All Hallows Catholic High School Newsletter 31st March 2023



Dear Parents/Guardians,

Hopefully many of you will have seen our school celebrating our Ofsted grading these last two weeks on our social media and in the Lancashire Evening Post. I really want to remind parents that although we are delighted with the inspection outcome, it is what we do on a daily basis in school to care for, educate and inspire our young people that is our motivation. To celebrate our outstanding grade we have shared specially made cupcakes with the students and thanked them for their efforts in assemblies this week.

There have been lots of individual and team successes in a huge range of events over these last two weeks and I am always amazed at how talented many of our pupils are. I particularly want to draw your attention to those pupils who took part in our Duke of Edinburgh expedition. Last Friday night the rain fell heavily on their tents but they all took it in their stride to succeed and pass their expedition. Thank you to all the Duke of Edinburgh staff team and Sam Sykes and his team for supporting our pupils through the muddy challenge!

With only Holy Week left in school we wish all our families a happy and joyful Easter time with their families. I also wish that the pupils and staff who are off to visit New York and Florida (including myself) have a wonderful time. The whole school community looks forward to seeing the photographs and hearing all about it!

Yours faithfully,

Alison Cooper **Headteacher**



Celebratory Cupcakes

This week, and into next week, Mrs Cooper has been visiting all classes to give out celebration cupcakes to pupils and staff. Ofsted were incredibly impressed by the maturity of our pupils and Mrs Cooper wanted all pupils to be rewarded for their hard work and effort during the inspection.

Thank you to Mrs Southworth who is hard at work baking over 900 cupcakes for our school community.



Change Talks is a multi-award winning, health education service delivered by the Prevention and Engagement Team at Lancashire and South Cumbria Foundation Trust.

The team is running a series of workshops via Zoom for parents and carers, to support learning on different mental health topics, including a session on learning disabilities and autism.

Farewell To A Long Standing Colleague -Mr Martin

Today we say goodbye to Mr Martin who retires as our Site Supervisor after 14 years of service to our school. He has worked incredibly hard over his time here ensuring that our school is clean, safe and kept in great condition. He is affectionately known as the 'Green Man' by the pupils due to his green premises uniform and we know that the pupils have benefitted from his help and hard work over many years.

We wish you a long and happy retirement Mr Martin, and thank you again for everything you have done for All Hallows.









For more information or to join a session visitiscft.nhs.uk/changetalks/workshops or scan the QR code

Amazing Mathematics

One of the main priorities in our Mathematics and Numeracy Intent, is to raise aspirations and achievements in the subject. We have already delivered numerous workshops and extra-curricular opportunities for students to showcase their skills and challenge themselves beyond the curriculum. This term 60 of our Year 10 pupils took part in the prestigious UKMT Maths Challenge. The challenge encourages mathematical reasoning, precision of thought, and fluency in using basic mathematical techniques to solve interesting problems. (We have included some example questions below for you to try.)

We are delighted to be able to share news of outstanding success for our students. A staggering 27 pupils achieved Bronze level or higher. 7 pupils achieved Silver and 3 pupils achieved Gold, and the top 10 were then entered into the next round of the challenge.

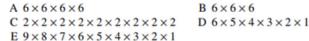
A huge congratulations to all of the students who took part, and an extra special congratulations to the Isaac R, Matthew H and Alexander B, who all achieved Merit (the highest standard) in the final round of the challenge.

Well done to everyone who took part!

Lancelot has drawn a closed path on a cuboid and unfolded it into a net. Which of the nets shown could *not* be the net of Lancelot's cuboid?



Vumos wants to write the integers 1 to 9 in the nine boxes shown so that the sum of the integers in any three adjacent boxes is a multiple of 3. In how many ways can be do this?

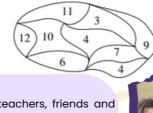


The diagram shows a map of a park. The park is divided into regions. The number inside each region gives its perimeter, in km. What is the outer perimeter of the park?

A 22 km B 26 km C 28 km D 32 km E 34 ki

Lost Property

During our last week of term, items that have been collated in lost property will be out for display. Please encourage your child to come down to Reception to have a look for any items they may have lost.



Crochet & Knitting Appeal

A big thank you to all parents, carers, grandparents, teachers, friends and knitting groups who responded to the Blanket Appeal. We have been overwhelmed by your response. We have received over 300 squares which will make lots of beautiful and warm blankets, and we couldn't have done it on our own! Now they are all being parcelled up and sent on their way and we are sure they will be well received.



BAE Competition Winners

As part of All Hallows' annual STEM month, two Year 9 students won the chance to spend a day at BAE systems' Education Hub in Samlesbury. Roksana and Klaudia reached the final of a county wide 3D Printing STEM competition where BAE Systems partnered with a company called CREATE Education. The competition called 'Inspiring Lancashire 3D Printing Challenge Project' was run in 52 Lancashire schools. Roksana and Klaudia were one of only 10 teams to be invited to the Academy for Skills & Knowledge Facility (ASK). Their project, which included researching and designing a solution to waterway pollution problems in the local area was awarded the Research and Analysis Prize at the celebration event. Roksana & Klaudia were also given a complementary tour of the facilities, lunch and a goody bag. Well done girls!

All Hallows partnership with Create Education

The All Hallows Technology department are one of 52 Lancashire schools who have partnered with Create education and BAE systems to bring 3D printing into the lives of our young people. Schools were given an Ultimaker 3D printer and staff were trained in how to use free web based CAD software called OnShape to design 3D Prints. Schools were encouraged to embed 3D printing into KS3 and 4 to equip students with the skills needed to become the next generation of engineers. See the link below for the feature they have written about how we have used 3D Printing at All Hallows.





Moonlight Walk

St Catherine's Hospice are holding their annual Moonlight Walk to raise money and walk in memory of a loved one.

To sign up, please visit their website

https://www.stcatherines.co.uk/shop/events/hospicefundraising/moonlight-and-memories-walk-2023/



Year 9 Netball

Well done to the Year 9 netball team who came third in the South Ribble District Netball tournament held at All Hallows last week.



8M Sponsored Silence

Well done to 8M who have done exceptionally well with their Sponsored Silence. We have been told that they surpassed expectations and have a number of staff members who owe them quite a few pennies.



REMEMBER LOVED ONES AND SUPPORT St Catherine's SATURDAY 3RD JUNE, 8PM ST (ATHERINE'S PARK, LOSTO(K HALL ALL WELCOME - £15 for adults and £10 for children including 2023 event to SIGN UP at www.stcatherines.co.uk or call 01772 629171

Indoor Athletics

Isla has had a great indoor athletics season so far. She achieved a top 10 finish last weekend in the North

East Counties Indoor Pentathlon,

producing 4 PBs in her 5 events and improving her points total by almost 300. Isla has ended the season inside the UK top 20 for the indoor Pentathlon, a great achievement.

Isla has also excelled at Sportshall athletics. Aside from her efforts with school at the Lancashire Championships she represented her club and county at the North West Regional Finals, winning the 8 lap parlauf, placing 1st in vertical jump and 2nd in 6 lap. It also sees Isla join the all time records for vertical jump! Well done Isla!





Synchronised Swimming Championship

Well done to Ellie in Year 9 who competed in the National Age Group Championships in Gloucester last weekend. She was representing The City of Preston Aquatics at synchronised swimming. Her duet routine came 4th in a strong field. Next stop is the National Championships held in Nottingham in April. Good luck Ellie!

NOTICE BOARD



- School closes next week on Thursday 6th April at 1:30pm and we return on Monday 24th April.
- We kindly ask for your help in replenishing our uniform stock and would appreciate

Healthy Lifestyle Week 12th - 16th June 2023

We are well underway planning and preparing for our Healthy Lifestyle Week which takes place during the second full week of June. In the past we have been extremely lucky to receive physical donations from local companies such as food and paper cups, gym instructors and smoothie bikes and also donations of prizes such as gym access for a week and so on. Activities that take place are healthy breakfasts for pupils, smoothie bikes, gym sessions, parent and child cooking classes, chef demonstrations and much more.

We would very much like to continue to expand this week which focuses on everything from healthy eating, wellbeing, exercise and overall lifestyle choices. If anyone or any company is able to support us with the week please do get in touch.

Musical Achievements



To the following students for completing their recent associated Board of Music exams.

Cecilia Clitherow - Year 10

Edward Clitherow - Year 8

Autism Acceptance Week

As part of our Personal Development Programme, this week all students in Years 7 - 10 have had a lesson focused on "Autism Acceptance". Pupils began the lesson by sharing their own understanding and experiences with autism and neurodiversity, before engaging in some "myth busting" true or false questioning. For the main task, pupils watched a short video clip demonstrating sensory overload from the perspective of a person with autism. Pupils then worked together to identify potential stimuli in our school environment, and to then devise strategies to help minimise them.

In addition to these lessons, the English Department has spent the week sharing examples of excellent reading materials that can help educate and engage readers of all ages, about neurodiversity. (Take a look at the English Instagram page for more details.)

We hope to build on the success of this week and continue to raise the understanding and acceptance of neurodiversity across our school community.



Duke of Edinburgh Expedition Weekend

"And they helped him in his expeditions: for they were all mighty men of valour, and were captains in the host." Chronicles 12:21

The morning before the much anticipated Duke of Edinburgh weekend, we received an "emergency email" from our expedition leaders at Sam Sykes regarding the weather forecast for the next few days. With strong winds and heavy downpours on the horizon, we knew that we had to prepare for a particularly challenging weekend.

10 o'clock the following morning 48 Year 10 pupils arrived at Waddecar Camp Site with their sleeping bags, walking boots and an extensive supply of waterproof gear. They got to work straight away pitching their tents and packing their rucksacks before they planned the first of 3 walking routes that they would complete over the next few days.

After a successful and surprisingly sunny first day, pupils put their camp-craft skills to the test by preparing their first hot meal of the expedition. As the sun set on the Friday evening, the predicted onslaught of wind and rain arrived at the campsite and continued relentlessly until sun rise the following day. However, damp tents and soggy socks were nowhere near enough to dampen the spirits of our resilient Year 10 participants, who rose to the challenge with smiles on their faces and a determination to succeed.

Again, the sun shone throughout the day whilst pupils completed their first assessed solo navigation. Pupils walked approximately 10 miles along a route they had planned together in their small groups the previous evening. This task combines navigation skills, physical endurance and mental perseverance; all of which our pupils excelled in throughout!

We gathered together on Saturday evening to toast the success of Day 2 with marshmallows around the campfire, before pupils retreated to their tents for a well-deserved rest.

On Sunday morning, everyone rose early to put their tents down, tidy camp and complete their final walk. Pupils then had to do a group presentation to their assessor about their chosen aim for the weekend. The external assessors from Sam Sykes commented on numerous occasions that these were some of the best groups of young adults that they had ever had the pleasure of working with. We are incredibly proud of the resilience, enthusiasm and support for each other that we witnessed throughout the entire weekend.

Thank you to Mr Case, Mr Duffy and Miss Johnston for trading their beds for a tent floor and supporting the weekend.

All About STEM: Discovery Crest Award Day

30 Year 7's were incredibly lucky to take part in this day a week last Monday. The theme of the day was Artificial Intelligence and Machine Learning. The day was run by Michelle and Paul from All About STEM. Activities ranged from exploring how a computer can identify drawings as they are being created, using magnets and pennies to write secret codes and creating a new innovative piece of technology using Al. Pupils worked in teams to create their ideas and then pitched their ideas to the rest of the pupils, facing questions from their peers. It was a fantastically fun day and incredibly interesting – will machines take over or not??? All students will receive a Discovery Crest Award and their ideas have been entered into a regional competition so we wish them all luck in the future with this.

