

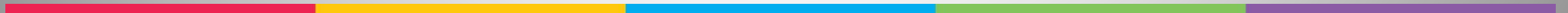


PARENT INFORMATION EVENING
ALL HALLOWS CATHOLIC HIGH SCHOOL
THURSDAY 16th JUNE 2022

YOUR EXPERIENCE



**DESCRIBE DOFE
IN 3 WORDS...**



LOTS
OF
FUN

Funniest
weekend
ever!
Rewarding.
Exhausting.
Fun.

Chased
By
Cows

Hilarious.
Tiring.
Eventful.

Exhausting.
Challenging.
Hilarious.



Better
than
expected.

Challenging.
Fun.
Adventure.

We
are
LOST!

Very,
very

Still
got
bruises!

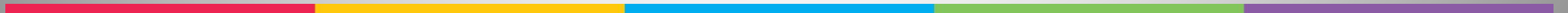
muddy!

Best



experience

ever!

































A BIT OF HISTORY

- ▶ **2013-14**
Our first ever cohort of participants
- ▶ **2018-2019**
75 participants over 4 weekends!
- ▶ **TRAINED STAFF**
We currently have 5 staff trained to complete the award... More to follow?
- ▶ **OVER 200 AWARDS COMPLETE**
Many have gone on to do Silver and Gold awards too!



WHY DO DOFE?

Why take on a large commitment during a busy time of your life?

COLLEGES

- ▶ Looks great on your application form for colleges.
- ▶ Sets you apart from other applicants.

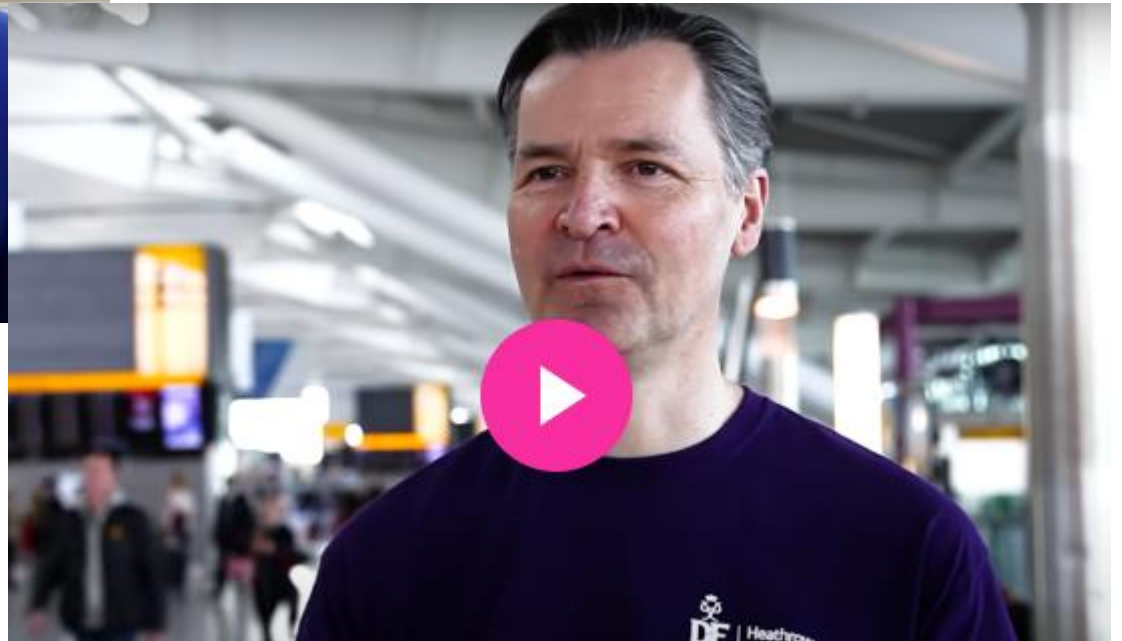
APPRENTICESHIPS

- ▶ Shows that you have commitment and enthusiasm.
- ▶ You can work in a team with other people successfully

JOB APPLICATIONS

- ▶ You have the skills to volunteer successfully in a workplace or other setting.
- ▶ You have experience of attending with punctuality etc.

WHY DO DOFE?





HOW DO I FULFILL THE CRITERIA?



4 SECTIONS



4 SECTIONS

A large part of the Duke of Edinburgh's Award is placed on the participants to be proactive



PHYSICAL

12 weeks of activity

One hour per week

Assessed by a qualified / appropriate person

SKILL

12 weeks of activity

One hour per week

Assessed by a qualified / appropriate person

VOLUNTEERING

12 weeks of activity

One hour per week

Assessed by a qualified / appropriate person

EXPEDITION

Practice Expedition

(2 day / 1 night)

Qualifying Expedition

(2 day / 1 night)

PRESENTATION

From the Qualifying Expedition on the group focus

Group presentation for 5 minutes.

ONE ADDITIONAL SECTION FOR A FURTHER 12 WEEKS



4 SECTIONS

PHYSICAL

12 weeks of activity

One hour per week

Assessed by a qualified /
appropriate person

For your physical activity you need to choose any sport, dance or fitness activity – in short, anything that requires a sustained level of energy and physical activity. For example, playing a sport regularly and showing personal improvement would count.



PHYSICAL SECTION ACTIVITY LOG

NAME:

LEVEL (Bronze, Silver or Gold):

TIMESCALE
(No. of months
for this section):

Notes:

- If extra space is needed, use an additional log.
- This *Activity Log* is only a personal record of the time you spend on your activities for each section.
- Remember to add this information, along with scans, photographs etc. (as high resolution jpegs) as evidence into eDofE.
- Download extra copies of this *Activity Log*, plus logs for the other sections, from www.eDofE.org or www.DofE.org/go/downloads
- For Expedition/Residential records, please refer to the *Keeping Track* booklet.
- You can ask your Assessor, Leader, instructor, trainer, coach, mentor etc. to initial each entry.

Date	What you did	Hours	Initials

4 SECTIONS

SKILL

12 weeks of activity

One hour per week

Assessed by a qualified /
appropriate person

The aim of the Skills section is to inspire young people to develop practical and social skills and personal interests. Participants can choose to improve an existing skill or develop a new one. The key is to show progression and sustained interest over time.

Performance arts

- ☐ Ballet appreciation
- ☐ Ceremonial drill
- ☐ Circus skills
- ☐ Conjuring & magic
- ☐ Majorettes
- ☐ Puppetry
- ☐ Singing
- ☐ Speech & drama
- ☐ Theatre appreciation
- ☐ Ventriloquism
- ☐ Yoyo extreme

Science & technology

- ☐ Aerodynamics
- ☐ Anatomy
- ☐ App design
- ☐ Astronomy
- ☐ Biology
- ☐ Botany
- ☐ Chemistry
- ☐ Coding/ programming
- ☐ Ecology
- ☐ Electronics
- ☐ Engineering
- ☐ Entomology
- ☐ IT
- ☐ Marine biology
- ☐ Oceanography
- ☐ Paleontology

- ☐ Physics
- ☐ Rocket making
- ☐ Taxonomy
- ☐ Weather/meteorology
- ☐ Website design
- ☐ Zoology

Care of animals

- ☐ Agriculture (keeping livestock)
- ☐ Aquarium keeping
- ☐ Beekeeping
- ☐ Caring for reptiles
- ☐ Dog training & handling
- ☐ Horse/donkey/llama/alpaca handling & care
- ☐ Looking after birds (i.e. budgies & canaries)
- ☐ Pet care – health/training/ maintenance
- ☐ Pigeon breeding & racing

Music

- ☐ Church bell ringing
- ☐ Composing
- ☐ DJing
- ☐ Evaluating music & musical performances
- ☐ Handbell ringing
- ☐ Improvising melodies

- ☐ Listening to, analysing & describing music
- ☐ Music appreciation
- ☐ Playing a musical instrument
- ☐ Playing in a band
- ☐ Reading & notating music
- ☐ Understanding music in relation to history & culture

Natural world

- ☐ Agriculture
- ☐ Conservation
- ☐ Forestry
- ☐ Gardening
- ☐ Groundsmanship
- ☐ Growing carnivorous plants
- ☐ Plant growing
- ☐ Snail farming
- ☐ Vegetable growing

Games & recreation

- ☐ Cards (i.e. bridge)
- ☐ Chess
- ☐ Clay target shooting
- ☐ Coxing
- ☐ Cycle maintenance
- ☐ Darts
- ☐ Dominoes
- ☐ Fishing/fly fishing
- ☐ Flying

4 SECTIONS

VOLUNTEERING

12 weeks of activity

One hour per week

Assessed by a qualified /
appropriate person

Volunteering is simple. It's about choosing to give time to help people, the community or society, the environment or animals.

Your volunteering must not be done for a business but can be undertaken for a charity or not-for-profit organisation.



VOLUNTEERING SECTION ACTIVITY LOG

NAME:

LEVEL (Bronze, Silver or Gold):

TIMESCALE
(No. of months
for this section):

Notes:

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Date	What you did	Hours	Initials

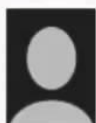
PERSONAL E-DOFE SECTION

AS SOON AS YOU ARE LOGGED

- ▶ Select your areas for the 3 different sections
- ▶ Complete the section details as soon as possible
- ▶ Send them for verification
- ▶ Be thorough

My sections and progress





Matthew Burdis

ID No: 883448


Enrolment date:
21/02/2014

[View/edit my profile](#)


 **DofE Information**

 **My Bronze DofE**


 **Volunteering**


 **Physical**


 **Add evidence**


 **View evidence**

 **Skills**

 **Expedition**

 **Resources**

 **Keep Safe**

 **My Settings**

 **Help**



My Physical section

Status: *Not started*

Timescale: *3 Months*

* Start date:

Earliest completion date:

* Type/category of activity:

* Detailed activity chosen:

* Where are you going to do it?

22/140 characters used

* What are your goals? What do you want to achieve?

0/140 characters used



Communications

Messages: 1 (1)

[News](#)

[Contacts](#)



The LifeZone
Your first stop for support on careers, study & life decisions




DofE Shopping
DofE clothing, DofE essential Leader resources, kit list & deals

ADVERTISEMENTS FROM OUR PARTNERS:



Expedition kit
Get the official DofE Expedition Kit List and expert kit advice



Driving
Save on young driver lessons

A group of approximately 15 people are kayaking on a calm body of water. They are arranged in a loose line, with some in the foreground and others further back. The kayakers are wearing various types of hats (baseball caps, bucket hats, sun hats) and life jackets. The kayaks are dark-colored. In the background, there are rolling hills or mountains under a clear sky. The entire image has a purple tint.

EXPEDITION

EXPEDITION SECTION

PRACTICE + QUALIFYING EXPEDITION –
2 DAYS 1 NIGHT

PRACTICE EXPEDITION

- 1 Route from each group
- Direct and remote supervision by leaders

QUALIFYING EXPEDITION

- 2 routes from each group
- Remote supervision only
- Assessed by DofE Assessors on both days
- 20 conditions

DATES: 8 -10
SEPTEMBER 2022
(THURS – SAT)

EXPEDITION KIT

PROVIDED BY SAM SYKES:

FIRST AID KITS

MAPS AND COMPASSES

TENTS

STOVES, PANS AND GAS

RUCKSACKS, LINERS AND COVERS

ROLL MATS

NOT INCLUDED:

WALKING BOOTS

FOOD/WATER

SLEEPING BAGS



GETTING YOUR OWN KIT?

GO OUTDOORS



COTSWOLD OUTDOOR



DofE Expedition Itinerary

DAY 1 - Training

- Put up tents
- Basic map skills
- Day walk moving onto remote supervision
- First Aid
- Stove safety
- Countryside code
- Route planning



DofE Expedition Itinerary

DAY 2 - Qualifying expedition

- Strike camp
- Bag packing
- Agree check points
- Depart with full kit
- Group complete planned route
- Set up camp
- Supervised cooking session
- Review of days progress

DAY 3 - Qualifying expedition

- Strike camp
- Agree check points
- Depart with full kit
- Complete planned route
- Debrief and discussion of aim

EXPEDITION COST

Total cost of £190

This includes

- Instructor and Assessor fees
- Camp site fees
- Most equipment & gas

Additional costs

- Food for the weekend
- Clothing and boots
- Personal camping equipment eg sleeping bag



PAYMENT PLAN

£50 Deposit

To be paid by Friday 24th June

£140 Remaining Balance

To be paid by Friday 15th July

Letters to be sent out via Parentmail advising of when payment window is open.



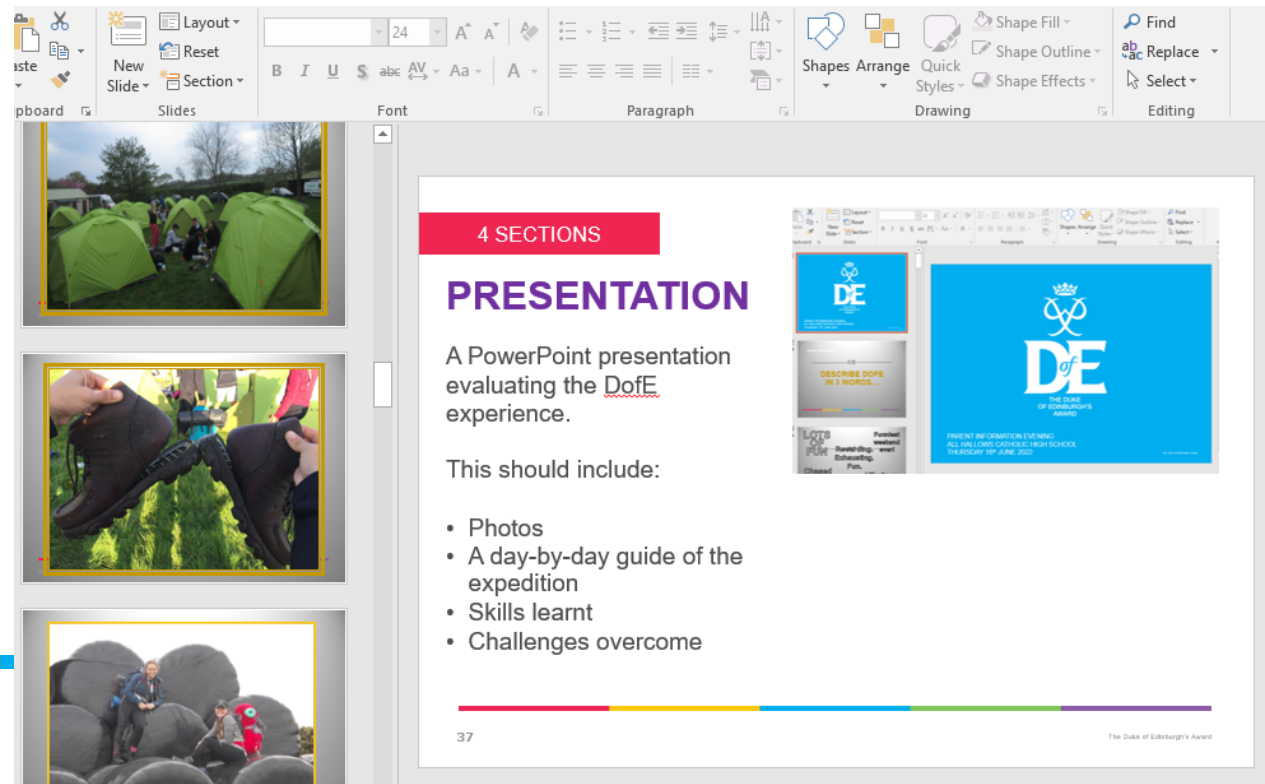
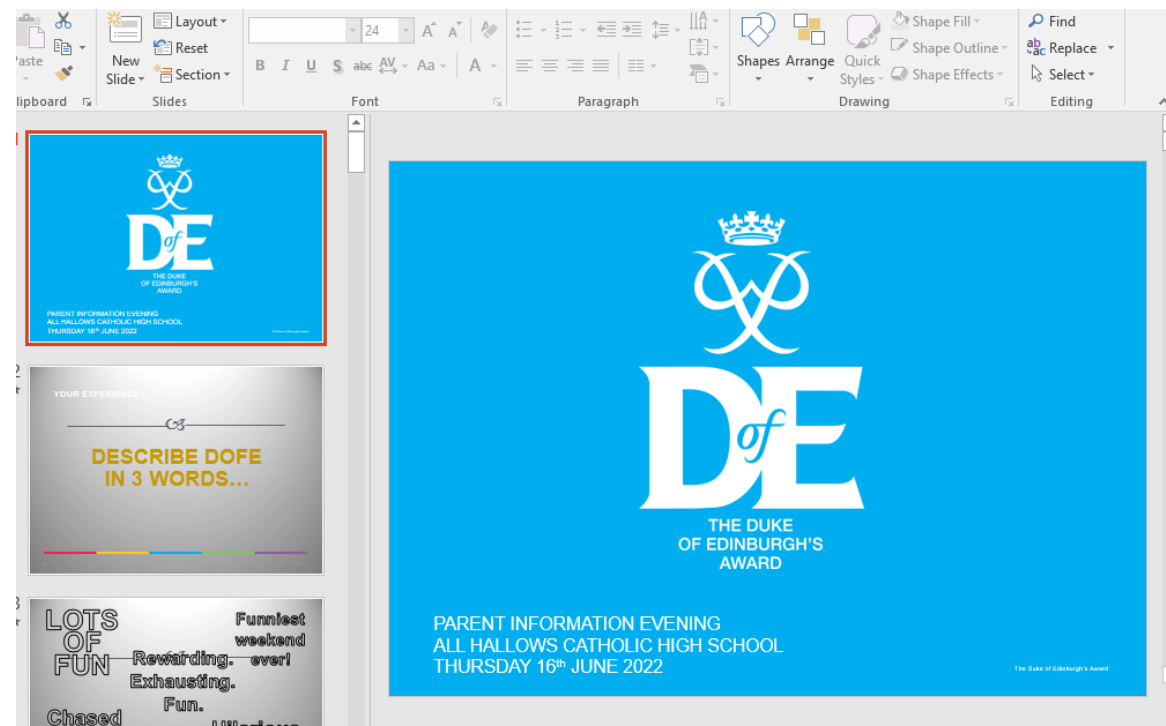
Finally...

PRESENTATION

A PowerPoint presentation evaluating the DofE experience.

This should include:

- Photos
- A day-by-day guide of the expedition
- Skills learnt
- Challenges overcome





PRESENTATION EVENING



PRESENTATION EVENING

Certificate Bronze Badge



Celebrating success

- ▶ A presentation evening will take place in the Arts Theatre for all successful participants
- ▶ Date to be confirmed in the autumn term

The next test?

- ▶ All local colleges continue with both Silver and Gold Awards

“

We hope this has inspired you to enrol to the DofE Award with us. Good luck and we hope to see everyone back for the Presentation Evening!

”

