

# HE IS RISEN!



## WORD OF THE WEEK

JOHN 20: 1-9

Early on the first day of the week, while it was still dark, Mary Magdalene went to the tomb and saw that the stone had been removed from the entrance. So she came running to Simon Peter and the other disciple, the one Jesus loves, and said, "They have taken the Lord out of the tomb, and we don't know where they have put him!"

So Peter and the other disciple started for the tomb. Both were running, the other disciple outran Peter and reached the tomb first. He bent over and looked in at the strips of linen lying there but did not go in. Then Simon Peter came along behind him and went straight into the tomb. He saw the strips of linen lying there, as well as the cloth that had been wrapped around Jesus' head. The cloth was still lying in its place, separate from the linen. Finally the other disciple, who has reached the tomb first, also went inside. He saw and believed.



## PRAYER FOR THE WEEK

Lord God,  
You loved this world so much,  
that you gave your one and only  
Son, that we might be called  
your children too.

Lord, help us to live in the  
gladness and grace  
of Easter Sunday, everyday. Let  
us have hearts of thankfulness  
for your sacrifice. Let us have  
eyes that look upon

Your grace and rejoice in our  
salvation. Help us to walk in that  
mighty grace And tell your good  
news to the world.

AMEN

## SOMETHING TO THINK ABOUT...

The Resurrection means that our lives are radically changed. Sometimes I fail to realise what the Resurrection means to my life. Often at times I am too busy worrying about daily tasks, getting all my work done, or focusing on my own momentary suffering. The fact that Jesus defeated death not only gives me the opportunity to enter eternal life, but also dramatically changes my daily life. When I live in the knowledge of the Resurrection, "death" is transformed in our daily lives. This means our suffering, hardships, sinfulness, and burdens have the chance to be restored into new life.

It's easy to remember this on Easter. But it's not so easy to live in this knowledge a couple of weeks or months from now when we experience difficulties or sadness. Whatever we go through from now on we have to remember that death, darkness, sadness literally has no power over us. Because of this we have hope! Hope that our suffering will be made new and that our lives will be made new everyday and for eternity with Christ. Live in this knowledge and allow the Resurrection to change your daily life.

"Love wins; death no more" is now our anthem. Will it be yours?



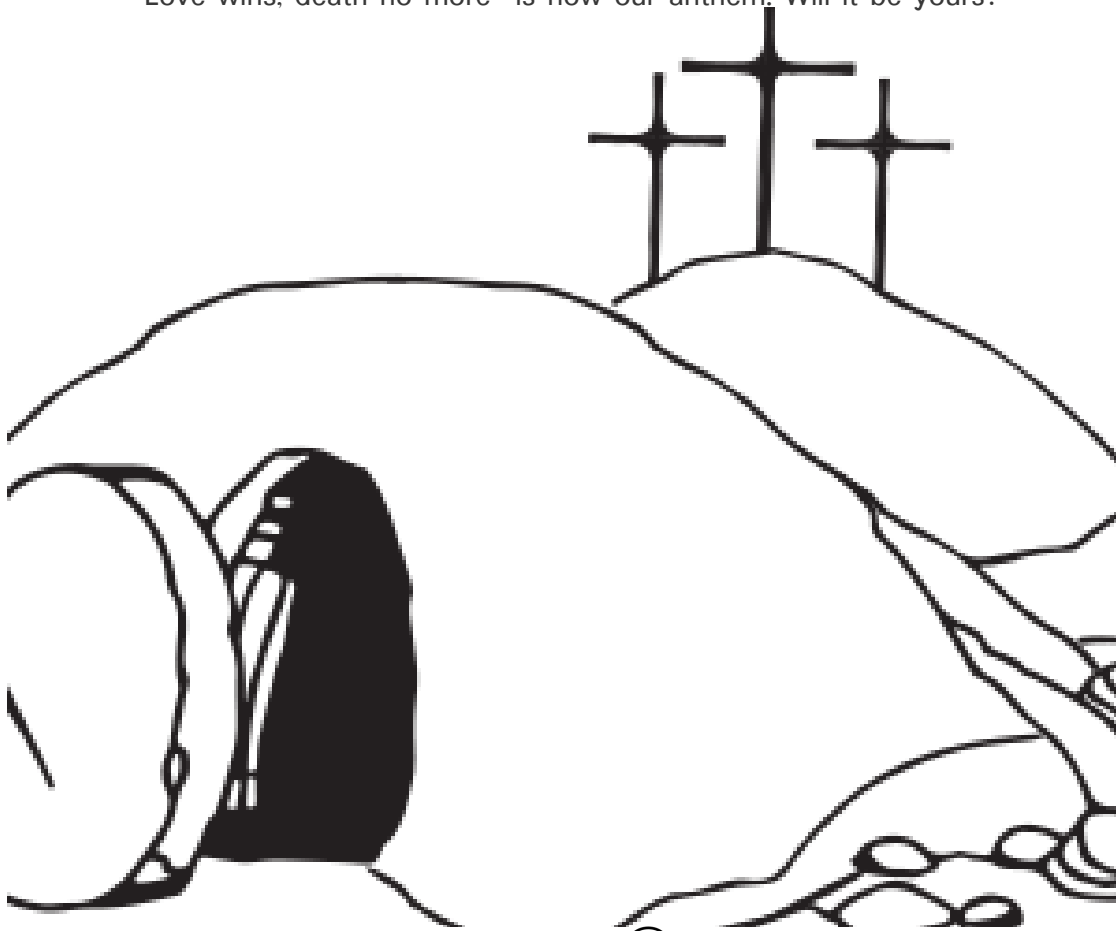
## SOMETHING TO DO...



Inspired by the fact that Jesus rose from the dead, conquered death and shows us that love wins, we now should aim to live each day with hope, no matter what we face in our day to day lives and no matter what suffering or hardships come our way.

Write for yourself a short message of hope. Write it somewhere in your planner or when you get home in the notes on your phone.

This motto is your reminder that no matter what happens we can remain hopeful, as ultimately death has been defeated and LOVE WINS!



## SOMETHING TO TALK ABOUT...

Are there areas or situations in your life where you need to inject some hope? Talk to the person next to you, or to a friend about situations in your life that you would like to be more hopeful about.

Maybe you are in Year 11 and you need to be more hopeful about your upcoming exams? Maybe you are in Year 9 and struggling with friends and need to be more hopeful that you will find a group of people you are comfortable with. Maybe you are in Year 7 or 8 and you need to be more hope when things get difficult more difficult in class? Maybe you are in Year 10 and you need to inject a bit of hope into the people around you and be a voice of hope to others that might be struggling?

It isn't always easy to be hopeful but all we can do is try. That is our challenge when living out the Easter message. Jesus wants us to be people of hope, who dream, who aim high and do incredible things to change the world.

