



Lent Appeal 2022

CAFOD'S WALK AGAINST HUNGER

WORD OF THE WEEK

MARK 12: 41-44

As Jesus sat near the Temple treasure, he watched the people as they dropped in their money. Many rich men dropped in a lot of money; then a poor widow came along and dropped in two little copper coins, worth about a penny. He called his disciples together and said to them, "I tell you that this poor widow put more in the offering box than all others. For the others put in what they had to spare of their riches; but she, poor as she is, put in all she had- she gave all she had to live on."



PRAYER FOR THE WEEK

Lord, bless us during Lent.
In our prayer, deepen our awareness of God's love within us.
In our fasting, make us more aware of other people's needs.
In our giving, help us to build a better world.
May our Lenten prayer, fasting and giving renew us to celebrate Easter with joy. Amen

This week's Word of the Week encourages us to give what we can, or do what we can to help others. The inspiring story of the widow's offering is quite a challenge, but that doesn't mean that we can't be someone that gives our all, having the needs of others at the forefront of our minds at all times. We see in this gospel that the Widow literally gave everything she had. How can we give our all to help those in need? Can you think of other ways in which we can give our all, other than giving money?

CAFOD

WALK AGAINST HUNGER

Our Lent appeal this year gives us lots of ways in which we can help those in need. Our Lent appeal this year involves us walking against hunger.

We are challenging you to walk 5km every day during Lent and being sponsored to do so. Sponsor forms are available from Kate and every little helps to support children across the world who are without the food they need.

You will hear more about the appeal in this week's assembly but we would love all of you to be involved. Even if you can't manage 5km a day we want to know your steps. We will have a running school total and keep a track of how far we walk as a school. In 2021 we took part in CAFOD's Walking for Water campaign. We walked 7, 225, 314 steps and raised £770 but we want to beat that total and see how far around the world we can make it this year.

So get out with your friends and family and keep track of your steps.

There will be rewards for those to go the extra mile.

And don't forget to get sponsored for your efforts!

To log your steps, keep a track of your weekly total, and email Kate or tell your form tutor.

There are form spreadsheets in the shared drive to keep a track of your form total.

"I WAS HUNGRY AND YOU GAVE ME SOMETHING TO EAT. I WAS THIRSTY AND YOU GAVE ME SOMETHING TO DRINK...WHATEVER YOU DID FOR ONE OF THE LEAST OF THESE BROTHERS OF MINE, YOU DID IT FOR ME." (JESUS- MATTHEW 25:35-40)



COMMUNITY CAFOD WALK

On Saturday the 26th March we are inviting you, your families and all involved in our local parishes to get involved in our solidarity walk.

Our school community will walk alongside our parish communities to support CAFOD and raise awareness of their work. This walk will be added to our CAFOD Walk Against Hunger total and will be a great way to bring the parish and school community together. We will walk from school to each of our parish churches and bring the day to a close with Mass at St Teresa's. More information to come but please see Kate if you want to be involved.

Help stamp out hunger, one step at a time.

