

ST CATHERINE OF SIENA

Rights and Responsibilities



Word of the Week

Proverbs 31: 8-9

**Speak up for those who cannot speak for themselves,
for the rights of all who are destitute.
Speak up and judge fairly;
defend the rights of the poor and needy.**

This week's Word of the Week echoes the principle of rights and responsibilities by urging us to "speak up for those who cannot speak for themselves" and "defend the rights of the poor and needy."

This means that it is not enough to just be aware of injustice; we must actively work to correct it and support those who are marginalised and in need.

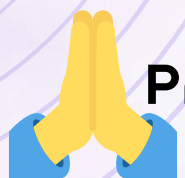
How might you be inspired by these words of scripture?

**"Be who God meant you
to be, and you will set the
world on fire."**

St Catherine of Siena

**"Proclaim the truth,
and do not be silent
through fear."**

St Catherine of Siena



Prayer for the Week

Dear St Catherine of Siena,

You loved God with all your heart, and you showed us how to love others too.

Please help me to be kind and loving, just like you were. Teach me to be brave like you, and to always stand up for what is right.

Thank you for being such a wonderful example. Amen.

St Catherine of Siena...Pray for us.



YouTube

St Catherine of Siena

[\(WATCH HERE\)](#)

Find out more about St Catherine



ST CATHERINE OF SIENA

St Catherine of Siena, born in 1347 in Italy, was a remarkable young woman known for her deep faith and dedication to helping others. Despite her family's objections, she devoted herself to prayer and service, even caring for those suffering from the plague. Catherine's persuasive abilities led her to play a crucial role in convincing the Pope to return to Rome from Avignon. She wrote extensively on spirituality and theology, inspiring many with her wisdom. Canonized in 1461, St Catherine is celebrated for her courage, compassion, and tireless efforts to bring about positive change in the world.

Despite the challenges of her time, including a Church in crisis and a society rife with injustice, St Catherine stood up for what was right. Catherine wasn't afraid to speak out, event to powerful leaders and the Pope himself. Her courage came from her deep faith and her belief that every person has inherent dignity and worth.

"Be who God meant you to be and you will set the world on fire."

Go around the class and invite every person to say one thing that they feel called to do or be in their life.

Dear God, we ask for the courage to be exactly who you created us to be. Help us to embrace the gifts you have given us and use them to set the world on fire with love and justice.

Amen



Britt Nicole - Set the World on Fire

[LISTEN HERE](#)

Let us pray together...

St. Catherine, voice of truth...

All: Pray for us.

St. Catherine, fearless peacemaker...

All: Guide us.

St. Catherine, servant of the poor...

All: Inspire us.

What does it mean to "be who God meant you to be"?

St. Catherine didn't let her age or gender stop her.

What challenges do you face when standing up for your beliefs?

RIGHTS AND RESPONSIBILITIES

The CST principle of rights and responsibilities teaches us that everyone had basic human rights, however these rights come with responsibilities. We are called not only to claim our own rights but also to advocate for the rights of others, particularly those who are vulnerable or disadvantaged.

- Am I thankful or the right I have? Do I sometimes take them for granted?
- Is there someone at school, or in my local or global community who is being left out or treated unfairly? How can I stand up for them?
- Do I only focus on what I want and need? Do I need to think more about what others need too?
- How can I use my voice to help someone who doesn't feel heard? What's one small thing I can do this week?

