



WORD OF THE WEEK PHILIPPIANS 2:1-9

Christ encourages you, and his love comforts you. God's Spirit unites you, and you are concerned for others. Now make me completely happy! Live in harmony by showing love for each other. Be united in what you think, as if you were only one person. Don't be jealous or proud, but be humble and consider others more important than yourselves. Care about them as much as you care about yourselves and think the same way that Christ Jesus thought:

Christ was truly God.
 But he did not try to remain
 equal with God.
 Instead he gave up everything
 and became a slave,
 when he became
 like one of us.
 Christ was humble.
 He obeyed God
 and even died
 on a cross.
 Then God gave Christ
 the highest place
 and honoured his name
 above all others.



*Whoever exalts
 himself will be
 humbled, and
 whoever humbles
 himself will be
 exalted.
 -----Jesus of Nazareth*

**SOMETHING TO
 TALK ABOUT**
 Humility was not always admired. Humility was a negative word associated with defeat. Humility before the gods and emperors was advised but not towards an equal. Do you think that works today?

SOMETHING TO THINK ABOUT

HUMILITY IS WHAT MAKES THE GREAT GREAT!

The best leaders are marked by humility.

1. Humility is common sense - none of us is an expert at everything. What we don't know and can't do far exceeds what we do know and can do.
2. Humility is beautiful - we are more attracted to the great who are humble than to the great who know it and want us to know it too.
3. Humility is generative - it generates new knowledge, new abilities. The proud person will go away with less than the humble person who is looking to learn.
4. Humility is inspiring- with humble leaders - we don't just admire them, we aspire to be like them.

SOMETHING TO DO

On a piece of paper write your name with the hand you usually write with. Then do the same with the opposite hand.

This simple exercise puts us in touch with something about ourselves - we're not (and can't be) good at everything! We are all built with strengths and weaknesses, and these things will vary from person to person.

Remembering this fact should allow us grow in humility - whilst we recognise our limitations, we also recognise and celebrate our giftedness!

WHAT'S ON THIS WEEK

Breakfast with God in the Junior Dining Room on Friday. Join us for tea, toast and morning prayer!



Being humble means recognizing we are not on earth to see how important we can become, but to see how much difference we can make in the lives of others.

Gordon B. Hinckley

Prayer for Humility

O Father, give us the humility which realizes its ignorance,
Admits its mistakes, recognizes its need, welcomes advice,
Accepts rebuke. Help us always to praise rather than to criticize,
To sympathize rather than to discourage, to build rather than to destroy,
And to think of people at their best rather than at their worst.
This we ask for thy name's sake.

