

All Hallows

Catholic High School

Newsletter

17th March 2023



Dear Parents/Guardians,

It's been another busy couple of weeks in school and we have had some great Science, Technology and Maths activities going on as part of STEM month. We have also been celebrating International Women's Day with some innovative work, led by Mrs Walsh, discussing the contribution women make to today's society. Sporting events have also led to some fantastic performances by our pupils and it was great to see the Year 8's competing in an Inter form football competition.

I would like to encourage our families to sign up for the Lenten Big Walk which will be taking place next weekend. This is an opportunity for families and friends to walk together to raise money for our Lenten Charity. Many of our pupils and children from the feeder primary schools will also be involved in the mass directly after the walk at St. Oswald's at 5pm. It would be fantastic if you could join us. There is a link in the newsletter for you to register.

There is a lot of very important information included in this newsletter so please read it carefully. You will also be reading another 'special edition' newsletter on Monday which contains some very exciting news.

I hope you have a good weekend.

Yours faithfully,

Alison Cooper
Headteacher



CAFOD

THE BIG LENT WALK

Join us and the Catholic Community in Penwortham and Longton for our Big Lent Community Walk.

We are delighted, once again, to be organising our Big Lent Community walk. All Hallows, along with the Catholic Communities in Penwortham and Longton and our feeder primary schools.

Everyone is welcome to join us on Saturday 25th March for an afternoon of walking and a celebration Youth Mass. The 11km walk will start at St Oswald's Catholic Church at 1pm, we will walk together to St Teresa's Church and then back to St Oswald's. Following the walk everyone is invited to celebrate all that we have achieved that afternoon at our Youth Mass, during which the young people from the local schools will take a leading role. Everyone is welcome to join us, bring friends, family and even the dog!

All information has been shared via parent mail but if you need any more information please contact Kate (School Chaplain) on kwi@allhallows.lancs.sch.uk.

To register to join the walk please visit:

https://docs.google.com/forms/d/e/1FAIpQLSeozqAUVFoV9MSvMW9S9rScPQ00UndAz_RKkVrHyAdRP--cg/viewform?usp=sf_link

To donate to our Lent appeal online please visit:

<https://cafod.enthuse.com/pf/all-hallows-chaplain>

Reporting a child's absence due to an illness

When reporting a child's absence, we kindly request that the school office is rung in the first instance and a voice mail left. If you are unable to speak to a member of the office staff, or if you are unable to get through, you may send an email to enquiries@allhallows.lancs.sch.uk stating your child's name, form and a reason for their absence. **Please note that a daily call is required to inform us of your child's absence/sickness**, unless provisions have been put into place with their Head of Year.

"Growing together in the spirit of Christ's love"

St Catherine's hospice care

Say Yes!
TO THE PROM DRESS



SAT 25TH MARCH & SUN 26TH MARCH
FROM 10AM TO 4PM

THE GARDEN ROOM, ST CATHERINE'S HOSPICE
LOSTOCK HALL, LOSTOCK LANE, PRESTON PR5 5XU

FOR MORE INFORMATION, CALL OUR TRADING TEAM ON 01772 313063

Prom Dresses

On behalf of St Catherine's Hospice in Lostock Hall. Who are holding their 'Say YES to the Prom Dress' event. A large selection of Dresses, Shoes and Bags all at a very reasonable price but most importantly in very good condition, pre-loved and brand new will be on display.

REMEMBER LOVED ONES AND SUPPORT

St Catherine's hospice care



6 or 8-mile sponsored walk

BOARD
MOONLIGHT & MEMORIES WALK

SATURDAY 3RD JUNE, 8PM
ST CATHERINE'S PARK, LOSTOCK HALL

ALL WELCOME - £15 for adults and £10 for children including 2023 event t-shirt and medal
SIGN UP at www.stcatherines.co.uk or call 01772 629171

Moonlight Walk

St Catherine's Hospice are holding their annual Moonlight Walk to raise money and walk in memory of a loved one.

To sign up, please visit their website

<https://www.stcatherines.co.uk/shop/events/hospice-fundraising/moonlight-and-memories-walk-2023/>



NOTICE BOARD

- ★ Spirograph Sets - If you have any that are no longer of any use, the Art Department would kindly and greatly receive these donations.
- ★ We kindly ask for your help in replenishing our uniform stock and would appreciate any donated items, namely blazers and ties.

International Womens Day 2023

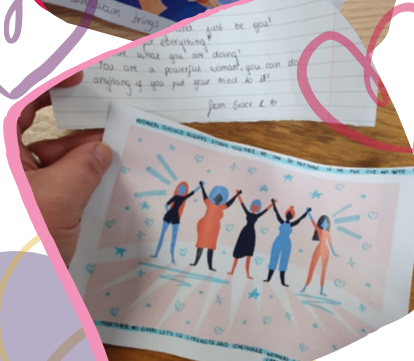
On March the 8th we celebrated International Womens Day by sharing success stories of our own All Hallows Alumnae. We invited past pupils to share some words of wisdom for our students and have shared these across the school via our TV screens. A huge thank you to everyone who shared their advice and helped us empower our young female students to strive to always achieve their best.

We also had the absolute pleasure of welcoming Grace Raines and Danielle Cross into our school to lead a workshop with over 90 of our Year 9 female students. Grace and Danielle are very successful local businesswomen from nationwide engineering company BES. The workshop consisted of multiple activities to engage young females and enthuse them about the wealth of future prospects that await them after leaving high school. Both Grace and Danielle spoke with such inspiring confidence and knowledge about what it takes to succeed in what is primarily a very male dominated industry. Our pupils were genuinely captivated by their stories and thoroughly enjoyed learning more about the company and it's values.

Pupils completed multiple tasks, including an activity which explored the gender gap in different professions and an adaption of the A Level Maths Travelling Salesman problem. I want to take this opportunity to thank Grace and Danielle for their time, effort and enthusiasm with this workshop. Their success stories completely epitomise everything that we want to teach our students - to be brave, to take risks, to never stop learning and to find what makes you happy and pursue it every day. It is evident that Grace and Danielle are incredibly proud to work for the Lantei / BES team and we are incredibly grateful to them for them sharing this passion with our pupils.

We look forward to working with the entire team again to help promote STEM based careers for all our students.

International WOMENS Day



Year 8 Inter-Form Football

Our Year 8 boys have been battling it out with rounds of inter-form football where all teams have played exceptionally well, noticeably 8B who only had 5 players. However, the victorious form was 8J!



WELL DONE 8J



School Nurse Support

Please find a link to the school's website in relation to the above. Request for support can be found via the link.

<https://www.allhallows.lancs.sch.uk/school-nursing/>

Knitting/Crochet Appeal.

A reminder for the above appeal, as we near our deadline. Instructions on how to knit the squares (measurements etc.) are on the website as well as a bit about the charity we are supporting. We are collecting your wonderful creations up until Easter, which can be handed into the languages office.

Knitting Club at All Hallows meet on Tuesdays at 1 pm in room 19 (the upstairs languages area). Some of us are total beginners and some have come with a little bit of experience.

all welcome! 

<https://knit-a-square.com/knit-a-square-south-africa/>

hcrq
Care Group

NHS

IF YOU'RE **11-19** YEARS OLD **TEXT YOUR SCHOOL NURSE**

07507330510

WE HELP STUDENTS WITH ALL KINDS OF THINGS LIKE...

EMOTIONAL HEALTH & WELLBEING **BULLYING**
SELF HARM **ALCOHOL** **SMOKING**
DRUGS **HEALTHY EATING** **SEXUAL**
CONTRACEPTION **HEALTH**

Text us for *confidential* advice & support

We do not usually inform your parents, teachers or anyone else if you contact the school nurse. We might inform someone if we were concerned about your safety, but we would usually speak to you first. Your messages are stored and can be sent by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate response back to confirm we received your text. Texts will not be sent outside of normal working hours. If you need help before you hear back from us, contact a member of school staff or your doctor. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some number sharing mobile apps). Prevent the school nurse from sending messages to you by texting STOP to our number. Please respect your school's mobile phone policy. Messages are charged at your usual rate.



SCAN ME

ChatHealth

Girls U15's Cricket

Well done to the U15 Girls cricket team who represented South Ribble and played in the North Indoor Cricket finals at Bolton Arena on Tuesday 14th March. They all played extremely well and came 2nd in their group, narrowly missing out on progressing to the next round. It was a tough competition with a great standard of cricket being played. We look forward to the outdoor competitions in the Summer term!



LFA Cup Final

Success and congratulations all around for the following boys, who won their semi-final round which enabled them to secure a place in the LFA Cup Final.

Congratulations!

Good luck for the finals!



Lost Property

A polite reminder for items to be labelled with your child's name as we endeavour to try and have items returned to your child whenever possible.



KEY EVENTS

★ **Year 8 HPV Vaccination Reminder** – A reminder for Parents/Guardians to submit in their consent or refusal for the HPV vaccination. The link for this will close at midnight on 18/03/23.

<https://www.nhsimms.uk/HPV/information?Id=119802&Type=HPV>

Past Pupil Sporting Achievement

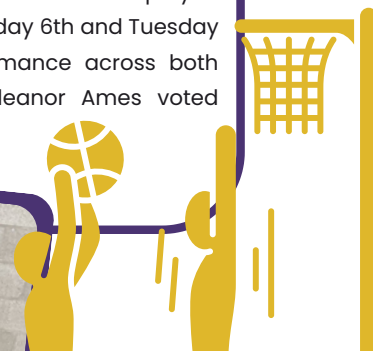
Tia Abrams has been selected to represent Great Britain as part of the elite aerobic gymnastics team travelling to Slovakia later this month to compete in the 24th FIG Slovak Aerobic Gymnastics Championships. Tia trains between 18 and 22 hours each week and her dedication and hard work has paid off this is a fantastic achievement. Good luck and well done.



Year 8A Netball

CONGRATULATIONS

to the Year 8A netball team who finished in first place in the South Ribble District Netball League which was played over two nights at All Hallows' on Monday 6th and Tuesday 7th March. A fantastic team performance across both nights with Jessica Griffiths and Eleanor Ames voted players of the matches.



North West Schools Gymnastics Championships

The following pupils represented All Hallows at the North West schools Gymnastics Championships in February, Belle Robinson, Neeve Toal and Eva Walsh U16's and Charlotte Riley, Elsie McKeever and Darcey Crook U13s.

The girls took part in 3 events, vault, floor and a group routine, competing against many other schools from all round the North West.

They all performed exceptionally well in all 3 areas and did themselves and the school proud.

Well done girls.

Trampolining Competition

A massive

CONGRATULATIONS

to Brihde Ainsworth in Year 9 who travelled all the way to Belfast for the British Schools Trampolining Competition on Saturday 25th February.

Brihde was in 5th place after a fantastic first round and finished an incredible 13th place out of 38 for her age group and ability level.



Blackpool Zoo with 7PG

This term, our 7PG pupils are participating in a six-week animal care programme at Blackpool Zoo which involves learning about conservation and how to look after animals in captivity. Armed with brushes, rakes and wheelbarrows, the pupils have cleaned out the animal enclosures and prepared food for the gorillas, orangutans and otters. In order to encourage the animals to hunt for their food, the pupils had to fill fire hoses, pinecones, and plastic pipes with a variety of delicious treats such as mealworms, crabs, sweet potatoes and fruit. In return for all their hard work, the year sevens have been given access to all areas of the zoo and have so far had the privilege of stroking and hand feeding the giraffes and lemurs. Here are some fantastic shots from the visits they've had each week.



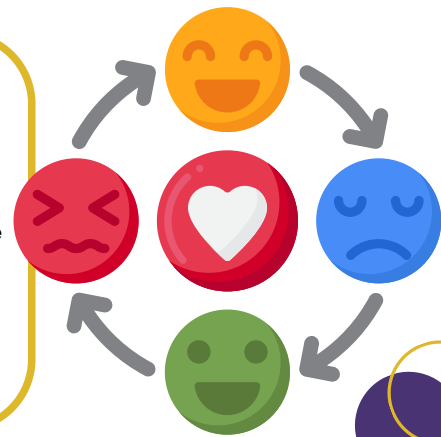
Signing In & Out of School

Please note, if a child is to sign in or out of school they must do so via our new electronic system based at reception. This is so that we may account for your child in the event of an emergency.



Emotional Intelligence Workshop.

Our school Counsellor Justin Joseph will be delivering a 2-hour workshop for parents called 'How to support children with their emotional intelligence'. Dates are yet to be confirmed, please keep a look out in our newsletter for further information regarding this. The last workshop carried out saw a healthy intake when it was offered.



Reconciliation Week 2023

This week has been Reconciliation week, a week during which pupils have been invited to reflect on the idea of forgiveness. Forgiveness is such an important part of our Lenten journey, a journey which requires us to seek forgiveness for the mistakes we have made and journey back into a good relationship with ourselves, others and God. We have been blessed this week to be joined by 9 priests who have given their time to hear the confessions. An incredible number of pupils have taken up this opportunity to receive God's mercy and forgiveness and it has been a week full of joy.

Thank you to the clergy who have supported us this week.

One pupil said: *"This week has been a freeing experience, where I have left behind all my worries about the mistakes I have made and been able to make a fresh start. The priests were so kind and lovely to talk to and gave me some great advice."*



CAFOD Lent Appeal (Y7)

Last week Year 7 took part in some wonderful fund raising events. Firstly, on Wednesday evening, pupils gathered in the Arts Theatre with blankets, cushions and cosy clothes to watch 'The Greatest Showman' together. They stocked up on sweet treats and drinks from the tuck shop and sang their hearts out to the brilliant songs.

In total, we raised an incredible £132 for CAFOD.

On Friday, the whole of Year 7, along with their form tutors, were simply delighted to have the opportunity to throw soaking wet, freezing cold sponges at their Head of Year and Assistant Head of Year, Mrs Hall and Mrs Donohoe! We were overjoyed to raise a further £180 from this event!

Finally, Year 7 pupils have generously donated Easter treats which our talented Mrs Blackledge has now turned into a beautiful hamper. We will be selling raffle tickets to win the hamper for £1 each. We were due to draw the winner Friday 17th but, since we have had two strike days this week, we will extend the raffle until next Friday 24th March. If you would like to purchase a ticket, your child will be able to do so outside Room 1 during breaks and lunchtimes next week. Good luck!

Once again, thank you so much for supporting our Year 7s in raising as much money as they can for CAFOD.

Alaska Seafood Salmon Giveaway

We are very proud to announce that we are one of the 200 schools lucky enough to have been chosen to receive a delivery of Alaska Seafood Marketing Initiative's Salmon Portions. 40 frozen salmon portions have been delivered to school and these will be used within GCSE Food Preparation & Nutrition classes to make dishes such as Salmon Katsu curry and to learn more about fish preparation. A big thank you to Food Teachers Centre Fish Heroes programme and everyone involved in making this initiative happen. It is such a valuable opportunity for our pupils. Watch out on the school's social media for pictures of the dishes.

Healthy Lifestyle Week 12th–16th June 2023

We are well underway planning and preparing for our Healthy Lifestyle Week which takes place during the 2nd full week of June. In the past we have been extremely lucky to receive physical donations from local companies such as food and paper cups, donations of time with things like gym instructors and smoothie bikes and also donations of prizes such as gym access for a week and so on. Activities that take place are healthy breakfasts for pupils, smoothie bikes, gym sessions, parent and child cooking classes, chef demonstrations and much more.

We would very much like to continue to expand this week, which focuses on everything from healthy eating, wellbeing, exercise and overall lifestyle choices. If anyone or any company is able to support us with the week please do get in touch with us.