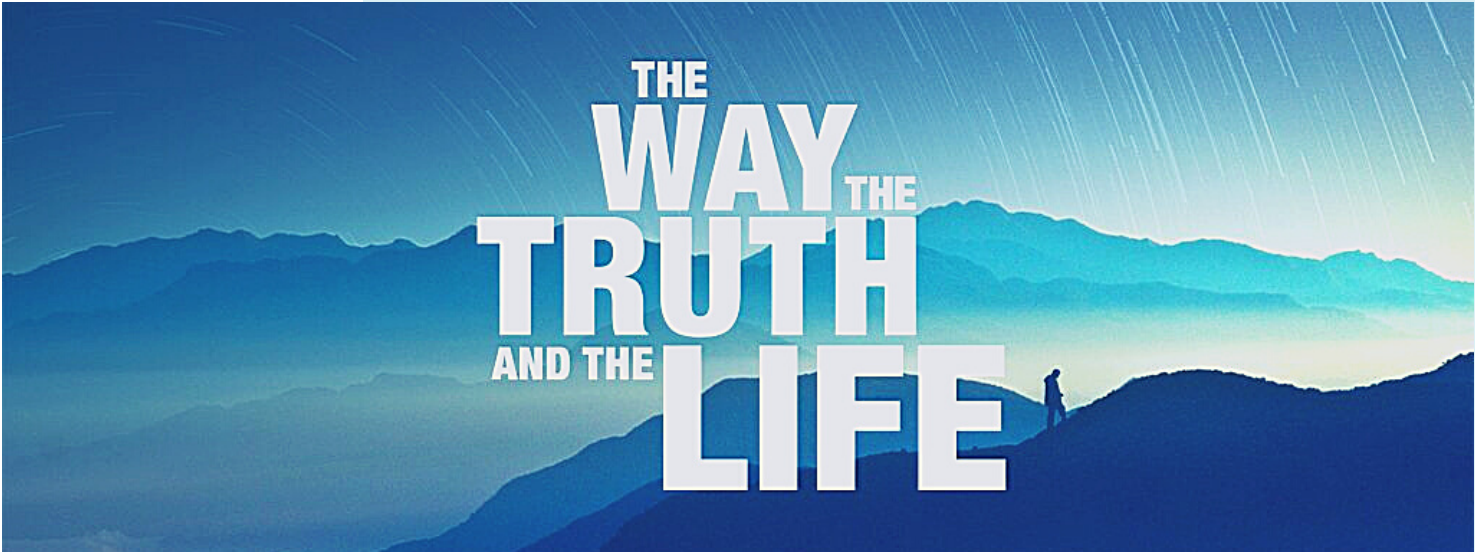


# FAITH

5th Week of Easter



## THE WAY THE TRUTH AND THE LIFE

### WORD OF THE WEEK



This week's Word of the Week speaks powerfully of faith, hope and trust in God. What we read this week is Jesus' farewell to His disciples. Although He will leave them physically, He asks them not to be troubled, to trust in God, to have faith. Do we trust and have faith in God?

#### John 14: 1-7

Jesus told them, "Do not let your hearts be troubled, have faith in God and faith in me. There are many rooms in my Father's house, and I am going to prepare a place for you. I would not tell you this if it were not so. And after I go and prepare a place for you, I will come back and take you to myself, so that you will be where I am. You know the way that leads to the place where I am going."

Thomas said to him, "Lord, we do not know where you are going; so how can we know the way to get there?"

Jesus answered him, "I am the way, the truth, and the life; no one goes to the Father except by me. Now that you have known me," he said to them, "you will know my father also, and from now on you do know him and you have seen him."

The Way  
The Truth  
The Life



## PRAYER FOR THE WEEK

**LORD JESUS, THANK YOU FOR CALLING ME TO FOLLOW YOU, AND FOR BEING THERE FOR ME ALWAYS. HELP ME TO ALWAYS LOOK TO YOU FOR HELP BECAUSE I BELIEVE THAT YOU ARE THE WAY, THE TRUTH AND THE LIFE. TODAY I CHOOSE TO PUT MY TRUST AND FAITH IN YOU. HELP ME TO WALK CLOSELY WITH YOU EACH DAY. AMEN.**



## VENERABLE MATTEO FARINA

THIS WEEK POPE FRANCIS INTRODUCED MANY OF US TO MATTEO FARINA. LAST WEDNESDAY POPE FRANCIS DECLARED HIM VENERABLE, THE FIRST STAGE TO BECOMING A SAINT. VENERABLE MATTEO FARINA WAS DIAGNOSED WITH A SERIOUS ILLNESS WHEN HE WAS 13 AND DIED AT 18 IN 2009. THIS QUOTE FROM MATTEO SHOWS HIS TRUST IN GOD AND CAN BE A GREAT INSPIRATION TO US.

*"When you feel like you can't do it, when the world falls on you, when every choice is a critical decisions, when every action is a failure...and you would like to throw everything away, when intense work reduces you to the limit of strength...take time to care for your soul, love God with your whole being and reflect his love for others."*



"Faith is not something decorative or for show. To have faith means to put Christ truly at the centre of our lives."

Pope Francis

## ASK THE QUESTION

Right at the beginning of this week's Word of the Week, Jesus tells the disciples not to be worried and to trust and have faith in him. Trusting and having faith in someone means believing that they are always there for us, that they are always willing to help us, that they will comfort us when we are upset or frightened. Take a moment to think about and reflect on your answers to these questions:

- We all need people in our lives that we trust. Who do you trust?
- How does it feel when someone breaks your trust?
- Do other people trust you?
- How can we help other people to trust in us?



Watch this inspiring testimony. Alyssa has been blind since birth and she shares her faith story with us. [Click Here!](#) (Search on Youtube: A blind teenager shows us what it means to live by faith.)