



Jesus, you are our Teacher, our Friend and our Saviour. You have asked us to follow You every day of our lives. We have heard you call us by name to be Your disciples and we have heard you call us to serve You lovingly in the world.

Help us to follow You with all our hearts, just as the disciples did when they left everything behind to follow you.

Lord, we know that following you is not always easy but help us to have the confidence to respond to your call and to know you have called us just as I we are.



Amen.

"Dear young people... Jesus invites us to build together the civilisation of love, as His disciples and missionaries, here and now."





WORD OF THE WEEK

MARK 1: 14-20

Jesus went into Galilee, proclaiming the good news of God. "The time has come," he said. "The kingdom of God has come near. Repent and believe the good news!"

As Jesus walked beside the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the lake, for they were fishermen.

"Come, follow me," Jesus said, "and I will send you out to fish for people."

At once they left their nets and followed him. When he had gone a little farther, he saw James son of Zebedee and his brother John in a boat preparing their nets. Without delay he called them, and they left their father Zebedee in the boat with the hired men and followed him.



DISCIPLE AND FRIEND

From the beginning of his ministry to the end, Jesus gathered his disciples and shared his life with them; teaching them, encouraging them, supporting them and loving them both as individual friends and as a group of believers. He left his Holy Spirit with them so that they would be equipped to continue their discipleship and carry out his work. What do you think it takes to become a disciple?

"Being a disciple means being constantly ready to bring the love of Jesus to others, and this can happen unexpectedly and in any place: on the street, in the city square, during work, on a journey." Pope Francis

GOD KNOWS YOU BY NAME. GOD LOVES YOU BY NAME. GOD CALLS YOU BY NAME.



CALLED BY NAME

Jesus called each of his disciples by name and he calls us too. Jesus knows each of us personally and invites us just as we are to be his disciples. Jesus knows what we are good at, what we struggle with, and everything in between and still wants us to journey with him and invite others to join the journey too.

Take a moment of silent prayer think about who you are, what are you good at, what do you struggle with? Thank Jesus, in your own words, for loving you and for knowing all this about you and still inviting you to be his friend and follower. Ask Jesus to help you to become the best disciple you can be by being truly yourself.

And we pray together: Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.



FISHERS OF PEOPLE

In this week's Word of the Week we hear Jesus calling his first disciples, he invites them to become his followers and to become not fishermen who catch fish but fishers of people. But what does that mean? Jesus invites his first followers not just to be the only followers and create an exclusive group but tells these first disciples to go out into the world and invite others to join them,

to join them on a mission to share the Good News with the world. When we read this gospel reading we are invited to think about how Jesus invites us too to join this mission. As a disicple of Jesus how can you share the Good News with others this week? How can you invite others to do the same?

> Will you come and Follow Me (<u>LISTEN HERE)</u>

LIVING PROOF (Disciple of Christ) (<u>LISTEN HERE)</u>

> What Is Discipleship? (CLICK HERE)

MARK 10 MISSION- Follow Me: I will make you into fishers of men. (CLICK HERE) Watch all (11 minutes) or from the start to 5:03.