

All Hallows Catholic High School



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Headteacher: Mr C Horrocks B.A.

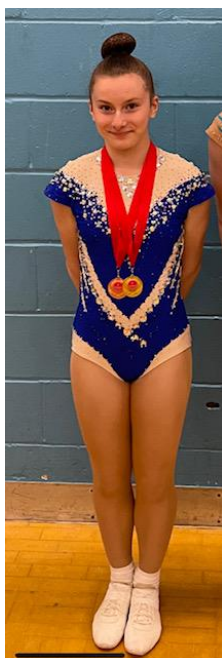
Newsletter Friday 10th June 2022

New Breakfast Service

Polite reminder that we are now offering a breakfast service for our pupils. Pupils will be able to access breakfast from 8am each morning in the junior building dining room, where they will be fully supervised by a member of our team of Teaching Assistants. Items purchased will be able to be paid for by using money placed on the system through ParentPay.

Past Pupil Success

Congratulations to Tia who has just competed at the Heathrow International Aerobic Gymnastics Championships down in Reading. Competing against gymnasts from all over the world, Tia once again did outstanding and got gold for her individual and bronze for her trio routine. She is now preparing for the British Championships in September. We wish her all the very best.



Can you help us create a new reporting system?

We are in the early stages of creating a new style reporting system for parents. The new reports will be fully digital and provide information for parents on the progress and attitude of their child in school. I am looking for a few parent representatives to be part of a discussion on the design and content of these reports. If you would like to be part of the consultation please contact Mrs Cooper (aco@allhallows.lancs.sch.uk) and register your interest. We plan to meet at 4pm on Tuesday 28th June.

Healthy Lifestyle Week 13th - 17th June 2022

Next week will see a range of activities taking place as part of the Healthy Lifestyle Week delivered by the Design & Technology/STEM department. There are 5 main themes for the week which link to the British Nutrition Foundation's themes for their Healthy Eating Week and they are:

- Monday: **Focus on fibre - for meals and snacks**
- Tuesday: **Get at least 5 A DAY - put plenty on your plate**
- Wednesday: **Vary your protein - be more creative**
- Thursday: **Stay hydrated - fill up from the tap**
- Friday: **Reduce food waste - know your portions.**

Across lessons in Personal Development, Form time, PE and Food & Nutrition lessons, pupils will be able to learn more about these themes, healthy eating, exercise and more. The smoothie bike is back for pupils to try out and the Parent & Child Cooking class will be held on Wednesday after school 4-5.30pm. (Please contact jra@allhallows.lancs.sch.uk to check for availability). A special edition of the Let's Get Cooking Club will take place on Friday 17th June (3.15-4.30pm) - pupils who wish to take part need to book a place with Mrs Caw as soon as possible by going to see her.

A big thank you to a range of companies across the area including Holme Farm Dairies, Huntapac, Kenyon's Farm, South Ribble Sports Partnership, Booths, Warburtons, Oddbox, Nuffield Health, Roots, The Spicery and more who have donated fresh produce and prizes to be used during the week, as well as the staff and PTFA who have also donated to help supply healthy breakfasts for the pupils next week. If anyone else would like to contribute please get in touch.

Watch out for the release of the Healthy Lifestyle Week 2022 recipe book which contains a range of recipes from local people through to national companies.

Yours sincerely,



Mr C Horrocks

Headteacher



“Growing together in the spirit of Christ’s love”

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