

THE DUKE  
OF EDINBURGH'S  
AWARD

PARENT INFORMATION EVENING  
ALL HALLOWS CATHOLIC HIGH SCHOOL  
TUESDAY 16<sup>TH</sup> JANUARY 2024

YOUR EXPERIENCE



**DESCRIBE DOFE  
IN 3 WORDS...**



LOTS  
OF  
FUN

Funniest  
weekend  
ever!

Rewarding.  
Exhausting.  
Fun.

Chased  
By  
COWS

Hilarious.  
Tiring.  
Eventful.

Exhausting.  
Challenging.  
Hilarious.



Better  
than  
expected.

Challenging.  
Fun.  
Adventure.

We  
are  
LOST!

Very,  
very

Still  
got  
bruises!

muddy!

# Best



# experience

# ever!

































## WHY DO DOFE?

# Why take on a large commitment during a busy time of your life?

### COLLEGES

- ▶ Looks great on your application form for colleges.
- ▶ Sets you apart from other applicants.

### APPRENTICESHIPS

- ▶ Shows that you have commitment and enthusiasm.
- ▶ You can work in a team with other people successfully

### JOB APPLICATIONS

- ▶ You have the skills to volunteer successfully in a workplace or other setting.
- ▶ You have experience of attending with punctuality etc.



# HOW DO I FULFILL THE CRITERIA?



# 4 SECTIONS

A large part of the Duke of Edinburgh's Award is placed on the participants to be proactive



## PHYSICAL

12 weeks of activity

One hour per week

Assessed by a qualified / appropriate person

## SKILL

12 weeks of activity

One hour per week

Assessed by a qualified / appropriate person

## VOLUNTEERING

12 weeks of activity

One hour per week

Assessed by a qualified / appropriate person

## EXPEDITION

Practice + Qualifying Expedition

(3 days, 2 nights)

## PRESENTATION

From the Qualifying Expedition on the group focus

Group presentation for 5 minutes.

ONE ADDITIONAL SECTION FOR A FURTHER 12 WEEKS



## 4 SECTIONS

# PHYSICAL

12 weeks of activity

One hour per week

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appropriate person

For your physical activity you need to choose any sport, dance or fitness activity – in short, anything that requires a sustained level of energy and physical activity. For example, playing a sport regularly and showing personal improvement would count.



NAME:	LEVEL (Bronze, Silver or Gold):	TIMESCALE (No. of months for this section):
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### Notes:

- If extra space is needed, use an additional log.
- This *Activity Log* is only a personal record of the time you spend on your activities for each section.
- Remember to add this information, along with scans, photographs etc. (as high resolution jpegs) as evidence into eDofE.
- Download extra copies of this *Activity Log*, plus logs for the other sections, from [www.eDofE.org](http://www.eDofE.org) or [www.DofE.org/go/downloads](http://www.DofE.org/go/downloads)
- For Expedition/Residential records, please refer to the *Keeping Track* booklet.
- You can ask your Assessor, Leader, instructor, trainer, coach, mentor etc. to initial each entry.

Date	What you did	Hours	Initials

## 4 SECTIONS

# SKILL

12 weeks of activity

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appropriate person

The aim of the Skills section is to inspire young people to develop practical and social skills and personal interests. Participants can choose to improve an existing skill or develop a new one. The key is to show progression and sustained interest over time.

### Performance arts

- Ballet appreciation
- Ceremonial drill
- Circus skills
- Conjuring & magic
- Majorettes
- Puppetry
- Singing
- Speech & drama
- Theatre appreciation
- Ventriliquism
- Yoyo extreme

### Science & technology

- Aerodynamics
- Anatomy
- App design
- Astronomy
- Biology
- Botany
- Chemistry
- Coding/ programming
- Ecology
- Electronics
- Engineering
- Entomology
- IT
- Marine biology
- Oceanography
- Paleontology

- Physics
- Rocket making
- Taxonomy
- Weather/meteorology
- Website design
- Zoology

### Care of animals

- Agriculture (keeping livestock)
- Aquarium keeping
- Beekeeping
- Caring for reptiles
- Dog training & handling
- Horse/donkey/llama/alpaca handling & care
- Looking after birds (i.e. budgies & canaries)
- Pet care – health/training/maintenance
- Pigeon breeding & racing

### Music

- Church bell ringing
- Composing
- DJing
- Evaluating music & musical performances
- Handbell ringing
- Improvising melodies

- Listening to, analysing & describing music
- Music appreciation
- Playing a musical instrument
- Playing in a band
- Reading & notating music
- Understanding music in relation to history & culture

### Natural world

- Agriculture
- Conservation
- Forestry
- Gardening
- Groundsmanship
- Growing carnivorous plants
- Plant growing
- Snail farming
- Vegetable growing

### Games & recreation

- Cards (i.e. bridge)
- Chess
- Clay target shooting
- Coxing
- Cycle maintenance
- Darts
- Dominoes
- Fishing/fly fishing
- Flying

## 4 SECTIONS

# VOLUNTEERING

12 weeks of activity

One hour per week

Assessed by a qualified /  
appropriate person

Volunteering is simple. It's about choosing to give time to help people, the community or society, the environment or animals.

Your volunteering must not be done for a business but can be undertaken for a charity or not-for-profit organisation.



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4 SECTIONS

We offer volunteering opportunities in school!

## VOLUNTEERING

12 weeks of activity

One hour per week

Assessed by a qualified / appropriate person

<u>Department</u>	<u>Name of Club / Enrichment</u>	<u>Day</u>	<u>Time</u>	<u>Location</u>
Maths	Maths Buddying	Friday	Lunchtime	Room 12
Numeracy / Literacy	Progress Leaders	Monday and Thursday	8am - 8:30am	Room 7
Chaplaincy	CAFOD Club	Wednesday	Lunchtime	Chapel
Chaplaincy	SVP	Monday and occasional Friday	Lunchtime	Chapel
English	Librarian	Any	1-1:25PM	LRC
English	Paired Reader	Monday	1-1:25PM	LRC
D&T/Computing	Cooking Club - mentor younger ones	Thursday (if no meeting)	3.05-4.30pm	Rm 38
MFL	Knit club	Tuesday	1-1:25	Room 19

# EXPEDITION

A group of approximately 15 people are kayaking on a large body of water. They are arranged in a loose line, facing towards the camera. The kayakers are wearing various types of hats and life jackets. The background features a range of mountains under a clear sky. The entire image has a purple color overlay.

## EXPEDITION SECTION

PRACTICE + QUALIFYING EXPEDITION –  
3 DAYS 2 NIGHTS

### PRACTICE EXPEDITION

- 1 Route from each group
- Direct and remote supervision by leaders

### QUALIFYING EXPEDITION

- 2 routes from each group
- Remote supervision only
- Assessed by DofE Assessors on both days
- 20 conditions

<https://samsykesltd.co.uk>

DATES: 20 – 22  
SEPTEMBER 2024  
(FRI – SUN)

## EXPEDITION KIT

### PROVIDED BY SAM SYKES:

FIRST AID KITS

MAPS AND COMPASSES

TENTS

STOVES, PANS AND GAS

RUCKSACKS, LINERS AND COVERS

ROLL MATS

### NOT INCLUDED:

WALKING BOOTS

WATERPROOFS

FOOD/WATER

SLEEPING BAGS



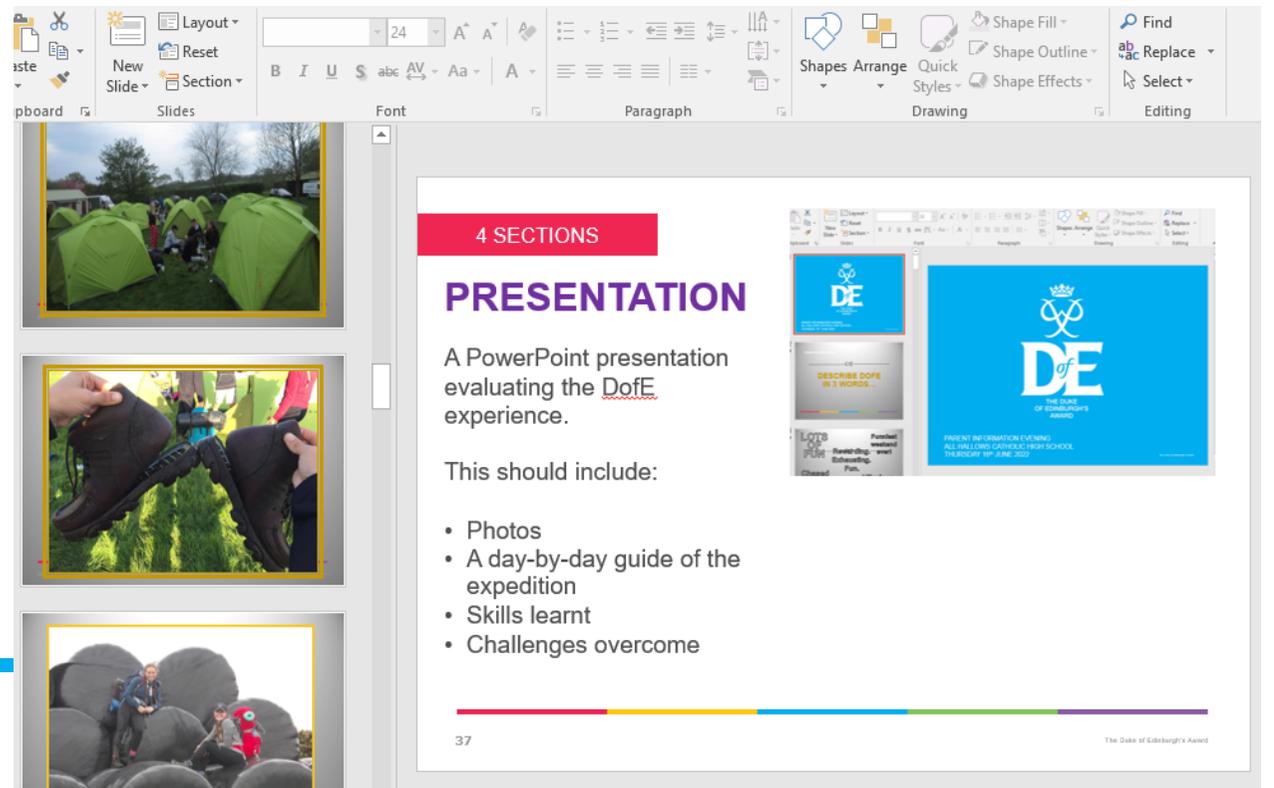
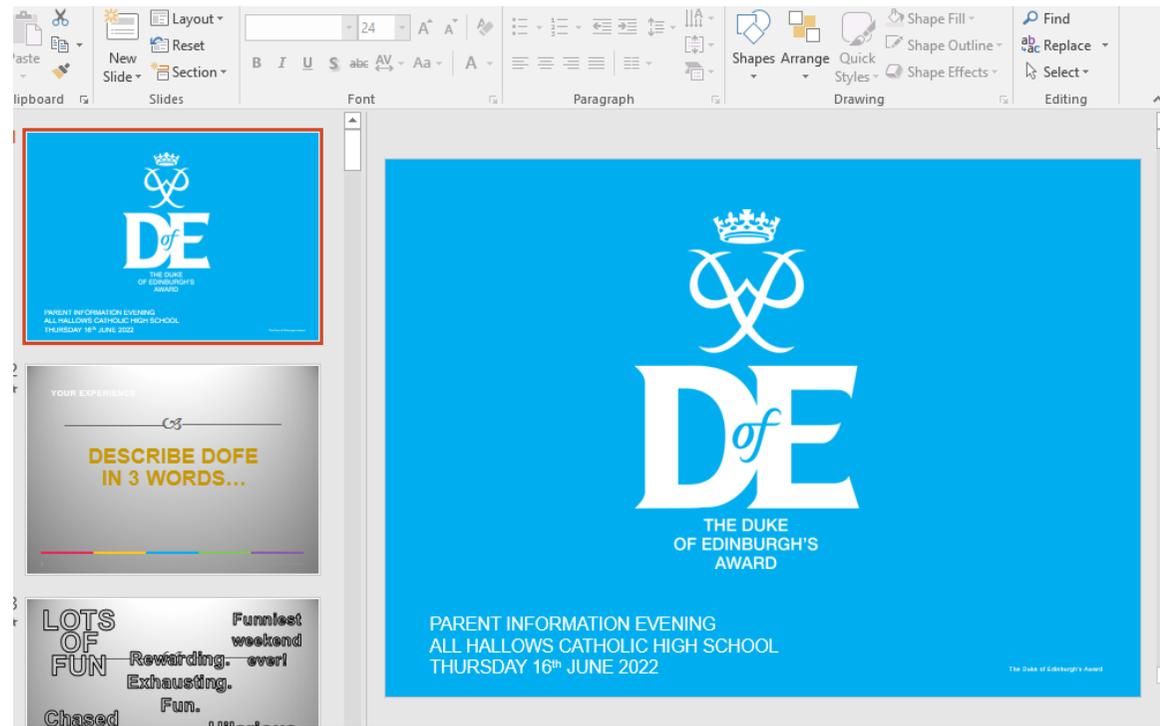
# Finally...

## PRESENTATION

A PowerPoint presentation evaluating the DofE experience.

This should include:

- Photos
- A day-by-day guide of the expedition
- Skills learnt
- Challenges overcome



# EXPEDITION COST

## Total cost of £199

This includes

- Instructor and Assessor fees
- Camp site fees
- Most equipment & gas

## Additional costs

- Food for the weekend
- Clothing and boots
- Personal camping equipment eg sleeping bag



# The Sam Sykes DofE process explained in full.



If you have any questions, just give HQ a call on 01539 443157.

## **PAYMENT PLAN – TOTAL £250**



**£100 Licence and Enrolment fee + Expedition Deposit**  
To be paid by Friday 2<sup>nd</sup> February

**£150 Remaining Balance**  
To be paid by Friday 10<sup>th</sup> May





# PRESENTATION EVENING



# PRESENTATION EVENING

## Certificate Bronze Badge

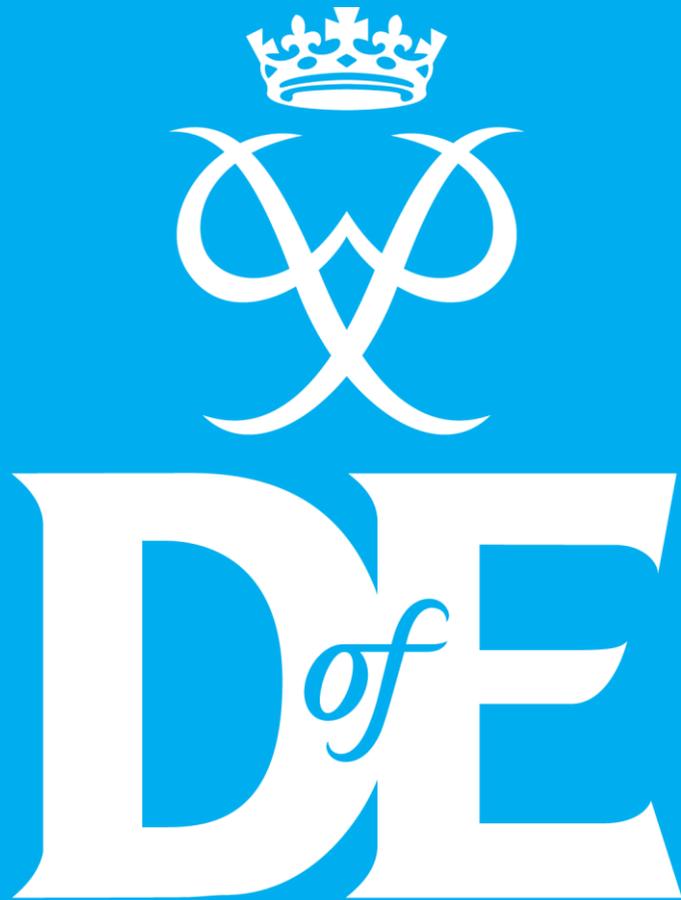


### Celebrating success

- ▶ A presentation evening will take place in the Arts Theatre for all successful participants
- ▶ Date to be confirmed in the autumn term

### The next test?

- ▶ All local colleges continue with both Silver and Gold Awards



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