



HAIL

Mary

A Reading from the Gospel of Luke (Luke 1:35-38)



And Mary said,

"My soul magnifies the Lord,
and my spirit rejoices in God my Saviour,
for he has looked with favour on the lowliness of his servant.
Surely, from now on all generations will call me blessed;
for the Mighty One has done great things for me,
and holy is his name.

His mercy is for those who fear him
from generation to generation.

He has shown strength with his arm;
he has scattered the proud in the thoughts of their hearts.

He has brought down the powerful from their thrones,
and lifted up the lowly;

he has filled the hungry with good things,
and sent the rich away empty.

He has helped his servant Israel,
in remembrance of his mercy,
according to the promise he made to our ancestors,
and to Abraham and to his descendants forever."

"If you ever feel distressed during your day, call upon Our Lady. Just say this simple prayer: 'Mary, Mother to Jesus, please be a mother to me now'. I must admit: this prayer has never failed me."



HAIL MARY

May the Month of Mary

The month of May is dedicated to Mary and a month in which we honour her.

Mary the Mother of God, is the most important woman to have ever lived. Through her, God was able to become human, and be with us on earth.

Mary points us towards Jesus. She helps us to get to know Jesus better. She reflects God's light so that we can be who God calls us to be, so that we can respond to God's plan in our life, and say our yes to God.



PRAYER FOR THE WEEK

Hail Mary,
Full of Grace,
The Lord is with thee.
Blessed art thou among women,
and blessed is the fruit
of thy womb, Jesus.
Holy Mary,
Mother of God,
pray for us sinners now,
and at the hour of our death.
Amen.



MAGNIFICAT!

By the example of Mary, the Mother of God, we learn how to follow Jesus. She is the first and greatest disciple, because she believed and trusted in God's promise to her. This week's Word of the Week teaches us something about how Mary understood God to work. This song of Mary's is called the Magnificat and it is her song of praise to God, thanking Him for all the wonderful things He is doing in her life and in the lives of other people too.

What in your life are you thankful for?
What can you praise and thank God for in your life right now?

Mary the Mother of Jesus

During May, we think about Mary and we try to live like her. One thing we can do especially during may is pray- we never pray to Mary, but we ask Mary to pray for us and to speak to God on our behalf.

Take a moment to think about what you would like Mary to tell Jesus about you or a situation you are facing right now.

With the person next to you discuss the following questions. How can we ask Mary to help us grow closer to Jesus? How can we say "yes" to God, as Mary did? What graces and blessings can we ask God for that will help us to grow in faith?



What Mary the Mother of Jesus actually looked like ([CLICK HERE](#))

Mother Mary, Pray for Us- Sarah Hart ([LISTEN HERE](#))

Learn the Hail Mary in British Sign Language ([CLICK HERE](#))