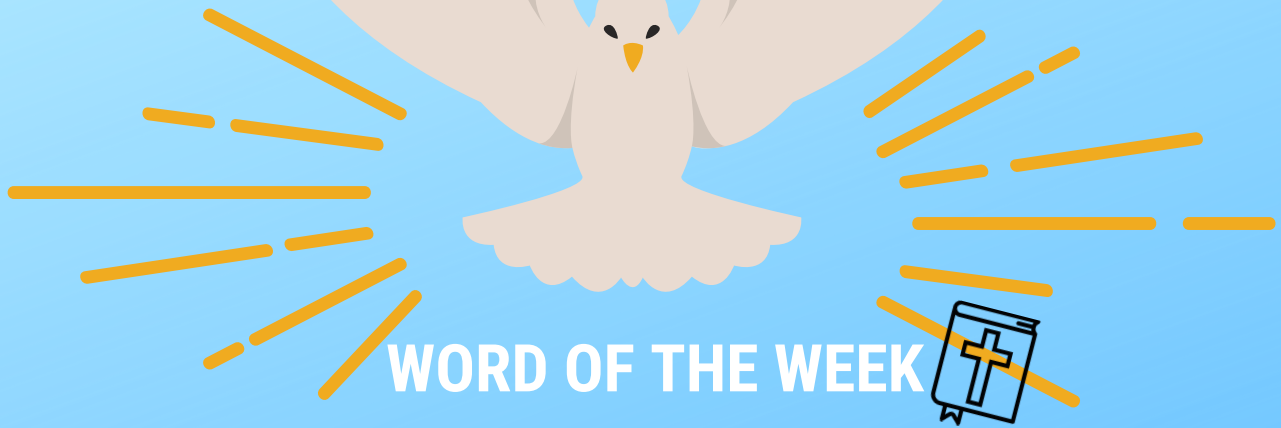


The Baptism of the Lord



WORD OF THE WEEK

MARK 1: 7-11

In the course of his preaching John the Baptist said:

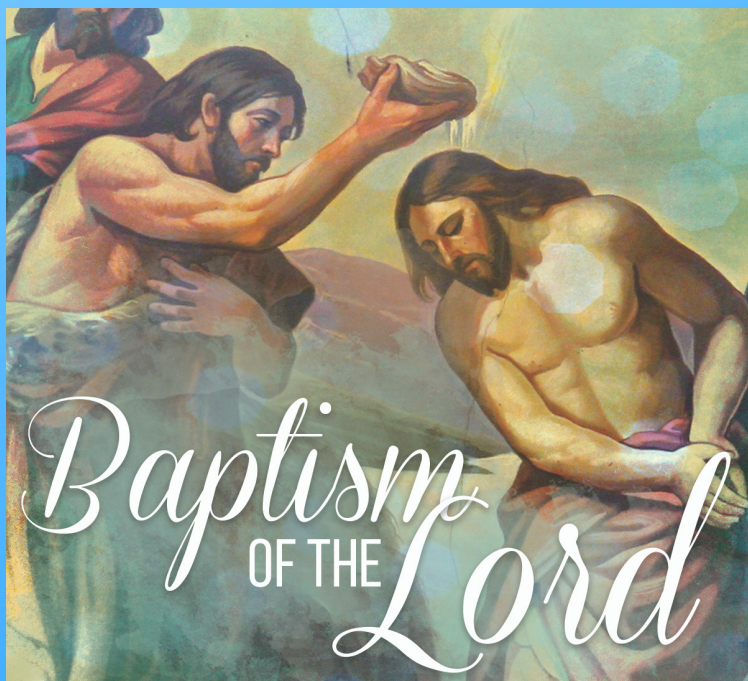
"Someone is following me, someone who is more powerful than I am, and I am not fit to kneel down and undo the straps of his sandals. I have baptised you with water, but he will baptise you with the Holy Spirit."

It was at this time that Jesus came from Nazareth in Galilee and was baptised in the Jordan by John. No sooner had he come up out of the water that he saw the heavens torn apart and the Spirit, like a dove, descending on him. And a voice came from heaven, 'You are my Son, the Beloved; my favour rests on you.'

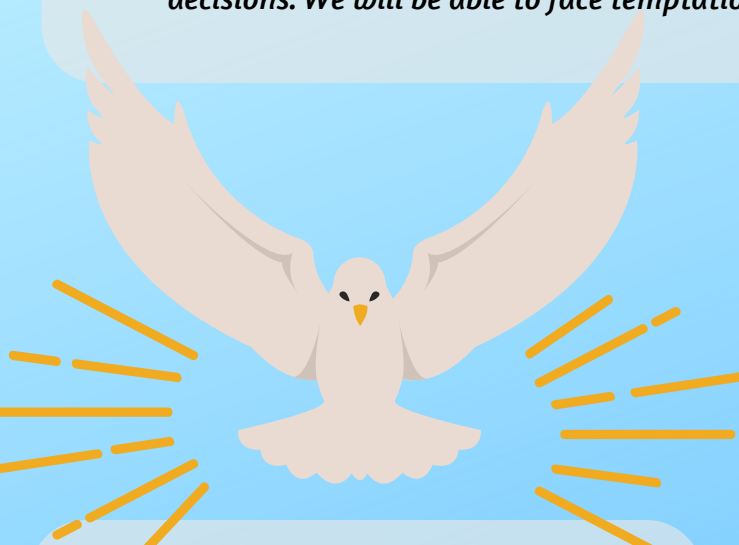


PRAYER FOR THE WEEK

*Eternal Father,
who at the baptism of Jesus revealed
Him to be Your Son, anointing Him
with the Holy Spirit:
grant that we may be faithful to our
call as Children of God, listening to
you, guided by Your Spirit, to fulfil our
unique and definite purpose.
Amen.*



This week we hear about Jesus' baptism in the river Jordan. Jesus was baptised just before he went into the desert for 40 days, where he was tempted by the devil. We face temptation in our lives but by walking with God throughout our lives and making changes in our lives so we are able to grow and make the right decisions. We will be able to face temptations boldly, knowing what the right things to do is.



[CLICK HERE](#) and have a listen to this beautiful song. This song invites the Holy Spirit to be with us, so as you listen invite the Holy Spirit into your life to help you through the day and bring you peace.
(Youtube: Holy Spirit- Jesus Culture)



*"You are my son, the Beloved;
I am pleased with you."*

We are all children of God, so how can we try to live our lives the way God wants us to in the coming week?



Have you been baptised?

*If so, do you know the date of your baptism?
If not try and find out this week, maybe your parents have some pictures from your baptism too.*

*The date of your baptism is worth celebrating, so make sure you do when it comes around!
If you haven't been baptised would you like to be? If you have questions about baptism or being baptised drop Kate an email!*

Baptism is the way that we are welcomed into the Church.

Through baptism our sins are forgiven and we are committed to God and to trying to live our lives the way that God wants us to, calls us to. It's not always easy, but, in the same way that the Holy Spirit came to Jesus when He was baptised, we are baptised with water and the Holy Spirit and the Spirit is there to help us when we find things difficult and to guide us to make the right choices.

Baptism is also seen as a fresh start because we are forgiven for sins and is the start of our life with Christ. But throughout our lives we are offered opportunities for a fresh start, for example when we go to confession. The start of a new year is a great time to start a fresh and often people make new year's resolutions for the year ahead so that they can have a better year.

*Do you have any new years resolutions?
Is there anything you want to do differently this year?
What do you think God is calling you to do differently this year?*

*"What have I done with my baptism?
Is Christ really at the centre of my life?
Do I have time for prayer in my life?
Do I live my life as a vocation and mission?"
Pope St John Paul II*



YouTube

The Baptism of Jesus
([click here](#))

Why was Jesus baptised?
([click here](#))

Down To The River To Pray
([click here](#))