

MAKING CHANGES



THIS WEEK'S WORD OF THE WEEK IS FROM ST PAUL'S LETTER TO THE CHRISTIANS IN EPHESUS. HE IS URGING THEM TO BE TRANSFORMED AND MADE COMPLETELY NEW IN JESUS CHRIST.

WORD OF THE WEEK



So get rid of your old self, which made you act as you used to- the old self that was being destroyed by its deceitful desires. Your hearts and minds must be made completely new, and you must put on the new self, which is created in God's likeness and reveals itself in the true life that is upright and holy.

So from now on, there must be no more lies; you must speak the truth to one another, since we are all part of one another. Even if you are angry, you must not sin; never let the sun set on your anger or else you will give the devil a foothold...Be careful of foul talk; only speak well of others...Never hold grudges against others, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.



PRAYER FOR THE WEEK

Dear God,
Thank you that you make all things new. Thank you for all that you've allowed into our lives this past year, the good along with the hard things, which have reminded us how much we need you and rely on your presence every single day. We pray for your Spirit to lead us each step of this New Year. We ask that you will guide our decisions and turn our hearts to you. We each have our hopes and expectations for the year- but You alone know what it holds for us, and only You can give us the strength and wisdom we will need. So help us to humbly put our hands into Your hand, and to trust You and to seek Your will for our lives during this coming year.
Amen.

JUST A THOUGHT...

The month of January takes its name from the Roman god Janus. He was prayed to before starting out on a journey or any venture and he was the protector of the archway through which the Roman Army marched out to war. Think of the month of January as the gateway into the rest of the year.

Think of what you would like to achieve more than anything else in the year ahead.

2022

I AM THE NEW YEAR

I am the New Year. I am an unspoiled page in your book of time. I am your next chance at the art of living. I am your opportunity to practice what you have learned about life during the last twelve months.

All that you sought and didn't find is hidden in me, waiting for you to search it but with more determination.

All the good that you tried for and didn't achieve is mine to grant when you have fewer conflicting desires.

All that you dreamed but didn't dare to do, all that you hoped but did not will, all the faith that you claimed but did not have- these slumber lightly, waiting to be awakened but the touch of a strong purpose. I am your opportunity to renew your allegiance to Him who said, "Behold, I make all things new."



THE BAPTISM OF JESUS

The start of a new year provides opportunities for us to change, it gives us a chance to start a fresh,

to make new resolutions to grow.

This week the Church celebrates Jesus' Baptism in the river Jordan. Baptism is fresh start. Jesus was baptised just before he went into the desert for 40 days and nights where he was tempted. We in our lives face lots of temptations but by walking with God throughout our lives, and making changes in our lives so we are able to make the right decisions, we will be able to face those temptations boldly, knowing what the right thing to do is. This new year isn't about being a new person but about making the changes we need to make to be the best versions of ourselves. Through this fresh start of the new year we have the chance to do this.

New Year- BETTER ME.

YOU CAN READ THE STORY OF JESUS' BAPTISM HERE. [CLICK HERE!](#)

DEALING WITH CHANGE

We have seen a lot of changes recently, especially through the pandemic.

Take a moment to think about what has changed in your life over the last year or so.

How are things different?

How have you dealt with that change and adapted? Are there any changes you have found difficult? Are there any changes you think have been good changes?

Name one change you have experienced at school.

Name one change you have experienced at home.

Name two people you can talk to when there is a change you might be worried about.

Name one change that has happened that was a good positive change.

God grant me the
SERENITY
to accept the things
I cannot change
COURAGE
to change
the things I can and
WISDOM
to know the difference

Prayer by Reinhold Niebuhr
Adapted ©2017 Serenity Prayer Gifts

Be the
CHANGE
You wish to
SEE IN THE
World

CHANGE

To the fearful it is threatening because it means that things may get worse. To the hopeful it is encouraging because things may get better. To the confident it is inspiring because the challenge exists to make us stronger.



SOMETHING TO WATCH

The Blessing ([CLICK HERE](#))
Kid President AWESOME YEAR
Challenge! ([CLICK HERE](#))