



NATIONAL YOUTH SUNDAY

#JustOneFilter

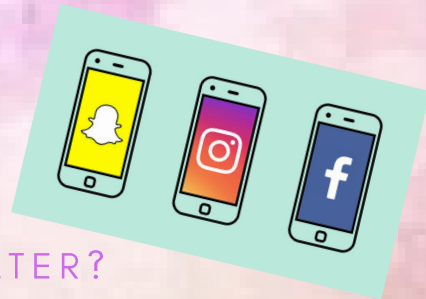
Word of the Week

1 TIMOTHY 4: 12

Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity.

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youthsunday**

Something to think about...



COULD YOU LIVE WITH JUST ONE FILTER?

No one thinks twice about altering an image before posting it on social media- it's all just part of the process of attracting as many likes and comments as possible. This youth Sunday we want you to think about where else in your life you are using filters.

What do you do to mask who you really are?

Are you hiding or enhancing parts of your life to make yourself feel good?

What do you do to feel like you belong?

We want you to hear the message that there is ONE filter that helps us stay true to ourselves, that helps us all to measure our lives in the right ways and present ourselves to others as we are. This is the filter of God's love.

When we look at our lives through this filter we see ourselves and others as God does, as truly loved, valued and significant, no matter what is going on in our lives. We want you to know this youth Sunday that you are works of art, masterpieces, lovingly created by a God who knows you and wants to be close to you.

Could you live with...

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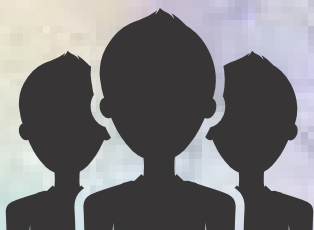
Something to talk about...

**WITH THE PERSON NEXT TO YOU
DISCUSS THE FOLLOWING
QUESTIONS.**

What filters have you seen?

How do people want to be seen by others? What things might people hide behind for the sake of how others might see them?

What helps you to be your true self? When or where do you feel most yourself and most alive?



Prayer for the Week

Father, we thank you for your great love for us. Help us to always recognise our identity as Your children, loved by You from the very beginning, created to share in Your work of sanctifying and redeeming the world.

Jesus, we thank you for giving your life for us and that through Your cross and resurrection we can be free from needing to look at our lives through filters that portray us as something we are not. Teach us what it means to be true to ourselves with the help of Your mercy and grace.

Holy Spirit, we thank You for your constant presence strengthening us. Help us to see clearly our purpose and mission, give us courage to serve and love those around us and show them the love of God.

Amen.

Something to do...

SET YOURSELF A CHALLENGE.

This week's Word of the Week tells us that we should have confidence in who we truly are as young people and set an example to others, not just for other people our age but all people of any age. How can you be an example to others this week?

**We are God's work of art,
created in Christ Jesus to
live the good life as from
the beginning he has
meant us to live it.**
Ephesians 2:10



What's on...

Wednesday: Red Wednesday. A day of prayer and action for those persecuted because of their faith. There will be a prayer service in the Chapel at 12: 40pm today and lots of other things going on around school.

Friday: Breakfast with God, Junior Dining Room, 8:30am.

Friday: Year 8 Castlerigg Retreat.