

Half Term 1 Overview

Autumn Term 1: RSHE Year 11 – Careers					NB: Orange = Ten:Ten
	Year 7	Year 8	Year 9	Year 10	Year 11
Lesson 1	<u>Ice breakers</u> A selection of ice breaker games to allow pupils to get to know their set groups.	<u>Created and Chosen (50 minute lesson)</u> Pupils will learn what makes them scientifically unique.	<u>The Search for Love (50 minute lesson)</u> Pupils will learn that human love is a sign of the “greater love” of God, leading to an exploration of the Church teaching of sex as a gift from God.	<u>Authentic Freedom - Lesson may need to be split over 2 depending on discussion time</u> Pupils will learn about the objective reality of sex, and how this might impact people’s decisions around relationships, including their own hopes and wishes for the future.	<u>11 A1-4 Post 16 Choices, Choices (Unifrog)</u> Pupils will learn about the opportunities available to them post-16. This is a great time to ask students to record their intentions for the end of this academic year! Computer Room <u>11 A5-9 Busting BTEC Myths (Unifrog)</u> Pupils develop an understanding of BTEC subjects, the difference between BTECs and A-levels, and to tackle negative stereotypes.
Lesson 2	<u>Who Am I? (25 minute lesson with extensions)</u> Pupils will learn that they are completely unique persons, physically, mentally and emotionally	<u>Feelings (25 minute lesson with extensions)</u> Pupils will learn that an increase in hormone production during puberty leads to physical and psychological changes, including sexual attraction, and methods for managing the feelings involved with these.	<u>Love People, Use Things (25 minute lesson with extensions)</u> Pupils will learn about objectification: that when we love things, we tend to use people.	<u>NSPCC – Communication & Readiness</u> Pupils will learn how to communicate about intimacy in relationships and assess readiness for different ways of expressing intimacy.	<u>11 A1-4 Busting BTEC Myths (Unifrog)</u> Pupils develop an understanding of BTEC subjects, the difference between BTECs and A-levels, and to tackle negative stereotypes. <u>11 A5-9 Post 16 Choices, Choices (Unifrog)</u> Pupils will learn about the opportunities available to them post-16. This is a great

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Lesson 3	<u>Who Am I? (25 minute lesson with extensions)</u> Pupils will learn that they are a completely unique person, and that, body and soul, they are created and loved by God.	<u>Feelings (25 minute lesson with extensions)</u> Pupils will learn that an increase in hormone production during puberty leads to physical and psychological changes, including sexual attraction, and methods for managing the feelings involved with these.	<u>Love People, Use Things (25 minute lesson with extensions)</u> Pupils will learn about objectification, and consider the negative impact of casual sex, pornography and masturbation.	<u>Parenthood -Lesson may need to be split over 2 depending on discussion time</u> Pupils will learn about the 1959 Declaration of the Rights of the Child and how this impacts legal Parental Responsibility, as well as considering the emotional and practical commitment that being a parent entails.	<u>Apprenticeships</u> Pupils will learn about different types of apprenticeships available to them post-16.
Lesson 4	<u>Changing Bodies (25 minute lesson with extensions)</u> Pupils will learn that puberty involves physical, emotional and sexual development. This session covers the specific physical changes.	<u>Before I was Born (25 minute lesson with extensions)</u> Pupils will learn what happens during the different stages of pregnancy, the importance of pre-natal care and the emotional, real life impact of pregnancies carried to full term and otherwise.	<u>In Control of My Choices (50 minute lesson)</u> Pupils will recognise, clarify and, if necessary, challenge their values, attitudes and beliefs, and they will understand how these influence their choices.	<u>Pregnancy & Abortion</u> Pupils will learn about the stages of life in the womb, abortion methods and legality, and sex as so often being divorced from the possibility of parenthood.	<u>Personal Statement – SHE Arts Theatre</u>

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Lesson 5	<p><u>Changing Bodies (25 minute lesson with extensions)</u></p> <p>Pupils will learn that puberty involves physical, emotional and sexual development. Whilst this might feel daunting, they will learn that puberty is God's plan for them and He is with them throughout it all.</p>	<p><u>Before I was Born (25 minute lesson with extensions)</u></p> <p>Pupils will learn what happens during the different stages of pregnancy, the importance of pre-natal care and the emotional, real-life impact of pregnancies carried to full term and otherwise.</p>	<p><u>Fertility & Contraception (25 minute lesson with extensions)</u></p> <p>Pupils will learn about methods for managing conception and discuss how they uphold or contravene God's plan for sex</p>	<p><u>Pregnancy & Abortion Continued</u></p> <p>Pupils will learn about the stages of life in the womb, abortion methods and legality, and sex as so often being divorced from the possibility of parenthood.</p>	<p><u>Writing a personal statement - Plan</u></p> <p>Pupils will learn why they need to write a personal statement and how this will be used now and in the future. They will use a planning sheet to begin collating information for their Personal Statements</p> <p>These need to be completed at home and checked by teachers by 30/10/2023</p>
Lesson 6	<p><u>Where We Come From (25 minute lesson with extensions)</u></p> <p>Pupils will learn about sexual intercourse as more than just a physical act, but a gift from God for married couples as His plan for how babies are made.</p>	<p><u>Sexual Orientation and gender Identity</u></p> <p>Pupils will learn to understand and respect the spectrum of gender identities and sexual orientations.</p>	<p><u>Fertility & Contraception (25 minute lesson with extensions)</u></p> <p>Pupils will learn about methods for managing conception and discuss how they uphold or contravene God's plan for sex.</p>	<p><u>Coercive Control (50 minute lesson (Year 11))</u></p> <p>Pupils will be able to consider what is meant by coercive control and how this type of abusive relationship can develop. They will also be able to discuss issues such as rape, victim-blaming, sexism and misogyny.</p>	<p><u>Personal Statements (Unifrog)</u></p> <p>Pupils will be using the Writing tool on Unifrog to complete their personal statements. They will be completing these in their own time - these need to be completed at home and checked by teachers by 30/10/2024</p> <p>Computer Room</p>
Lesson 7	<p><u>Where We Come From (25 minute lesson with extensions)</u></p>	<p><u>Pride (Votes for School)</u></p> <p>Pupils will learn to describe the protest origins of pride and understand whether</p>	<p><u>Marriage (50 minute lesson)</u></p> <p>Pupils will discuss various types of committed relationships (e.g.</p>	<p><u>Reducing inappropriate behaviours – Alice Ruggles</u></p> <p>Pupils will recognise when romantic attention is unwanted or</p>	<p><u>Revision Techniques</u></p> <p>SPO</p>

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	Pupils will learn about sexual intercourse as more than just a physical act, but a gift from God for married couples as His plan for how babies are made	protesting remains in modern Pride awareness	civil partnerships, forced marriage, monogamy, etc)	unacceptable, including online and be able to explain how perpetrators and their peers can safely address potential perpetrator behaviours.	
Lesson 8	Revision Techniques SPO	Revision Techniques SPO	Revision Techniques SPO	Revision SPO	College Fair CTH TBC

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Autumn Term 2: RSHE					NB: Orange = Ten:Ten
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Lesson 9	NSPCC – Changing Friendships Pupils will learn how to manage changing friendships, including the benefits and challenges of making new friends.	Introduction to Consent Pupils will learn about common assumptions related to consent and how to challenge these.	One Hundred Percent (50 minute lesson) Pupils will learn about non-physical and online consent. They will learn that consent given under pressure or coercion is not true consent.	Abuse Pupils will learn about the four main types of abuse, how to look out for danger signs, resist pressure, access support and know that abuse is never the victim's fault.	Goal Setting Pupils will apply Dr Edwin Locke's Goal Setting Theory to create their own goals through an action plan
Lesson 10	Family and Friends (50 minute lesson) Pupils will learn about different types of friendship and family structure, and discuss how better to manage their behaviour	FGM – Votes for School To understand the risks and myths associated with female genital mutilation (FGM), To know its status as a criminal act and strategies to safely access support for	Knowing my Rights and Responsibilities (50 minute lesson) Pupils explore issues around physical consent and sexual exploitation. It also explores wider human rights and	Abuse Continued Pupils will learn about the four main types of abuse, how to look out for danger signs, resist pressure, access support and know that abuse is never the victim's fault.	11 A1-4 Collage Applications Pupils will learn about local colleges and the expectations to apply for a college place. Pupils will begin applying to collages today and complete applications at home.

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	through consideration of thoughts, feelings and actions	themselves or others who may be at risk, or who have already been subject to FGM.	responsibilities, and the tensions between human rights law and cultural/religious expectations.		<p>Computer Room</p> <p><u>11 A5-9 Interview Success – Barclays Life Skills</u></p> <p>Pupils will learn about the different types of activities they might encounter in an interview and practice answering questions with a partner.</p>
Lesson 11	<p><u>What Makes a Good Friend</u></p> <p>Pupils will understand the different roles that friends play, consider methods to resolve conflicts between friends, recognise when friends need support.</p>	<p><u>Think before you Share (25 minute lesson with extensions)</u></p> <p>Pupils will learn about the consequences of sharing images of a sexual nature, how to resist pressure to do this, and the importance of setting rules to keep themselves safe online.</p>	<p><u>FGM</u></p> <p>Pupils will learn what is meant by FGM, how to identify risks, myths and facts associated with FGM and describe how to safely access support for ourselves or others who may be at risk, or have already been subject to FGM.</p>	<p><u>Solidarity</u></p> <p>Pupils will learn with compassion about FGM, human trafficking, honour-based violence and about Pope Francis’ concept of ‘an integral ecology’. Pupils will learn that how acting on their beliefs, values and attitudes will influence the world around them, for good or bad.</p>	<p><u>11 A5-9 Collage Applications</u></p> <p>Pupils will learn about local colleges and the expectations to apply for a college place. Pupils will begin applying to collages today and complete applications at home.</p> <p>Computer Room</p> <p><u>11 A1-4 Interview Success – Barclays Life Skills</u></p> <p>Pupils will learn about the different types of activities they might encounter in an interview and practice answering questions with a partner.</p>

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Lesson 12	<p><u>Living responsibly (25 minute lesson with extensions)</u></p> <p>Pupils will learn the effects of their actions on others and understand the concept of social responsibility.</p>	<p><u>Think before you Share (25 minute lesson with extensions)</u></p> <p>Pupils will learn about the consequences of sharing images of a sexual nature, how to resist pressure to do this, and the importance of setting rules to keep themselves safe online.</p>	<p><u>Cinema in Education Session 1 – Love Honour Cherish</u></p> <p>This cinema-in-education session is based on the film Love, Honour, Cherish which is told in three parts.</p>	<p><u>Solidarity Continued</u></p> <p>Pupils will learn with compassion about FGM, human trafficking, honour-based violence and about Pope Francis’ concept of ‘an integral ecology’. Pupils will learn that how acting on their beliefs, values and attitudes will influence the world around them, for good or bad.</p>	<p><u>CV Writing – What is a CV</u></p> <p>Pupils will explore what a CV is and understand common mistakes when CV writing. They will begin planning their CV for next week</p>
Lesson 13	<p><u>Living responsibly (25 minute lesson with extensions)</u></p> <p>Pupils will learn the effects of their actions on others and understand the concept of social responsibility.</p>	<p><u>NSPCC - Sexual harassment and harmful sexual behaviour.</u></p> <p>Pupils will learn what sexual harassment and harmful sexual behaviours are and how they may affect someone and learn how concerns about seeking help can be managed.</p>	<p><u>Cinema in Education Session 2 – The Gift of Sex</u></p> <p>An opportunity for students to explore the themes and values of the drama within a real context and reflect more deeply on the desires of their own hearts.</p>	<p><u>Catchup any missed lessons</u></p> <p><u>Extension: Cinema in Education Session 2 – Responding to an unwanted pregnancy.</u></p> <p>Helps students to expand their knowledge of how to respond to an unexpected pregnancy and to deepen their understanding about the importance of protecting life before birth. The lesson should be used soon after the screening of the film, “Babies”.</p>	<p><u>11 A1-4 CV Writing – Unifrog</u></p> <p>Pupils will use Unifrog to write their CV using the CV writing tool</p> <p>Computer Room</p> <p><u>11 A5-9</u></p> <p>Coping with change – Unifrog offline lesson</p>
Lesson 14	<p><u>Cinema In Education Session 1: Facts of Life</u></p> <p>This cinema-in-education session is based on the film Facts of Life which is told in three part</p>	<p><u>Cinema In Education Session 1: The Trouble with Max</u></p> <p>This cinema-in-education session is based on the film</p>	<p><u>Cinema in Education Session 3 – The Gift of self</u></p> <p>This lesson takes the theme of “gift” which was explored in the film “Love, Honour, Cherish”, and gives the students the</p>	<p><u>Catchup any missed lessons</u></p> <p><u>Extension: Cinema in Education Session 2 – Responding to an unwanted pregnancy.</u></p>	<p><u>11 A5-9 CV Writing – Unifrog</u></p> <p>Pupils will use Unifrog to write their CV using the CV writing tool</p> <p>Computer Room</p>

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		The Trouble With Max which is told in two parts.	opportunity to reflect on this in a personal way.	Helps students to expand their knowledge of how to respond to an unexpected pregnancy and to deepen their understanding about the importance of protecting life before birth. The lesson should be used soon after the screening of the film, “Babies”.	<u>11 A1-4</u> Coping with change – Unifrog offline lesson
Lesson 15	Complete Assessment Sheet Go Back and complete any missed lessons <u>Extension:</u> Blooket quiz, poster or video	Complete Assessment Sheet Go Back and complete any missed lessons <u>Extension:</u> Blooket quiz, poster or video	Complete Assessment Sheet Go Back and complete any missed lessons <u>Extension:</u> Blooket quiz, poster or video	Assessment Complete assessment sheet and stick in book <u>Catchup any missed lessons</u> <u>Extension: Cinema in Education Session 3 – Safe Sex or Save Sex</u> This lesson explores one aspect of the story of “Babies” – the topic of “safe sex”. It helps students differentiate between facts and myths about “safe sex” and to understand some of the virtues of “saving sex”.	Complete Assessment Sheet Go Back and complete any missed lessons <u>Extension:</u> Blooket quiz, poster or video
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