I live in him.
As I, who am sent
by the living Father,
myself draw life
from the Father,
so whoever eats me will draw
life from me.
This is the bread come
down from heaven;
not like the bread
our ancestors
ate:
they are dead,
but anyone who
eats this bread will
live for ever.'



SOMETHING TO THINK ABOUT...

Christ has no body but yours,
No hands, no feet on earth but yours,
Yours are the eyes with which he looks
compassion on this world,
Yours are the feet
with which he walks to do good,
Yours are the hands,
with which he blesses all the world.
Yours are the hands,
yours are the feet,
Yours are the eyes,
you are his body.
Christ has no body now but yours,
No hands, no feet on earth but yours,
Yours are the eyes with which he
looks compassion on this world.
Christ has no body now on earth
but yours.

(St Theresa of Ávila)

SOMETHING TO TALK ABOUT...

- How often do you go to Mass, to receive the Eucharist?
- The Church asks us to attend Mass every week...why do you think the Eucharist is so important?
- When we can't get to Mass for whatever reason, how can we make sure we are still living as members of Christ's body?



SOMETHING TO DO...

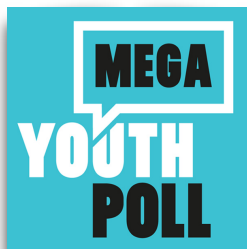
Imagine you are going on a long journey...
List 5 essential items that you would take
with you...

Is food/drink anywhere on the list?
Jesus gives himself as food for our journey of life...
Give thanks for the gift of the Eucharist!

WHAT'S ON THIS WEEK...

CALLING ALL YEAR 9/10s...

Come and take part in the **YOUTH MEGA POLL**, telling Pope Francis your thoughts about faith and life...for your chance to win an **AMAZON VOUCHER!**
More details to follow!



JUSTICE AND PEACE GROUP meet on
Monday lunchtime (1pm) in Room 36

UPPER SCHOOL SVP meet on Wednesday
lunchtime (1pm) in Room 27

PRAYER FOR THE WEEK...

God, our Father,
your Son, Jesus, gave his whole self for us.
Transform us into members of
his body here on earth,
by using both our
giftedness and our
ordinariness for the good
of the church, and of
all those we meet day by
day. In Jesus' name we pray.
Amen

