



'Growing together in the Spirit of Christ's Love'

RSHE (Ten:Ten)	Living in the Wider World	Health and Wellbeing Wellbeing	Living in the Wider World CIEAG (Careers)	Health and Wellbeing Health
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KEY STAGE 3

	Autumn 1&2 15 Weeks (8 7)	Spring 1 6 Weeks	Spring 2 6 Weeks	Summer 1 5 Weeks	Summer 2 7 Weeks
Year 7	<ol style="list-style-type: none"> Ice Breakers Who Am I? x2 Changing Bodies x2 Where We Come From x2 NSPCC – Changing Friendships Family and Friends What makes a good friend? Living in the Wider World x2 Cinema in Education - Session 1 Cinema in Education – Session 2 	<ol style="list-style-type: none"> Identifying and challenging Bullying #Imwithsam – disability awareness Spreading rumours NSPCC Hurtful behaviours My Life on Screen (Ten Ten) 	<ol style="list-style-type: none"> Healthy inside and out (Ten Ten – Self esteem) X2 Physical and mental wellbeing Unhelpful Thoughts Worry Social Media 	<ol style="list-style-type: none"> Exploring possibilities: dream jobs (unifrog) What is a career (unifrog) Using the Interests Profile (unifrog) Using the skills profile (Unifrog) Careers and the future (Unifrog) offline lesson <p>PC lessons in pink</p>	<ol style="list-style-type: none"> Diet and exercise Caffeine use Sleep Gaming Addictions Dental Health Sun Safety Catch up/ end of year quiz
Year 8	<ol style="list-style-type: none"> Created and Chosen Feelings x2 Before I Was Born x2 Sexual orientation and gender identity Pride (Votes for school) Introduction to Consent FGM – Votes for School Think Before You Share x2 NSPCC - Sexual harassment and harmful sexual behaviour 	<ol style="list-style-type: none"> What are British Values Appreciating Differences (Ten Ten) Tough Relationships (Ten Ten) Gender Stereotypes Wider World (Ten Ten) Prevent 	<ol style="list-style-type: none"> Causes of Cybercrime. Effects of Cybercrime Effects on sleep online use Online Grooming (V4S) Online stress and FOMO HPV 	<ol style="list-style-type: none"> Careers – Business Roles Careers – Business Roles Careers – Business Roles Careers – Business Roles Careers – Business Roles 	<ol style="list-style-type: none"> Vaping Underage drinking Cannabis thc vs cbd Nos and Ketamine Role play assessment Catch up/ end of year quiz

	10. Cinema in Education - Session 1 11. Cinema in Education - Session 2				
Year 9	1. The Search for Love 2. Love People, Use Things x2 3. In Control Of My Choices 4. Fertility & Contraception x2 5. Marriage 6. Understanding consent 7. Knowing My Rights and Responsibilities X2 8. FGM 9. Cinema in Education - Session 1 10. Cinema in Education - Session 2 11. Cinema in Education - Session 3 12. Catch up lesson/DIRT lesson/Blooket	1. Valuing Diversity 2. Understanding and Preventing Extremism 3. Radicalisation 4. Online Networks - Misogyny 5. Online Influencers and Online Harm (Votes for School) 6. Feelings about sharing indecent images	1. Decision making: choosing what to study at KS4 (Unifrog) 2. Taking control of your career journey (Unifrog offline) 3. Working and earning: managing your money (Unifrog offline) 4. What is the labour market and why is it important? (Unifrog offline) 5. What comes after school: the main learning pathways (unifrog) 6. What are my skills (Unifrog) Online lessons in pink	1. Introduction to Body Dysmorphia 2. Understanding Attitudes Towards Food 3. Recognizing Signs and Consequences of Disordered Eating 4. Building Positive Body Image and Healthy Relationships with Food 5. Catch up lesson/DIRT lesson/Blooket	1. Knife Crime V4S 2. Youth Criminal Records V4S 3. County Lines V4S 4. Gambling V4S 5. Drugs – ketamine, mdma, coke 6. Roleplay assessment 7. Catch up/ end of year quiz

PROGRAMMES OF STUDY:

RSHE, PSHE, Citizenship, Development Of Character, Wider Opportunities, British Values, Inclusion & Equality Of Opportunity, CIEAG (CAREERS), SMSC

KEY STAGE 4

	Autumn 1&2 15 Weeks (8 7)	Spring 1 6 Weeks	Spring 2 6 Weeks	Summer 1 5 Weeks	Summer 2 7 Weeks
Year 10	<ol style="list-style-type: none"> 1. Authentic Freedom 2. NSPCC - Communication and Readiness 3. Parenthood 4. Pregnancy and Abortion x2 5. Coercive Control (Year 11) 6. Reducing inappropriate behaviours (Alice Ruggles/stalkers) 7. Abuse X2 8. Solidarity x2 9. Cinema in Education - Session 1 10. Catch up lesson/DIRT lesson/Blooket 	<ol style="list-style-type: none"> 1. Diversity and Discrimination in the work place 2. Beliefs Values and Attitudes (Ten Ten) 3. Extremism 4. Jury Service 5. Online Networks 6. Social Attitudes to Sending Nudes 	<ol style="list-style-type: none"> 1. Self-Image (Ten Ten) 2. Health promotion and self-examination 3. Blood and organ donation 4. Addiction (Ten Ten) (Yr11) 5. Drug awareness 	<ol style="list-style-type: none"> 1. Work experience prep 2. Work experience prep 3. Work experience prep 4. ON WORK EXPERIENCE 5. Catch up lesson/DIRT lesson/Blooket/ Revision techniques <p>Online lessons in pink</p>	<ol style="list-style-type: none"> 1. Body Modifications – Tattoos and Piercings 2. Body Modifications– Cosmetic Surgery 3. Tackling Violence against women and girls 4. Online Influencers 5. Online Influencers 6. Catch up/ end of year quiz
Year 11	<ol style="list-style-type: none"> 1. Post 16 Choices, Choices (Unifrog) 2. Busting BTEC Myths (Unifrog) 3. Apprenticeships 4. Writing a Personal statement (Unifrog) 5. Personal Statements (Unifrog) 6. Mock Interview applications 7. Complete applications 8. College applications x2 9. Cv writing x2 10. Interview practice 11. Construct a Revision Timetable <p>Online lessons in pink</p>	<ol style="list-style-type: none"> 1. Take Home Pay 2. Budgeting 3. Savings 4. Investing 5. Insurance and Pensions 6. Catch up lesson 	<ol style="list-style-type: none"> 1. Birth Control (Ten Ten) 2. Pornography (Ten Ten) 3. Self-Worth (Ten:Ten) 4. STI's (Ten Ten) 5. Eating Disorders (Ten Ten) 6. Recognising and Managing stress and anxiety 	<div>EXAMS</div>	

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