

THE MOST HOLY TRINITY

PRAYER FOR THE WEEK

As you pray the Sign of the Cross and the Glory Be this week take your time, and think about the 3 persons of the Holy Trinity, the Father the Protector, the Son the Friend and the Holy Spirit the Helper.

**IN THE NAME OF THE FATHER,
AND OF THE SON,
AND OF THE HOLY SPIRIT.
AMEN.**

**GLORY BE TO THE FATHER,
AND TO THE SON,
AND TO THE HOLY SPIRIT,
AS IT WAS IN THE BEGINNING,
IS NOW AND EVERY SHALL BE,
WORLD WITHOUT END.
AMEN.**

**IN THE NAME OF THE FATHER,
AND OF THE SON,
AND OF THE HOLY SPIRIT.
AMEN.**



WORD OF THE WEEK

MATTHEW 28: 16-20

Then the eleven disciples went to Galilee, to the mountain where Jesus had told them to go. When they saw him, they worshipped him; but some doubted. Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father, and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."



What's On?

Remember Y10 as they sit exams this week.
Year 11 Leavers Ball on Wednesday.
RE Taster Day for Y9 at Newman,
Thursday and Friday.

SOMETHING TO THINK ABOUT...

In this week's Word of the Week we hear of a time when the disciples met up with Jesus on top of a mountain. While they were together Jesus gave his disciples some clear instructions to go out into the world and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit- this event, this sending out, is known as the great commission.

But even though Jesus was giving them the instructions and explained it to them they still doubted exactly what he meant. And I am sure we have been there at times in our lives with our faith.

As devout Jews, the disciples knew that the Lord our God is one God. They knew this truth about God inside out. But here they were gazing at Jesus, who they had come to believe was divine, God in human form, and there he was talking about sending them something called the Spirit, who is also God!

Even for those who may not have been as good at maths as others could easily figure out that that comes to three not one.

So they doubted. Understandably. Have there been times in your life when you have doubted because you haven't been able to understand?

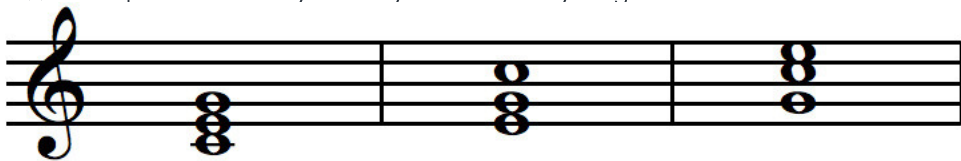
SOMETHING TO TALK ABOUT...

Last Sunday was Trinity Sunday, a day when we try to understand better a very difficult but very important and key teaching about the way we understand the nature of God.

For us as Christians God is Trinity, that is, Tri-Unity or three united together.

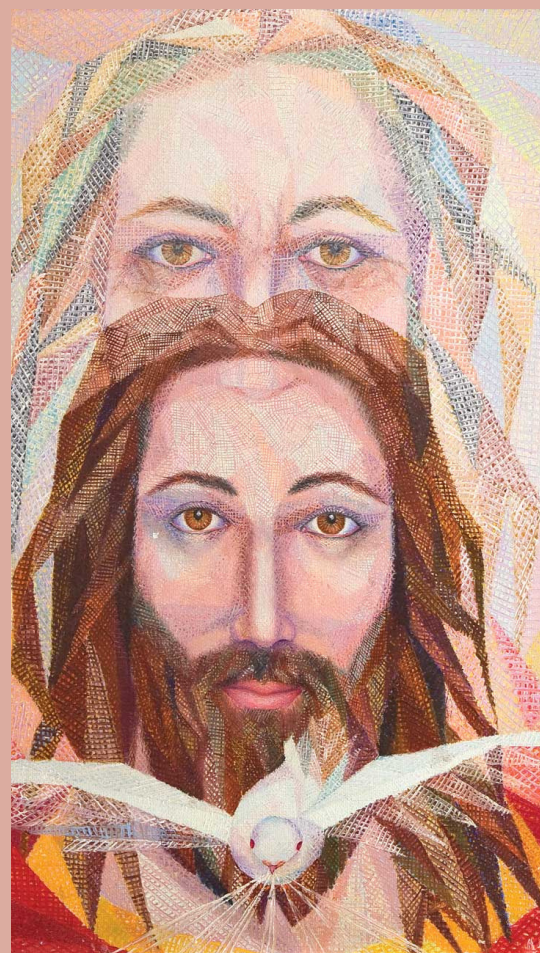
However this doesn't mean that we believe and worship more than one God. It is just that there are three distinct parts to that one God. God is three in one at the same time; Father, Son and Holy Spirit. Like a music chord, which is made up of three distinct and different notes but it is still one chord.

With the person next to you can you think of anything else that is three in one?



The word trinity doesn't appear in the Bible so there for it is a mystery of the Church, meaning that we wouldn't know about it unless God had revealed it and that it takes great faith to believe, even if we can't fully understand exactly how it works.

Talk to the person next to you: can you together, think of something in the world that you believe in that is a bit of a mystery and maybe you don't know exactly how it works?



SOMETHING TO DO...

GOD THE FATHER IS THE PROTECTOR

Write down how you would like God the Father to protect you during this week.

GOD THE SON IS A FRIEND

In a moment of quiet in your own mind and in your own words, talk to Jesus about something, like you would a friend, ask him for advice about a situation maybe.

GOD THE HOLY SPIRIT IS A HELPER

Write down things that you need help with and ask the Holy Spirit to help and resolve any problems or situations you are struggling with.