# All Hallows Catholic High School Newsletter 28th April 2023



Dear Parents / Guardians,

Welcome back after our Easter holidays! I hope you all had a safe and restful break. During the holiday 96 pupils accompanied by 12 members of staff visited New York and Florida on what was a unique and exciting trip. This will be covered in the next edition of our newsletter. You may have heard by now that Mrs Cooper was taken ill during the trip and had to be admitted to hospital. Miss Johnston has remained in America with Mrs Cooper. They are hoping to fly back in the coming days once it is safe for Mrs Cooper to do so. They are both missed by everyone here and we look forward to welcoming them back soon.

This first week back has been a typically busy one. Year II pupils have been taking their Art and Performing Art exams as well as preparing for their speaking exams in French and Spanish next week. They really are in their final stages of preparation for their exams which begin on 15th May. The two bank holiday Mondays don't help staff in trying to get through everything! Year II pupils will move to a new timetable of Revision Classes and Exams from Friday 12th May.

It is worth pointing out that this is the shortest half-term of the school year: five weeks in total with a lot to get through in that time!

I hope you all enjoy your bank holiday weekends.

Yours faithfully,

Ben McMullen **Deputy Headteacher** 



hcrg Care Group will be offering courses available to parents and carers, please follow the links below to find out more information regarding the parenting team group sessions. Courses are run face to face and virtually. A referral form can also be accessed.

- COURSES
- REFERRAL FORM

## CONGRATULATIONS

to the Year 9 Netball team who were winners in this year's Year 9 South Ribble district Netball tournament held at school on Monday 24th April. A fantastic display and standard of netball played throughout the evening meant the girls were undefeated in all 7 matches.





We want to say a massive thank you to you for supporting our CAFOD Lent appeal this year. Thanks to your kind donations and getting involved in all of our fundraising events, such as chocolate hamper raffles, sponge the teacher, All night for CAFOD Sleepover and our CAFOD Community walk. We have raised an INCREDIBLE £3000 for CAFOD. This is truly a life changing amount of money for the people and communities that CAFOD support.



#### **Big Bang in School - STEM**

After applying for, and being successful in our request, we were able to hold a 'Big Bang in School' Day - this supports teachers run their own inspiring STEM days. The Big Bang itself is hosted by Engineering UK and has been set up to help pupils discover exciting possibilities and connect to inspiring role models in STEM. Young inventors and experimenters, future game-changers and lifesavers all have the chance to develop and shine by taking part in The Big Bang Competition which is currently being delivered through STEM Club. Pupils also have access to Big Bang Digital which looks at surprising ways to build a brighter, greener world.

All of Year 8 were treated to a special one-off day of STEM, taking part in activities linked to the theme Game, Set & Match: Transforming Sport with STEM. It was an excellent day where pupils were able to research many different sports, investigate technologies that already exist in sport and then design a sporting product or an app or anything they could imagine linked to the theme. The pupils worked in pairs and produced posters that will be entered into a competition. They then spent time trying to create a timer using items such as paper plates, straws, string, balloons that lasted 19 seconds which would help an athlete trying to beat Usain Bolt's 2009 200m World Record. (Thank you to Engineering Fairytales/STEM First for this element). It was a great day and the pupils worked incredibly hard showing off their creativity. Some fantastic ideas were produced and around 12 pairs have been entered into a competition. Opportunities such as this are a great chance for working outside of the specific curriculum and being able to unleash creativity and approach ideas that they might not have time to appreciate in lessons. Well done to all of Year 8 for getting stuck in and wowing us with your ideas.

Scan here



changetalks

Change Talks is a multi-award winning, health education service delivered by the Prevention and Engagement Team at Lancashire and South Cumbria Foundation Trust.

The team are running a series of workshops via Zoom for parents and carers, to support learning on different mental health topics, including a session on learning disabilities and autism.

or more information or to join a session visitlscft.nhs.uk/changetalks/workshops or scan the QR code

#### Cambridge National Sports Studies Canoeing at Rock and River.

For two weeks prior to the Easter break the Year 10
Cambridge Sports Studies pupils have all completed a day
of canoeing at Rock and River in Mawdesley. The pupils
showed resilience, teamwork and battled some tough
weather conditions to complete their practically
assessment as part of the Outdoor adventurous activity
unit on the course. Only four pupils fell in the lake
unintentionally!



### CONGRATULATIONS

to the Year 8 netball team who were undefeated and overall winners in the District Netball Tournament at All Hallows before the Easter break!

#### **Moonlight Walk**



#### 2023 Slovakian Aerobic Gymnastics Championships

Tia has just competed at the 2023
Slovakian Aerobic Gymnastics
Championships. This is Tia's first year as a junior and at elite level and she along with her team mates won the gold medal winning by a whole point.

Tia trains extremely hard for in excess of 20 hours each week and travels to Weston Super Mere every other weekend to train with her team mates. This is a fantastic achievement and Tia will now trial for the European Championships which is held at the end of the year.



St Catherine's Hospice are holding their annual Moonlight Walk to raise money and walk in memory of a loved one. To sign up, please visit their website

https://www.stcatherines.co.uk/shop/events/hospice-fundraising/moonlight-and-memories-walk-2023/

Make friends included

#### **Get Ahead summer school**

#### 25-28 July 2023 (10am-6pm), UCLan Preston Campus

#### **Get Ahead at UCLan**

An exciting opportunity for current Year 11 and 12 students who want to experience a taste of university life. Come and join us at our free University Experience Week event and gain valuable skills in study techniques, team working, leadership skills, problem solving and much more. With lots of different practical and fun activities over four days, these events will empower you, introduce you to Higher Education (HE), and give you an insight into university life.



#### Communication Skills Workshop

Aims to help young people show up and show out in life's biggest situations. Expect mad energy, big moments and to step out of your comfort zones.

#### Adrenaline-filled activity day

Challenge yourself, try something new and improve your leadership skills at our outdoor activity day. From canoeing to archery, it's not one to be missed!



#### Life as a student

Experience a day in the life of a university student, with a wide range of activities designed to give you a real idea of what being a student is like.

#### Wellbeing

Finish off the week with a day packed with workshops tailored to looking after your wellbeing. Practice your cooking skills or wind down with some mindfulness activities.

#### Who can take part?

We are keen that this programme reaches the right pupils. We have limited places available so it will be first come first served if you meet the below criteria. UCLan is offering this summer school as part of our effort to widen participation in higher education. As such, we are required to work with certain groups of pupils. The pupils who take part in this programme must be from one of the following groups:

•Live in a low HE-participation neighbourhood (POLAR4 Q1 or Q2) Check here: Search by postcode - **Office for Students** 

- Live in an area of high deprivation (IMD D1-4)
   Check here: English indices of deprivation 2019:
   Postcode Lookup opendatacommunities.org
- •Eligible for pupil premium
- •Would be the first in their immediate family to go to university
- Looked after children or care-leavers
- Have caring responsibilities
- Forced migrants
- Have a disability
- •Gypsy Roma Traveller background
- Are from a military family

Click here to book your place