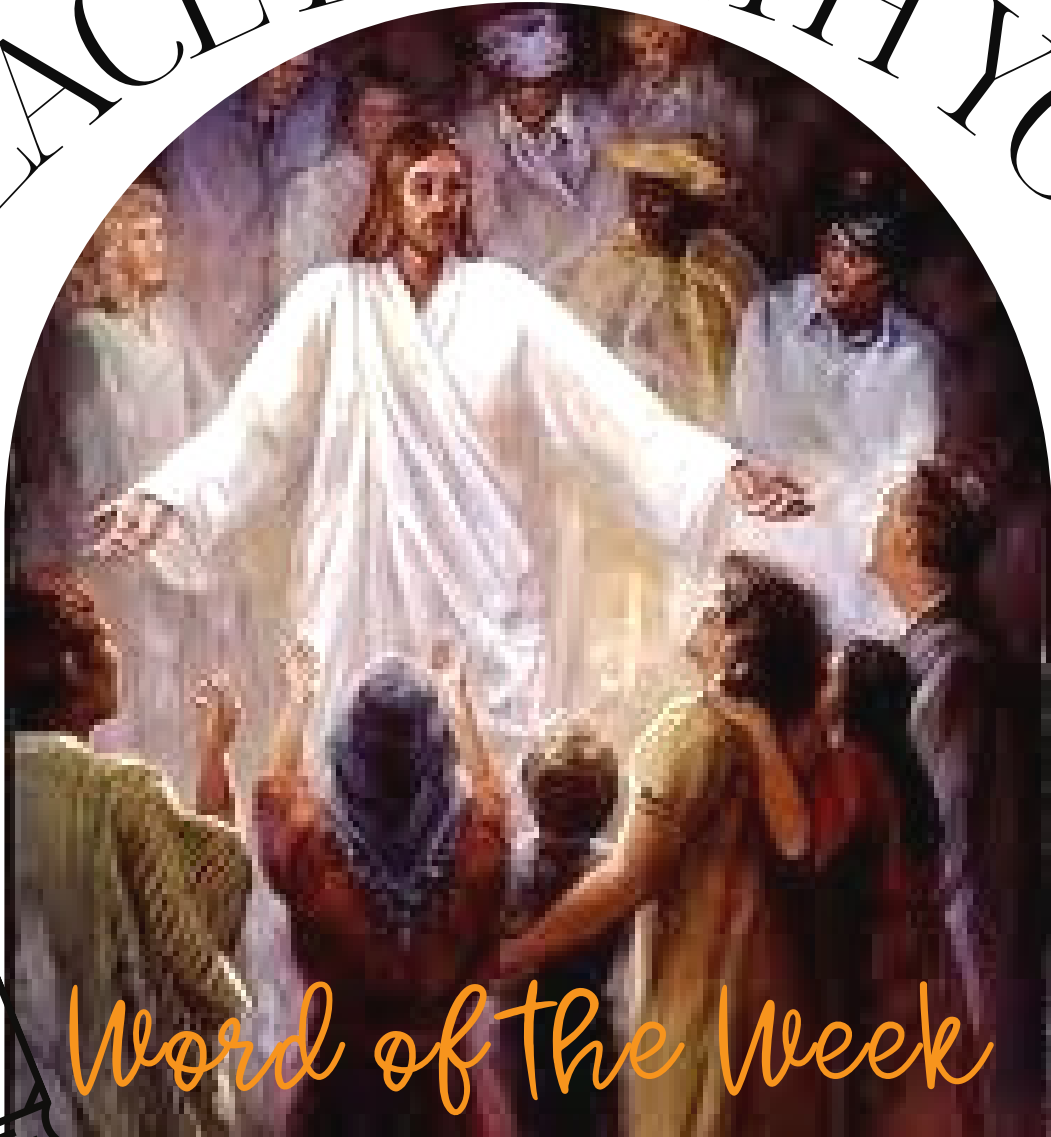


# PEACE BE WITH YOU



## Word of the Week

Luke 24: 35-48

“The disciples told their story of what had happened on the road and how they had recognised Jesus at the breaking of bread.

They were still talking about all this when Jesus himself stood among them and said to them, “Peace be with you!” In a state of alarm and fright, they thought they were seeing a ghost. But he said, ‘Why are you so agitated, why are these doubts rising in your hearts? Look at my hands and feet: yes, it is I indeed. Touch me and see for yourselves; a ghost has no flesh and bones as you can see I have.’ And as he said this he showed them his hands and feet. Their joy was so great that they still could not believe it, and they stood there dumbfounded; so he said to them, ‘Have you anything here to eat?’ And they offered him a piece of grilled fish, which he took and ate before their eyes.”



## Prayer for the week

**Lord, you are called prince of peace, grant us peace.**

**Make all of us witnesses of truth, justice and love.**

**Eliminate from our hearts whatever might stop us feeling inner peace.**

**May all people on earth become bothers and sisters.**

**May longed-for peace blossom forth and reign always over us all.**

**Amen.**



## PEACE IN CHAOS

So many times in the bible we read Jesus' greeting "Peace be with you."

These words tell us of His desire for us. He wants us to be at peace. Peace within ourselves, peace with each other, and peace within our World.

The pace of life has had to slow down recently during the pandemic. It has been lovely to meet so many people out walking. Strangers saying hello while stepping aside to keep at a safe distance. We had more time to appreciate the beauty of God's creation.

There has been such a feeling of peace and rest in many ways, even among the choas. Have you experined this during the pandemic?

Have you convinced yourself that you cannot experience peace because you are currently experiencing some thing troubling or a difficult or challenging situation?

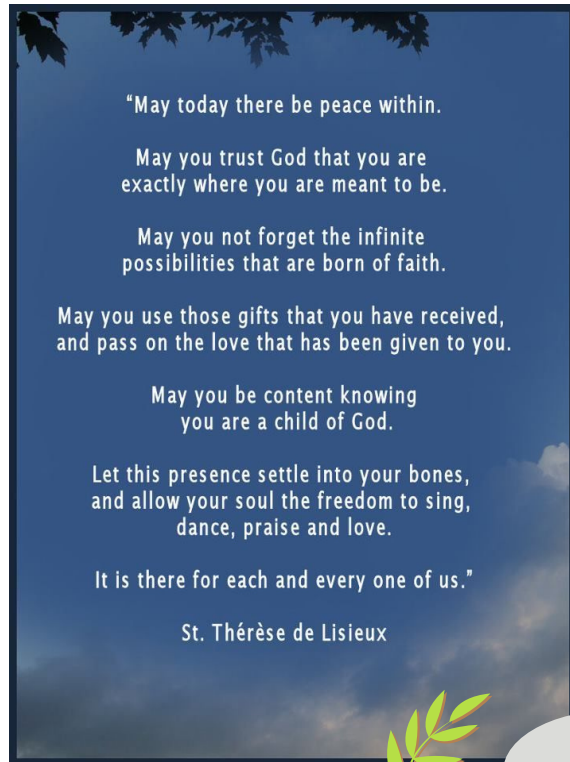
Although we may experience times of difficulty or challenge in our lives Jesus invites us to find peace amongst it all and to trust in Him.

## PUT YOURSELF IN THEIR SANDALS...

After reading this week's Word of the Week take a moment to think about the following questions.



- If you were there as one of Jesus' first disciples, what would your reaction be to seeing Jesus alive and in the flesh?
- What would be the first thing you would say to him?
- Why do you think Jesus said "Peace be with you!"?
- After that encounter with Jesus with would you do afterwards?
- How would you feel?



"May today there be peace within.

May you trust God that you are exactly where you are meant to be.

May you not forget the infinite possibilities that are born of faith.

May you use those gifts that you have received, and pass on the love that has been given to you.

May you be content knowing you are a child of God.

Let this presence settle into your bones, and allow your soul the freedom to sing, dance, praise and love.

It is there for each and every one of us."

St. Thérèse de Lisieux



## SOMETHING TO WATCH



- Peace be with You- Joel Payne. ([CLICK HERE](#))
- Learn Peace be with you in British Sign Language. ([CLICK HERE](#))
- God's Plan - 3rd Sunday of Easter. ([CLICK HERE](#))
- Shalom - Peace. ([CLICK HERE](#))

# PEACE