

All Hallows

Catholic High School

Newsletter

26 May 2023



Dear Parents/Guardians,

There is a lot of fantastic news in this week's newsletter but I want to draw your attention to the amazing achievements in the field of sport as well as our pupils' growth and development in their faith journey. Particular praise and congratulations should go to our Year 11 pupils who in their last year at school played a brilliant cup final in the manner that made the school proud and they became cup winners and South Ribble Champions. Well done to those boys who have represented the school so well over the years.

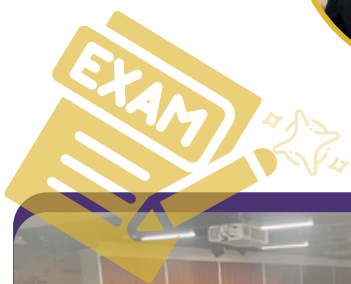
On the 12th May our Year 11's also celebrated their final Mass in school and this is a fitting way to reflect on all the opportunities, challenges and memories that high school has given them. Our Faith in Action group have been working hard completing challenges and considering ways they can bring their faith alive in our community and I am delighted to announce we have a record number of our young people who are now preparing to affirm their faith in the sacrament of Confirmation. My thanks go to Kate our school Chaplain, who is an inspirational faith role model to our students.

Our Year 11's have been fantastic in the way they are preparing and completing their GCSE's. It is a very difficult 4 weeks and I hope that they manage to get some relaxation time during the half term before they return to the second half of the timetable of the examinations after the break.

On a personal note I am back in school following a stroke I suffered whilst on a school trip to the USA. Can I take this opportunity to thank both parents and staff for their kind messages of support.

Yours faithfully,

Alison Cooper
Headteacher



good luck



Sporting Stars

Congratulations!

to the following pupils on their spectacular sporting achievements. Toby Rich from Year 11, Tia Abrams Year 10 and Isla Bamber in Year 8.



Toby has been on a Rugby scholarship at Super League club Wigan Warriors for the past 2 years and represented the club in several fixtures. He has now been selected for the U17s Sale Sharks Academy. At All Hallows we share in his and his family's delight that his talents in Rugby have been recognised in both Union and League.

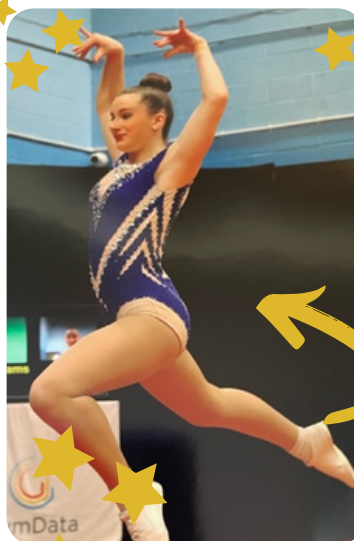
Wishing Toby all the best with his sporting endeavours.



Isla has been selected to represent Lancashire at the Northern Counties Athletics Championships. Good luck Isla!

Tia has recently competed in the Southern Aerobic Gymnastics Championships down in Portsmouth. This was the first part of the trial process for selection for the European Championships to be held in Turkey at the end of this year.

Once again Tia performed beautifully and came away with the gold medal for her group routine and an outstanding 5th in a massive category for her individual. What an amazing achievement for Tia at elite level for her individual.



Year 11 Mass

On Friday 12th May our Year 11's celebrated their thanksgiving Mass. Father Michael from St Oswald's Longton came to celebrate the Mass which was an opportunity to give thanks for all the joys of the last five years as well as to pray for success in their exams and in the future. The Mass included readings from Philippians which encouraged all our pupils to be inspired by God's love for them and love others as they journey through life. The gospel reading, the Road to Emmaus, reminded us to look for God and how he walks with us through all of our lives. Our Mass came to a close with a rousing rendition of My Lighthouse, actions included! Thank you to Father Michael for a beautiful celebration of the Mass, to Mrs Colclough and musicians, our Year 11 readers and all involved in this celebration.

CONGRATULATIONS

South Ribble League and Cup Winners!

Well, what a way to finish off their time at All Hallows, by doing the 'Double'. I have had the pleasure of running and managing this group of players since Year 7 and I have had the privilege of seeing them not only develop as footballers, but also as young men as well.

They have been a great bunch of lads to work with and we have had some fantastic matches over the years. Our biggest rival during that time has probably been Priory and it was quite fitting that having met them in the Cup Final in Year 7, we met them for one last time in the Year 11 Final. Both were great games and both saw All Hallows crowned Champions, which is always nice for the players. However, it would be remiss not to acknowledge how well Priory played in both finals, as they pushed us to the very limit on both occasions.

I hope all the boys have enjoyed their footballing life at All Hallows and I know they have made some friendships that will continue for many years. Thanks to all the parents who have attended the matches and supported us along the way, I know some of you have been to every single game! I wish you all good luck and hope you enjoy playing football for as long as you can!

Mr Finch.

Student Praise

Polite Request

It has been brought to our attention a few of our pupils who cycle to school have not been observing our neighbouring lollipop lady as she assists families and children while they cross the road. Please may you remind your child to stop and wait to proceed when able to do so.

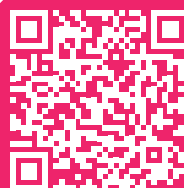
It has also been noted that several cars have been going beyond the speed limit along Birch Avenue, again if you could kindly observe these road signals that would be greatly appreciated.



A big thank you to John Dickin in Year 8 who served on the altar at St Oswald's Church for a very special Mass with the Archbishop. Father John Goddard received a papal honour, Chaplain of his holiness, from Archbishop Malcolm and John served the Mass beautifully, assisting with all the extras that come with Mass with the Archbishop and this special occasion. Congratulations to Father John on this special honour and a big well done to John for his commitment to his role as altar server.

Rosary

During May groups of pupils have met in the chapel to pray the rosary together. May is the month dedicated to Our Lady and pupils really enjoyed this opportunity to learn about a new way to pray and how to use rosary beads rather than just wear them! Pupils shared who they wanted to pray for and we prayed together, asking Mary to pray with us for these special intentions.



Scan here

Change Talks is a multi-award winning, health education service delivered by the Prevention and Engagement Team at Lancashire and South Cumbria Foundation Trust.


The team are running a series of workshops via Zoom for parents and carers, to support learning on different mental health topics, including a session on learning disabilities and autism.

For more information or to join a session visit visitscft.nhs.uk/changetalks/workshops or scan the QR code

changetalks

Self Harm Parent Workshop

Parent feedback:

66 I feel much more comfortable in having a conversation without saying the wrong thing. I feel validated in how I'm dealing with the current situation. 

We understand how challenging it can feel for a parent or carer of a child or young person who is self harming. Managing those emotions, understanding why, communicating your concerns and keeping your child or young person safe; can feel overwhelming.

Our parent workshop aims to support YOU.

It includes:

- destigmatising self harming behaviour
- understanding why a child or young person might self injure
- how to talk about and manage self harming behaviour
- where to go for help and support

To book on to a workshop, or to host a closed workshop, contact training@lancashiremind.org.uk



Faith in Action Retreat Day

On Tuesday 16th May our Faith in Action group attended their retreat day at the scout hut at St Teresa's parish. This retreat day brought to a close their Faith in Action journey for this year and was a day of reflection on all they had achieved. To complete their award they each had to produce a final piece to sum up and reflect on all they have done and learnt. All of the final pieces were fantastic and demonstrated the hard work the whole group had put into completing various levels of the Faith in Action award. The retreat day also included mass at St Teresa's, which was celebrated by Father Ian, who shared with our group how important putting our faith into action is as Christians and also how important young people are to the life of the Church. We would like to thank Father Ian for a wonderful Mass and encouragement and John Topping and the scout group for the use of their scout hut, which was a fantastic venue for our day.



CANTastic Competition

Pupils are invited to take part in a competition to create a dish using at least 1 ingredient that comes from a can. Look in Showbie or google classroom folders to find out more information. Please follow this link

CANTastic Recipe Competition Link

Entries need to include photos of ingredients, preparation and final dish. Also, a recipe and detailed method. Please send all entries to Mrs Caw before the deadline of 5th June 2023. jra@allhallows.lancs.sch.uk



The Sacrament of Confirmation

On Thursday 8th June and Friday 16th June over 100 of our pupils will be Confirmed. This is a very special sacrament of the Church which the young people themselves have chosen to undertake. This confirms their faith, confirming the promises their parents and Godparents made on their behalf at baptism.

Please pray for our young people who will receive this sacrament over the next few weeks.

Return to School

Reminder for all that we are due back on

Monday June 5th

We hope you enjoy your half term break.

