# Being a Digital Disciple

# Word of the Week

My friends, fill your minds with those things that are good and that deserve praise: things that are true, noble, right, pure, lovely, and honorable. Put into practice what you learned and received from me, both from my words and from my actions. And the God who gives us peace will be with you.

(Philippians 4: 8-9)





# Dear God,

Thank you for the amazing advances in technology in recent years and the wonderful things that the internet brings.

Help us to be kind online and to have the courage to speak out against unkindness if we ever need to. Help us to work towards creating a truly inclusive internet, where everyone can be themselves but be safe whilst doing it.

Help us to use our online presence to share your Good News and create an online world which speaks the truth and for what is right. We ask, Lord, that you help us to use our online presence wisely, to boarder our minds and not to harm others. Amen.



We are called to be disciples and, this week especially, to be digital disciples. But what is a disciple and what does it mean for you and me today? Find out more by watching the video below: (CLICK HERE) What Is Discipleship? Kids on the Move

connect. reflect. protect

Safer Internet Day 2023 | Tests



Tuesday this week is Safer Internet Day. A day when we think about how we use the internet and social media. It is a week to think about how safe we are online, our presence online, and how we might use our online presence for good.

We know social media and the internet can be a scary place at times and we see most days how it isn't used in the right way.

How could you use the internet and social media to make the world a better place? How could you use it to build up others, rather than bring them down?

The first disciples didn't have the Internet, they traveled around on foot to share the Good News. We have this great gift of being able to communicate so quickly online. What does it mean to you to be a disciple of Jesus? How can we make the most of this gift of the internet to be a modern day digital disciple?

# Christ Has No Online Presence but Yours

"Christ has no online presence but yours, No Insta, no Tik Tok but yours, Yours are the tweets through which love touches this world. Yours are the posts through which the Gospel is shared. Yours are the updates through which hope is revealed. Christ has no online presence but yours, no insta, no Tik Tok but yours."

# The Patron Saints of the Internet...

## St Isidore of Seville

St Isidore was named the Patron Saint of internet users by St John Paul II. St Isidore was a seventh century bishop and was alive along before the internet was ever a thing however he created a huge encyclopaedia called Etymologies which at the time was thought to be a recording of everything known; basically the wikipedia of its day!! Take a moment to ask St Isidore to pray for you, that you will be a good example to others online and do what you can to make it a kind place to be.

### Almighty and eternal God,

through the intercession of Saint Isidore, as I use the internet let my eyes see only what is pleasing to you, let my hands guide me to only that which glorifies you, let my mind think of only that which draws me closer to you. I ask this in the name of your beloved Son, our Lord Jesus Christ. Amen.

### **Blessed Carlo Acutis**

Blessed Carlo is a saint of the 21st century who used the internet to share the message of Jesus with his friends and people around the world. Take a look at why he can inspire us all to be digital disciples. (<u>CLICK HERE</u>) (<u>The Patron Saint of the Internet-FOX News New York</u>)





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