

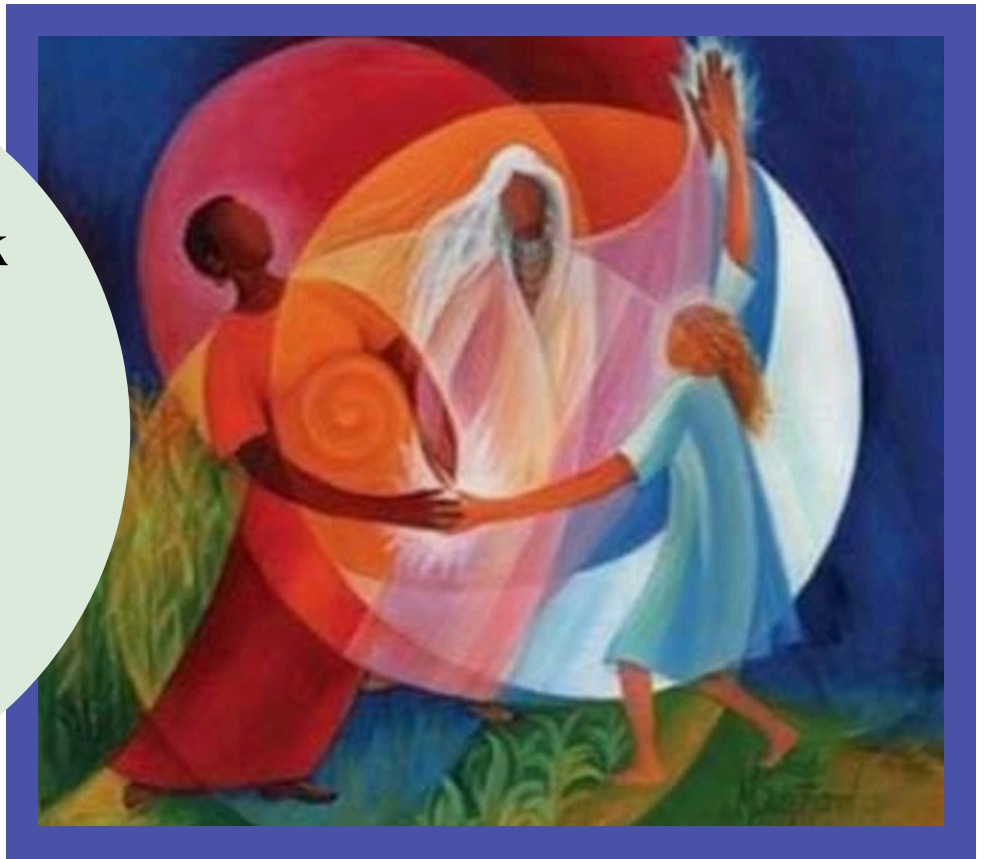
THE MOST HOLY TRINITY



Prayer for the Week

In the name of the Father,
and of the Son,
and of the Holy Spirit.
Amen.

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now and every shall be,
world without end.
Amen.



Word of the Week

Romans 5: 1-5

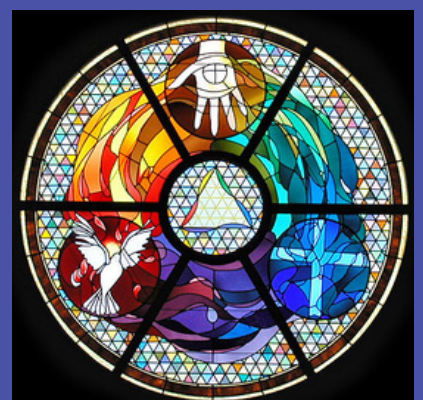
Now that we have been put right with God through faith, we have peace with God through our Lord Jesus Christ. He has brought us by faith into this experience of God's grace, in which we now live. And so we boast of the hope we have of sharing God's glory! We also boast of our troubles, because we know that trouble produces endurance, endurance brings

God's approval, and his approval creates hope. This hope does not disappoint us, for God has poured out his love into our hearts by means of the Holy Spirit, who is God's gift to us.

This coming Sunday the Church will celebrate the Solemnity of The Most Holy Trinity.

The doctrine of the Trinity is a mystery of the Church, meaning that we wouldn't know about it unless God had revealed it and that it takes great faith to believe, especially when it is difficult to fully understand.

Talk to the person next to you: can you together, think of something in the world that you believe in that is a bit of a mystery and maybe you don't know exactly how it works?





This week's Word of the Week helps us to understand more about the trinity and the amazing love of God.

God the Father: Creator and source of all life, who loves and provides for us.

God the Son (Jesus): Our Saviour, who showed us the depth of God's love and gave us a path to follow.

God the Holy Spirit: Our guide and comforter, who helps us understand and experience God's love and power in our daily lives.

All three persons of the trinity work together to give us the full understanding and experience of God.



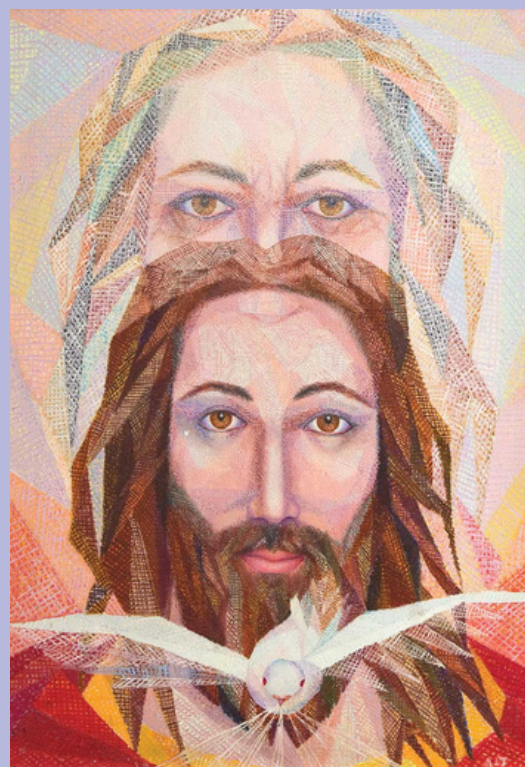
"And hope does not disappoint, because the love of God has been poured out into our hearts through the Holy Spirit." Romans 5:5

God is not distant. He is close, closer than we can imagine. In the Trinity, we see a mystery of perfect love: the Father who created us, the Son who saved us, and the Holy Spirit who loves in us now. St Paul, in his letter to the Romans, reminds us that even in suffering, we grow stronger in hope, not a vague hope, but a hope rooted in the deep, steady love of God. That love isn't earned; it's poured into our hearts.

In the Trinity, we see a family of love. And the amazing thing is this: we are invited in. We are not alone in our struggles or joys. God, the Father, Son and Holy Spirit, is with us, forming us, guiding and loving us through it all.

In this Jubilee Year of Hope let us be reminded with God there is always hope.

God, Father, Son and Holy Spirit, thank you for pouring Your love into my heart. Help me to trust You, especially when things are hard. Let my hope grow stronger, and let me share Your love with the world. Amen.



GOD THE FATHER IS THE PROTECTOR

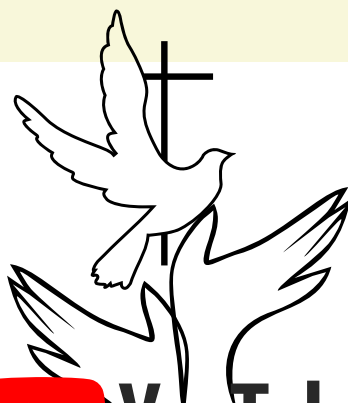
How would you like God the Father to protect you during this week?

GOD THE SON IS A FRIEND

In a moment of quiet in your own mind and in your own words, talk to Jesus about something, like you would a friend, ask him for advice about a situation maybe.

GOD THE HOLY SPIRIT IS A HELPER

What do you need help with this week? Take a moment to ask the Holy Spirit to help and resolve any problems or situations you are struggling with.



This I Believe (The Creed)

[LISTEN HERE](#)

The Trinity

[LISTEN HERE](#)