

HAIL MARY

Word of the Week

Luke 1: 46-55
Mary's Song of Praise



And Mary said,
"My soul magnifies the Lord,
and my spirit rejoices in God my Saviour,
for he has look with favour on the lowliness of his servant.
Surely, from now on all generations will call me blessed;
for the Mighty One has done great things for me,
and holy is his name.
His mercy is for those who fear him
from generation to generation.
He has shown strength with his arm;
he has scattered the proud in the thoughts of their hearts.
He has brought down the powerful from their thrones,
and lifted up the lowly;
he has filled the hungry with good things,
and sent the rich away empty.
He has helped his servant Israel,
in remembrance of his mercy,
according to the promise he made to our ancestors,
and to Abraham and to his descendants forever."



PRAYER FOR THE WEEK

Hail Mary,
Full of Grace,
The Lord is with thee.
Blessed art thou among women,
and blessed is the fruit
of thy womb, Jesus.
Holy Mary,
Mother of God,
pray for us sinners now,
and at the hour of our death.
Amen.



Something to think about...

Mary the Mother of God, is the most important woman to have ever lived. Through her, God was able to become human, and be with us on earth. Mary points us towards Jesus. She helps us to get to know Jesus better. She reflects God's light so that we can be who God calls us to be, so that we can respond to God's plan in our life, and say our yes to God.

By the example of Mary, the Mother of God, we learn how to follow Jesus. She is the first and greatest disciple, because she believed and trusted in God's promise to her.

This week's Word of the Week teaches us something about how Mary understood God to work. This song of Mary's is called the Magnificat and it is her song of praise to God, thanking Him for all the wonderful things He is doing in her life and in the lives of other people too.

What in your life are you thankful for?

What can you praise and thank God for in your life right now?



May the Month of Mary

During May, we think about Mary and we try to live like her. One thing we can do especially during may is pray- we never pray to Mary, but we ask Mary to pray for us and to speak to God on our behalf.

Take a moment to think about what you would like Mary to tell Jesus about you or a situation you are facing right now.

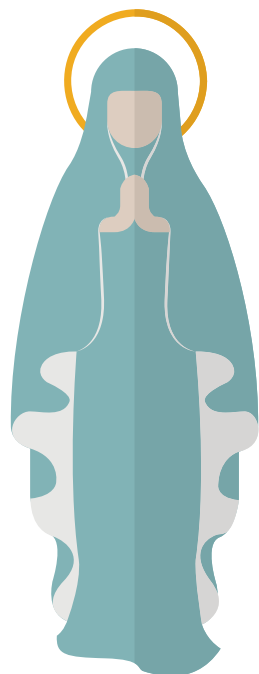
With the person next to you discuss the following questions. How can we ask Mary to help us grow closer to Jesus? How can we say "yes" to God, as Mary did?

What graces and blessings can we ask God for that will help us to grow in faith?

Something to do...

As Catholics we believe that praying the Hail Mary with great faith and love, asking Jesus' mother to intercede (pray to God) on behalf of us, that she would ask God for great blessings for us and protection from danger.

To yourself read/pray the Hail Mary. Read the prayer line by line and put it into your own words. If you are not sure about what something means, ask someone or make time to find out at home. Kate (Chaplain) is always happy to answer any questions about prayers and God.



Salve Regina-(Hail Holy Queen)
([CLICK HERE](#)).

Gabriel Visits Mary- Mary's Yes
([CLICK HERE](#)).

The Promise: Mary's Song of Joy
([CLICK HERE](#)).

'I Will Magnify' from The Promise:
Birth of the Messiah
([CLICK HERE](#)).