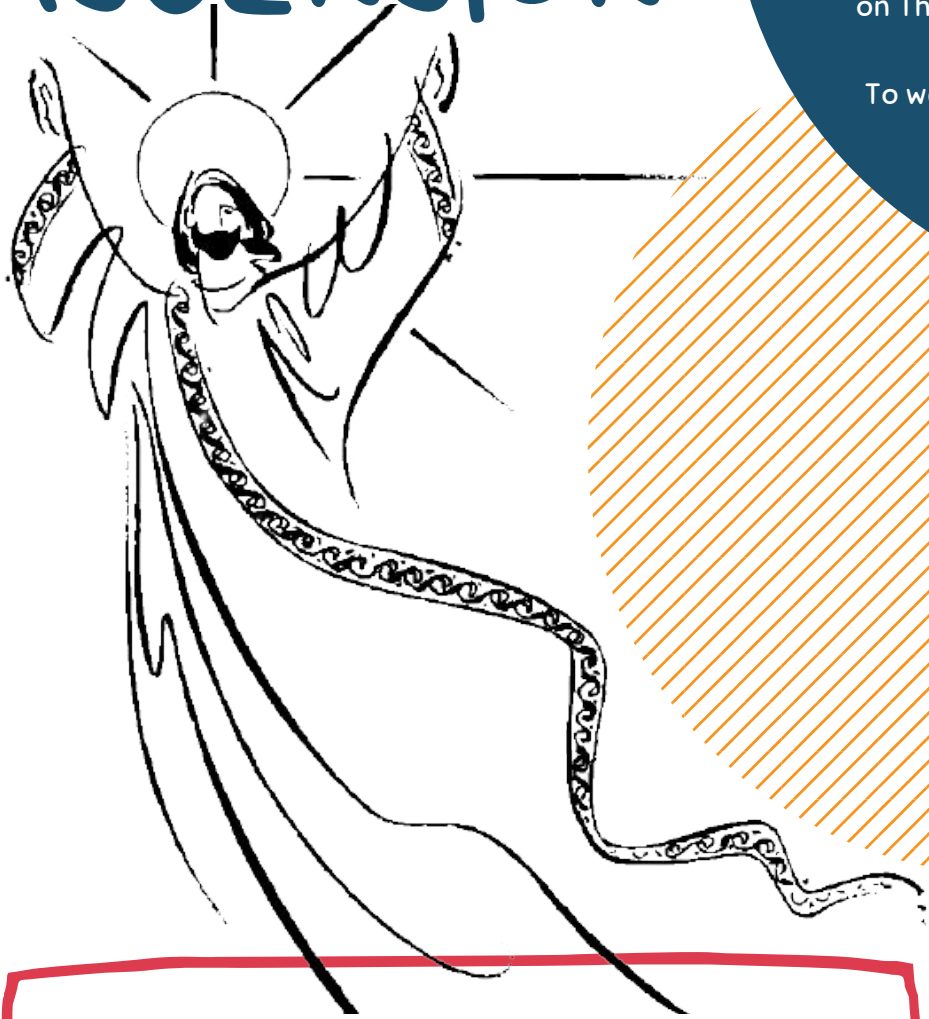


THE ASCENSION



WORD OF THE WEEK

LUKE 24: 46-53

Jesus said to his disciples:

'You see how it is written that the Christ would suffer and on the third day rise from the dead, and that, in his name, repentance for the forgiveness of sins would be preached to all the nations, beginning from Jerusalem. You are witnesses to this.

'And now I am sending down to you what the Father has promised. Stay in the city then, until you are clothed with the power from on high.'

Then he took them out as far as the outskirts of Bethany, and lifting up his hands he blessed them. Now as he blessed them, he withdrew from them and was carried up to heaven. They worshipped him and then went back to Jerusalem full of joy; and they were continually in the Temple praising God

On Thursday we celebrate the Feast of the Ascension of the Lord. This is when Jesus was taken to heaven on the fortieth day after His resurrection.

Our Word of the Week this week is the Gospel used on Thursday to celebrate the Ascension.

To watch the story of Jesus' Ascension

[CLICK HERE.](#)



Prayer for the Week

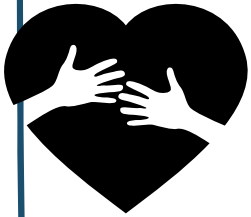
Dear Lord Jesus Christ, right before your Ascension into heaven you told your apostles to be your witnesses to the ends of the earth, upon receiving the Holy Spirit. May I be inspired to spread your Gospel message through my words and actions. May I do so joyfully, with your help, your guidance, and your grace! And in remembering this glorious event, help me to seek what is above, Heaven, where you are seated at the right hand of God the Father!
Amen.

Jesus' ascension means we must now be the hands and feet and voice of Jesus in the world.

St Teresa of Avila wrote:

Christ has no body now but yours.
No hands, no feet on earth but yours.
Yours are the eyes through which he looks
compassion on this world.
Yours are the feet
with which he walks to do good.
Yours are the hands
through which he blesses all the world.
Yours are the hands,
yours are the feet,
yours are the eyes,
you are his body.

Christ has no body now on earth but yours.



"The ascension does not point to Jesus' absence, but tells us that he is alive in our midst in a new way. He is now present in every space and time, close to each one of us."

(Pope Francis)



ASK THE QUESTION

There are many ways people can witness to their faith and inspire others to get to know Jesus better. Everyone who helps us to understand what it means to be a Christian is doing what Jesus told his first disciples to do just before His Ascension into heaven:
"GO AND MAKE DISCIPLES."

Who, in your life, inspires you to explore your faith?

What do you think is the best way to share God's message with young people?



Our actions allow others to "see" Jesus in us, and therefore showing them the Gospel. Here is an example of one young person who does just that!



Click here or search: What does a CAFOD campaigner look like? | Leila's story | CAFOD



[CLICK HERE](#) to listen to Phil Wickham's song The Ascension.

