



All Hallows

Catholic High School

Newsletter

January 2026

Dear Parents/Guardians,

Happy New Year to you all.

I hope you enjoyed the Christmas break and have settled back into the routines of January and school life.

You may have noticed that we have changed the way we communicate with parents and guardians through our newsletters. We now share a short weekly communication that highlights specific, timely actions which require attention. This will be complemented by a more detailed monthly newsletter, which will celebrate and inform parents about the day-to-day life of the school, as well as upcoming events. I hope parents and guardians will take time to read these publications, as they clearly demonstrate the excellent work taking place across the school and the many ways in which families can support their children and engage with school life.

Mock examinations took place last week, and many Year 11 pupils rose to the challenge by working hard and preparing thoroughly. When results are published, we hope this experience will have reinforced the importance of the final few months of school, enabling pupils to approach their external examinations with focus and determination so that they can achieve their full potential.

As you know, we are still celebrating our 50th Anniversary Year, with a number of events planned over the coming two terms. Our Anniversary Ball will take place on 21st February, and your support would be very much appreciated. Tickets are also now on sale for our 50th Anniversary Show, a magnificent production of Les Misérables. The pupils are well underway with rehearsals, and the show is highly anticipated.

As always, thank you for your continued support.

Yours faithfully,

Alison Cooper

Headteacher



Staff Vacancies

We are seeking dedicated and passionate individuals to join our team. Please click on the link below to view our current vacancies.

<https://www.allhallows.lancs.sch.uk/school/information/vacancies/>

Year 8 Retreat to Castlerigg Manor

Year 8 pupils John, Margaret and Vincent experienced a weekend retreat at Castlerigg Manor in the beautiful Lake District before Christmas. A group of 40 pupils and five staff made the journey up the motorway on Friday afternoon, arriving at the impressive manor house where they were warmly welcomed by the Castlerigg retreat team.

The theme of the retreat was 'The Wild Goose', an old name for the Holy Spirit. Pupils were invited to reflect on who the Holy Spirit is and how the Spirit can transform lives. They learnt about the Gifts and Fruits of the Spirit and explored how these can make a positive difference in their own lives. All activities throughout the weekend were based around this theme. On Friday evening, pupils took part in team-building activities, social time and night prayer. One of the highlights was a duck hunt, where pupils worked in teams to search the house for hidden plastic ducks, using cooperation and teamwork throughout the activity. Saturday was another packed day, beginning with morning prayer in the form of Lectio Divina, followed by small group sessions exploring the question, 'Who is the Holy Spirit?'. Fr Ian, from St Teresa's Parish, joined the group to celebrate Mass in the Castlerigg Chapel.

After lunch, pupils went on a walk up Castlehead, which provided stunning views over Derwent Water. The group then walked down to the lake for a whole-group photo, enjoyed stone skipping, and spent some time shopping in Keswick town centre. The evening concluded with a party night, including musical chairs and a fantastic karaoke session in which everyone took part. Night prayer followed, with many pupils choosing to remain in the chapel to enjoy the peace and silence, reflecting on their retreat experience in prayer.

Sunday focused on creative workshops, where pupils could choose to make prayer candles or prayer beads. This was followed by an affirmations activity and a session looking ahead to the next steps in Year 8's faith journey. Pupils learned about preparation for the Sacrament of Confirmation and how to get involved in the Faith in Action and SVP groups at school.

We left Castlerigg with many happy memories, and Year 8 pupils returned to school enthusiastically sharing their experiences with others. Many are already eager to sign up for the next retreat available to them – Savio House in Year 9.



"Growing together in the spirit of Christ's love"



All Hallows Catholic High School
Proudly Presents

Les Misérables

SCHOOL EDITION



Tuesday 24th - Friday 27th March 2026
Performances at 7.30pm in the Arts Theatre
Tickets £10

<https://www.trybooking.com/uk/FWUP>



Les Misérables School Edition
Performed entirely by students
A musical by ALAIN BOUBLIL and CLAUDE-MICHEL SCHONBERG
School edition specially adapted and licensed by JOSEF WEINBERGER LIMITED on behalf of
MUSICAL THEATRE INTERNATIONAL and CAMERON MACKINTOSH



ALL HALLOWS PRESENTS

Les Misérables

Tuesday 24th March
to Friday 27th March

All Hallows Catholic High School proudly presents Les Misérables School Edition, an inspiring production of one of the world's most loved musicals. Set in 19th-century France, Victor Hugo's timeless story follows Jean Valjean, a man seeking redemption after years of imprisonment, and his lifelong struggle for freedom as he is pursued by the unyielding Inspector Javert.

Their story weaves through the lives of the desperate and the hopeful, Fantine and her daughter Cosette, the idealistic Marius and a band of young revolutionaries standing up for justice on the barricades.

Featuring unforgettable songs such as "I Dreamed a Dream," "On My Own," "Bring Him Home," and "Do You Hear the People Sing?", this production showcases the passion, energy and talent of our senior students as they bring this powerful tale of love, loss and courage to the stage.

Experience a production filled with powerful performances and an unforgettable score that captures the heart and spirit of Les Misérables, reminding us all that even in the darkest times, compassion and hope can light the way.

Don't miss this unmissable production.

<https://www.trybooking.com/uk/FWUP>



Les Misérables
SCHOOL EDITION



"Growing together in the spirit of Christ's love"

PERSONAL DEVELOPMENT



Half Term 4 23rd Feb – 2nd April



WHAT WE'RE LEARNING SPRING TERM

Overview

PD is a vital part of our curriculum that supports students' wellbeing, character and future aspirations. This term Year 9 students will explore careers, Year 8 will focus on online safety and Years 7, 10 and 11 will develop an understanding on physical and mental wellbeing.

Year 8

Students will learn about what cybercrime is and why it happens. They will learn how online use can impact sleep, how to stay safe from online grooming and how to manage online stress and fear of missing out. They will also learn basic, age-appropriate information about HPV.

Year 10

Students will learn about self-image and how to feel positive and confident about themselves. They will learn how to look after their health through self-examination and understand the importance of blood and organ donation.

Year 7

Students will learn how to feel healthy inside and out, build confidence, understand their thoughts and feelings, and look after their physical and mental wellbeing. They will learn ways to manage worry and how to use social media safely and positively.

Year 9

Students will learn how to make informed decisions about what to study at KS4, understand their skills and strengths, and take control of their future career journey.

Year 11

Students will learn about birth control and sexually transmitted infections in an age appropriate way, understand the impact of pornography and develop a strong sense of self-worth.



LESSON TITLES

Year 7

- Healthy inside and out*
- Unhelpful Thoughts
- Physical and mental wellbeing
- Worry
- Social Media

Year 8

- Causes of Cybercrime.
- Effects of Cybercrime
- Effects on sleep online use
- Online Grooming
- Online stress and FOMO
- HPV

Year 9: Delivered using Unifrog

- Decision making
- Taking control of your career journey
- Working and earning
- What is the labour market?
- What comes after school
- What are my skills

Year 10

- Self Image*
- Health promotion and self-examination
- Blood and organ donation
- Addiction*

Year 11

- Birth Control*
- Pornography*
- Self-Worth*
- STI's*
- Eating Disorders*
- Managing stress and anxiety

*Lessons taught using TenTen

GUIDANCE FOR PARENTS & GUARDIANS



Helpful Websites

Childnet - Online Safety

<https://www.nspcc.org.uk/keeping-children-safe/>

YoungMinds - Children's Mental Health

<https://www.thinkuknow.co.uk/parents/>

Anna Freud Family Wellbeing

<https://www.1decision.co.uk/resources/parent-carer-zone>

Unifrog -

<https://www.unifrog.org/parent>

NHS Sexual Health

<https://www.yoursexualhealthmatters.org.uk/sexual-health-and-wellbeing/advice-parents-and-carers>

Questions to ask

How do you feel about yourself and the things you're good at?

How do you know if a website, video, or social media post is safe or trustworthy?

What careers or jobs sound interesting to you?

What helps you feel calm when you're anxious or upset?

DON'T MISS THIS!

FEBRUARY

Year 9 DTP/ACWY Immunisations

MARCH

Healthy Lifestyle Week

TENTEN

Access TenTen Parent Portal:

You can access the parent portal to view the RSHE TenTen lessons for each year using the log in details below:

Username: all-hallows-pr1
Password: fruit-cake

Year 10 Students Impress at South Ribble Rotary 'Youth Speaks' Competition

Our talented Year 10 public speaking team did All Hallows proud at this year's South Ribble Rotary Club Youth Speaks competition. Representing the school were Sophia R (Proposer), Theo L (Main Speaker), and Ruby Mc (Vote of Thanks). Although the team narrowly missed out on a podium place, they delivered a polished, confident and engaging performance that stood shoulder-to-shoulder with the very best on the night.

Sophia opened the presentation with a clear, poised and compelling introduction that set the tone beautifully. Her calm stage presence and ability to draw the audience in were noted by several members of the judging panel. The judges were particularly impressed by Theo's thought-provoking speech on Artificial Intelligence, exploring the dangers of fabricated evidence and the growing challenge of distinguishing fact from fiction. His delivery was assured and articulate, demonstrating maturity well beyond his years. However, a special congratulations goes to Ruby, who won the individual award for Best Vote of Thanks. Her warm, polished and genuinely appreciative closing remarks earned well-deserved recognition and rounded off the team's presentation with real flair.



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AI-prentice Day:

year 9 girls Explore Technology and Creativity

A group of 12 Year 9 girls recently took part in an exciting AI-prentice Day, designed to introduce them to artificial intelligence, creativity, and real-world problem solving. The experience gave students an early opportunity to explore how technology can be used to tackle meaningful global challenges.

The day began with students exploring the UN Global Goals, choosing issues they felt passionate about, from sustainability to wellbeing. Inspired by these challenges, they developed innovative ideas for AI-powered apps and products, sketching out their first designs and learning how technology can make a real difference.

Later, students experimented with AI prototyping tools, discovering how designers quickly turn ideas into working concepts. In the afternoon, they refined their projects and confidently pitched them to a judging panel, building valuable skills in teamwork, creativity, and communication. One of our two teams was selected as the overall winner for their tailored learning app designed to support students by personalising learning to individual needs; with judges praising the creativity, clarity, and impact of their idea.

The day ended with reflection on what they had learned, leaving students inspired, empowered, and excited about future pathways in technology and innovation.



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A Well-Deserved Celebration for Year 11

On the final day of the winter term, our Year 11 pupils took part in a Santa dash and Christmas games to celebrate the end of an excellent start to their final year in high school. Pupils joined in a 'cha cha slide' warm up routine led by chief choreographer, Mr Bignell before running laps of the school yard and competing form v form in some indoor games. The fierce competition and rivalry between the form groups was palpable, but Mr Walker's 11 Vincent reigned supreme and were elated to be crowned the winners.

Following the Christmas games, all pupils were treated to a hot chocolate and a biscuit in the Year 11 Centre, accompanied by some festive – and not so festive – tunes. The helpers who prepared and served the refreshments were invaluable, so a huge thanks goes to all the form tutors and pupils who ensured the hot chocolate was flowing.

All pupils received a Santa hat and medal of participation; and many graced us with a smile. One pupil even said, "This is the best day I have ever had in school." Pupils were fully deserving of a bit of downtime ahead of the mock exams they returned to in January.

Thank you to all the Year 11 team for making the event a success.



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Strong Performance from Year 7 Rugby at Lancashire Festival



The Year 7 rugby team were in action on Monday 19th January as they travelled to Preston Grasshoppers to compete in the U12s Lancashire Rugby Festival.

All Hallows were drawn in a challenging group alongside Cowley, Unity and Scarisbrick. Two tough, physical matches against Cowley and Unity saw the team grow in confidence and intensity with each game. A strong focus on ruck speed and positive ball carrying paid dividends in the final group match, where the boys overcame Scarisbrick by two scores to one to secure an excellent victory.

A special thank you goes to Redline for their generous sponsorship of the new team kits – the boys certainly looked the part and represented the school with pride.

Table Tennis Success in the South Ribble District Competition



Well done to our U14 and U16 Table Tennis teams, who both represented the school superbly in the South Ribble District competition this month. The boys delivered some excellent performances throughout the event, demonstrating great skill, teamwork and sportsmanship. The U14 team finished second overall, while the U16 team achieved an outstanding result, finishing first overall. A fantastic achievement by all involved – congratulations to the players and staff for their hard work and commitment.

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Under 13 Sisters in Sport Reach National Cup Semi-Finals

Our Under 13 Sisters in Sport team enjoyed a highly successful day trip to Birmingham as they competed in the National Cup quarter-final against King Edward VI Girls' High School.

The girls delivered an outstanding performance from start to finish, showing determination, teamwork and resilience throughout the match. A strong first half saw the team take a commanding 15-3 lead at half-time, which they built on confidently in the second half to secure an impressive 32-11 victory.

Defensive performances were a particular highlight, with Alicia named Opposition Player of the Match and Issy awarded Coaches' Player of the Match for their excellent contributions at the back. Their efforts played a key role in maintaining pressure on the opposition and ensuring a deserved win.

The seven-hour round trip was well worth it, as the girls' commitment and hard work paid off with a place in the National Cup semi-finals. Congratulations to the whole squad on a fantastic achievement — we wish them the very best of luck in the next stage of the competition.



Year 7 Girls' Football: First Fixture of 2026



The Year 7 girls' football team kicked off 2026 with an away match against Lostock Hall in the South Ribble League.

The game ended in a 0-0 draw, but the team showed clear improvement from their previous fixture. The girls worked well together, creating several good chances and maintaining around 70% possession throughout the match.

It was an excellent performance and a very positive start to the year. Well done to all the players — a great game played with skill, focus and teamwork!

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Celebrate Our 50th Anniversary with Us

We warmly invite you to give thanks and celebrate our 50th Anniversary. This is a special milestone for our school, and we would be delighted for you to join us in marking this occasion.

Please consider giving generously. Donations will go towards extending the chapel and supporting future projects, helping to sustain the legacy of our school for generations to come.

We also encourage you to follow our social media pages and visit the 50th Anniversary page on our website to keep up with all the celebrations, photos, and highlights from this special year. Your engagement helps us share our achievements and the wonderful memories of the school community.

Thank you for your continued support – together, we celebrate the past, present, and future of our school!

. **Instagram:** **allhallowsis50**

. **Twitter:** **AllHallowsis50**

. **Facebook:** **AllHallowsis50**

<https://www.allhallows.lancs.sch.uk/about/50th-anniversary/>



"Growing together in the spirit of Christ's love"

All Hallows



Anniversary Ball

THIS YEAR MARKS A VERY SPECIAL MILESTONE – 50 YEARS OF FAITH, LEARNING AND COMMUNITY AT ALL HALLOWS. WE WARMLY INVITE PAST AND PRESENT STAFF, PUPILS, FAMILIES AND FRIENDS TO JOIN US FOR AN UNFORGETTABLE EVENING OF CELEBRATION, REFLECTION AND FUN AT OUR 50TH ANNIVERSARY BALL.

TICKETS: £49 PER PERSON

INCLUDES:

- WELCOME DRINK
 - THREE-COURSE MEAL
 - EVENING ENTERTAINMENT
- 7.00PM – DRINKS RECEPTION
APPROX. 7.30PM – DINNER SERVED
CARRIAGES AT 1.00AM



<https://www.trybooking.com/uk/FROQ>

FEBRUARY

SATURDAY

21

7.00 pm

Preston North End Football Club
Sir Tom Finney Way, Preston, PR1
6RU



Uniform Pop-Up Shop



This year, students at All Hallows, alongside Faith in Action, have decided to launch the Uniform Pop-Up Shop. This initiative will provide an opportunity for old uniforms to find a new home as part of our recycling efforts. This project contributes towards the Live Simply Award here at school, and we hope that through this, we can gain a greater understanding of our impact on the environment. For further details or to contribute, please contact us at: preloved@allhallows.lancs.sch.uk.



Suggested Donations

Blazers £5, P.E. Jackets £5, P.E. T-Shirts £2, P.E. Shorts/ Skorts £2

P.E. Trousers/Leggings £3, Jumpers £2, Skirts £3

All other items £1



PROM 2026

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Say **YES** to the prom dress



Our prom dress pop-up shop is back.

Featuring quality pre-loved dresses in a range of styles and sizes. We've got price points to suit every pocket and no appointment needed. Pop along and try on all of your favourites. Say yes to the dress and support your local hospice.

**The Garden Room,
St Catherine's Hospice
PR5 5XU**

**Saturday 31st January
Sunday 1st February 2026
10 am to 4 pm**

For further details, call our team on **01772 695299**

St Catherine's Hospice

POWAR Programme; January to March 2026



POWAR is the youth voice forum for young people with SEND, aged 11-25, in Lancashire. POWAR provides a space for young people to explore issues related to them and to challenge and advocate on the services they receive.

We are here to make changes across Lancashire - to improve services for young people with SEND and to have fun!

Where, when, and what time

POWAR East: Burnley Central Family Hub and the Zone,
Whittam Street, Burnley, BB11 1LW.
Tuesdays
20th January,
3rd February, 17th February
3rd March, 17th March, 31st March

From: 18:00 - 20:00

POWAR Central: Ribbleson Family Hub,
Ribbleson Hall Drive, Preston, PR2 6EE.
Thursday
Weekly from 8th January onwards
From: 18:00 - 20:00

POWAR North: Whitecross Neighbourhood Centre (Mill 14),
Quarry Road, Lancaster, LA1 3SE.
Friday
16th January, 30th January,
13th February, 27th February,
13th March, 27th March
From: 18:00 - 20:00

Contact Us
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