



All Hallows

Catholic High School

Newsletter

March 2026

Dear Parents/Guardians,

As we approach the final week of term and look ahead to the joy of Easter, we are reminded of a message of hope, renewal and new beginnings. The Easter story encourages us to reflect on resilience, compassion and the strength found in community—values that we see lived out each day in our school.

This spirit has been beautifully embodied in the recent production of *Les Misérables*, which has truly been a highlight of the year. With almost 100 of our pupils involved, the dedication, talent and teamwork on display were nothing short of extraordinary. The performances were powerful and moving, and the photographs included in this newsletter capture just a glimpse of what was an unforgettable experience for all involved.

I would like to extend my sincere thanks to Mrs Colclough and Miss Johnston, whose passion, expertise and commitment have been instrumental in bringing this production to life. They have been supported by many other members of staff who have given their time and energy so generously. We are also incredibly grateful to the audiences and parents who supported the performances and encouraged their children throughout the process—your support makes all the difference.

Alongside the success in the arts, there has been a tremendous amount of sporting activity taking place. Our pupils continue to represent the school with pride and determination across a wide range of events. In particular, our Year 11 students have been completing their GCSE Physical Education practical moderation, demonstrating their skills, perseverance and commitment after months of preparation. We wish them every success as they move towards the final stages of their assessments.

This newsletter is also filled with a wealth of useful information to support families, and I encourage you to take the time to read through it carefully.

Finally, we send our very best wishes to the pupils who are about to embark on their exciting trips to the USA, including Florida and New York. We hope you have an incredible experience, create lasting memories and return with stories to share.

As we move into the Easter break, I wish you all a peaceful and restful time with your families. May it be filled with joy, reflection and renewal.

Yours faithfully,

Alison Cooper

Headteacher



HEADTEACHER'S COMMENDATION AWARD

Congratulations to the following pupils who were selected to attend the Headteacher's Commendation Award Brunch in recognition of their outstanding efforts in Art:

Shatzi Marques
Oliver Darwen

Constance Woosey
Lily Barnett

Poppy Swarbrick
Joe Penny

Pheobe Kolacz
Elarra Abela

Eleanor Ames
Kamile Matutyte

Well done to all students for their hard work and commitment.

Staff Vacancies

We are seeking dedicated and passionate individuals to join our team. Please click on the link below to view our current vacancies.
<https://www.allhallows.lancs.sch.uk/school/information/vacancies>
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"Growing together in the spirit of Christ's love"

Reconciliation Week



During Lent pupils have had the chance to receive the Sacrament of Reconciliation. Fr Ian from St Teresa's, Fr Michael from St Oswald's and Fr John from Tarleton came into school to hear pupils' confessions and offer them forgiveness. Each year group began their Reconciliation Day with an assembly based around the theme of forgiveness. They were then led through an examination of conscience, thinking about times when they had not been the best version of themselves. This prepared pupils for what they wanted to say or confess to the priest. During the week over 300 pupils from different year groups took the opportunity to receive the Sacrament.

CAFOD Big Lent Walk

Many forms at All Hallows have been actively contributing to the CAFOD Big Lent Walk appeal by walking kilometres around the school yards during form time. It has been wonderful to see pupils of all ages embracing the challenge with enthusiasm, determination and a real sense of community spirit.

This annual event encourages pupils to raise money for CAFOD by being sponsored for every kilometre they walk. Each step brings the school closer to its ambitious 200km target and helps make a tangible difference to communities around the world who face poverty, hunger and hardship. The event also provides a great opportunity to develop healthy habits, teamwork and resilience while enjoying some fresh air and exercise.

Pupils are not limited to participating during school hours. Many are taking the initiative to continue walking at home or in their local area, further contributing to their sponsorship total. Family members and friends are also able to support the cause by making donations online, helping pupils see the real impact of their efforts. Donations can be made via the All Hallows CAFOD Big Lent Walk page: <https://schools.walk.cafod.org.uk/fundraising/all-hallows-catholic-high-school2026>. The commitment shown by our pupils has been truly inspiring, and it is fantastic to witness so many young people coming together for such a meaningful cause. Well done to everyone involved so far—let's keep up the momentum as we walk our way towards the 200km target and make a difference for those who need it most!



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Savio House – Year 9 P Band



In March, 38 Year 9 pupils attended the rearranged half-week retreat to Savio House Salesian Retreat Centre in the beautiful Cheshire countryside. The original retreat was postponed due to water issues at the retreat centre, but it was great to see everyone sign up for the rearranged date. The retreat took place from Wednesday to Friday. The sign at the entrance to the Savio House grounds reads 'Savio House – a place to be', and it certainly was, giving pupils the chance to explore their faith, personalities and relationships.

The Savio House retreat team gave us a great welcome and led lots of icebreaker, trust and team-building games. Pupils had lots of free time to explore the well-resourced games room, as well playing football on the 4G pitch. Other sessions included small group activities, where smaller numbers of pupils were led by their retreat leader in discussions about the theme of the retreat 'water'. After a great lunch, we went on a walk through the countryside up to the popular viewing point 'White Nancy' which gives great views of the surrounding area, looking over the village of Bollington and beyond. The weather was brilliant and we could see for miles, over in the direction of Manchester and beyond! There were some great photos taken at the top. The main activity after the walk centred on 'well drawing', including a reflection on different areas of life, for example, school, family, faith and God. Pupils reflected on the positive and challenging aspects of each of these parts of life. After dinner, it was time to complete our journals for the day, reflecting on what we had achieved and learnt during the day. Then the traditional Salesian goodnight, involving prayer, personal witness and a blessing was led by a member of the retreat team.

The second day gave pupils the opportunity to receive the Sacrament of Reconciliation from Fr Joe in the lovely Chapel. The focus was on throwing away our sins and starting afresh. Pupils then got the chance to plan different parts of the Mass which would take place in the evening. They produced a Gospel role play, liturgical dance, bidding prayers through artwork and lots of music. It was a great celebration of the Eucharist involving all of the young people and staff!

The final day arrived and left us with chance to affirm each other, by writing something nice in each other's journals. A final liturgy led by the Savio House team left pupils and staff sad to leave. It proved to be a great Catholic retreat experience for all concerned, with many pupils asking to go back in the future!

Catholic Young Leaders Retreat – Year 11 Savio House

Three of our Year 11 pupils, Amy B, Emily F and Ed C, attended a Catholic Young Leaders retreat weekend at Savio House in Bollington. The Agents of Change: Youth Leadership for Peace and Justice programme is a youth leadership programme for young people aged 15–17 (Year 11–12), designed to develop skills in peacebuilding, social justice, and advocacy. Through workshops, mentoring, and a residential experience, participants gain confidence, learn to lead positive change in their communities, and have opportunities to share their voices with Church and civic leaders and other community stakeholders. The residential weekend was the highlight of the programme, with our Y11's participating in workshops led by leaders and activists from a number of different Catholic Charities and networks, time for prayer and reflection, social activities, and Mass on Sunday. Our three Y11 pupils have been attending online meetings and Catholic leadership mentoring sessions throughout the year, which has been great to see, particularly in their GCSE year!



"Growing together in the spirit of Christ's love"



All Hallows Catholic High School has proudly celebrated its 50th Anniversary with a truly outstanding production of *Les Misérables*. This ambitious and powerful musical has been a highlight of our anniversary year, and as we reach the final performance tonight, it marks a very special moment for our school community. Having been performed successfully at All Hallows on two previous occasions, it has been wonderful to bring this iconic production back once again. This latest staging has showcased the incredible talent, commitment and teamwork of our pupils. From those performing on stage to those working behind the scenes, pupils have demonstrated exceptional dedication throughout the rehearsal process, contributing to one of our most technically ambitious productions to date.

A special thank you goes to Mrs Colclough and the Performing Arts team for their vision, passion and tireless efforts in bringing this production to life once again. Their commitment continues to provide our pupils with invaluable opportunities to grow in confidence, creativity and skill. To all our pupils involved — you have done us proud.







WORLD BOOK DAY 2026

This month, our school once again celebrated World Book Day, and it proved to be a wonderful success. Staff and pupils embraced the occasion with an impressive range of creative costumes, bringing colour and excitement to the day and showcasing our community's enthusiasm for reading.

We also launched our annual Readathon with Key Stage 3, encouraging students to enjoy their favourite books while raising money for a good cause. Alongside this, our All Hallows Book Bake Sale was a huge hit, with pupils producing brilliant book-themed cakes that were quickly snapped up at break time.

A big thank you to Miss Poston and the English Department for organising such an enjoyable and inspiring event. Their hard work helped make World Book Day a memorable celebration of reading and creativity across the school.



A *Fantastic Celebration of Reading*



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Celebrating Year 10 Success at the MEGA Event



The Year 10 MEGA Event at Runshaw College was a highly engaging and inspiring experience that gave pupils valuable insight into the world of digital and technology careers. The day combined interactive workshops with team-based challenges that encouraged creativity, problem-solving, and collaboration.

Pupils took part in a range of hands-on activities focused on areas such as artificial intelligence, digital design, and real-world problem solving. These sessions helped to develop key transferable skills including communication, organisation, and teamwork, while also introducing students to emerging technologies and industry practices.

One of the strongest aspects of the event was its focus on applying learning in a practical context. Pupils worked in teams to tackle challenges and present ideas, which built confidence and allowed them to experience how digital professionals operate in real-world scenarios. The competitive element, including scoring and final presentations, helped maintain high levels of engagement throughout the day.

A particular highlight was the success of our own Year 10's, with one of the All Hallows teams being named overall winners of the event. This was a fantastic achievement and reflected the pupils' creativity, teamwork, and ability to apply their skills effectively under pressure.



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All Hallows win at VEX IQ Robotics National Championships

Over Sunday 1st March and Monday 2nd March, one of our All Hallows VEX IQ robotics teams travelled to Telford to compete in the VEX IQ National Championships—two full days of intense competition, long hours, and high-pressure performance against the very best teams in the country.

Our qualifying team, GORLOCK, made up of Matthew C, Oliver B, Henry B, Edward W, Tom D, John D and Jack M, were one of only a handful of non-London-based teams to reach this prestigious event, which featured the top 60 robotics teams and clubs in the UK. Impressively, the only other teams representing the North West in the Middle School category were from Holy Cross in Liverpool and Chorley Cadets, highlighting just how significant this achievement was.

Throughout the competition, Team GORLOCK demonstrated exceptional skill, determination, and teamwork. They particularly stood out to judges through the quality of their engineering notebook and the sophistication of their robot coding, confidently explaining their design decisions during a series of rigorous interviews.

Their hard work paid off, as they were awarded the Innovate Prize, recognising excellence in programming and coding. This is a remarkable achievement at national level and reflects countless hours of dedication, problem-solving, and refinement.

Competing at such a high-profile event against the very best in the country, our All Hallows team did themselves proud. Winning a national coding award places them firmly amongst the top secondary school coders in the UK—an incredible accomplishment and one we are immensely proud of.

Special mention also to Joe F, who volunteered as a tournament referee at the event after completing hours and hours worth of training to become a qualified VEXIQ referee.

Now that the season is over we would like to say a huge thank you to our robot sponsors for the 25/26 season without whom our robotics teams would not have been able to afford to compete in such a fantastic competition. Our 5 robots were sponsored by All Hallows PTFA, Thomas Hardy Commercials, Rainford Innovation Reliefs, Robert Manning and Cardinal Newman College. THANK YOU ALL!

If anyone is interested in sponsoring one of our All Hallows robots next season, please get in touch at djo@allhallows.lancs.sch.uk. Your sponsorship makes a huge positive difference to our teams allowing them to compete across the region and the country by covering entry fees and providing replacement parts for their robots.



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Success at the Preston Rotary STEM Challenge

A group of our talented students recently took part in the Preston Rotary STEM Challenge, held at Preston's College. This exciting event brought together teams of four students from both KS3 and KS4 to tackle a demanding, hands-on engineering challenge designed to test their creativity, resilience and teamwork.

The competition presented a particularly tough brief: to design and build an autonomous vehicle capable of clearing debris from a section of guttering or drainpipe. This required students to engage in high-level problem solving and continuous iteration, applying a range of technical skills including electronics, woodworking, prototyping, and engineering notebooking. Throughout the day, teams were encouraged to refine, test, and improve their ideas—mirroring real-world engineering practice. Our KS3 team, made up of Daisy C, Selasie N, Matthew H and Olivia DS, worked exceptionally well together and developed an elegant and creative design solution. Despite performing strongly throughout the build process, they were unfortunate to experience a failure during the final testing stage. However, their teamwork, perseverance, and innovative thinking were outstanding and a real credit to the school.

Our KS4 team—Sam B, Jack M, Claudia M and Emilia V—delivered an exceptional performance and were deservedly crowned KS4 champions, taking home the overall trophy. Their solution impressed judges with its effectiveness and technical quality, particularly their ability to demonstrate both forward and reverse movement during the final testing phase.

The day was a fantastic celebration of iterative design, where students learned just as much from setbacks as they did from successes. Experiences like this are invaluable in developing resilience, creativity and real-world engineering skills.

Congratulations to our KS4 team for their brilliant victory against 11 other Preston-based schools, and well done to all students involved for representing All Hallows with such enthusiasm and professionalism.



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Pupils Shine on Stage at His Majesty's Theatre

A huge well done to Harry B, Lola F and Halle R, who all appeared on stage at His Majesty's Theatre on Sunday 1st March, performing Across The Line with PQA Chorley. This is a wonderful achievement for all three pupils, and they should be incredibly proud of themselves. Performing on stage in such a well-known theatre is a fantastic accomplishment. Congratulations to Harry, Lola and Halle on this brilliant achievement!



Air Experience Flying for April

April H recently visited RAF Leeming with 92 Chorley Squadron ATC to take part in an Air Experience Flying (AEF) training day. As part of the experience, April had the opportunity to fly in a military aircraft, gaining valuable first-hand insight into aviation and the skills required for flying. Pictured here is April just before take-off, ready for her flight. This was a fantastic opportunity and a memorable experience for April. Well done, April!



Lancashire Pupils Compete at English Schools' Cross Country Championships

Well done to all our pupils who were selected to represent Lancashire and competed in the English Schools' Athletic Association Cross Country Championships 2026 at Sefton Park on Saturday 14th March. Being chosen to compete at this level is a fantastic achievement and reflects the pupils' dedication, hard work, and commitment to their sport.

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James C Crowned U17 Champion in France



Congratulations to James C in Year 11 for his continued success in BMX racing. James recently travelled to France to compete in a highly competitive event, where he demonstrated exceptional skill, determination and focus throughout. Competing in the Under 17s category, James was racing a year above his age group, making his achievement all the more impressive. Despite this added challenge, he rose to the occasion brilliantly and secured an outstanding first-place finish. Even more remarkably, James was the youngest competitor among approximately 250 participants, highlighting not only his talent but also his confidence and resilience when competing against older and more experienced riders. James' dedication to his sport and his commitment to training are clearly reflected in this fantastic result. He continues to represent the school with pride, and we are delighted to celebrate his success. Well done, James, and we wish you every success in your future competitions!

Celebrating Zuzanna's Success in Manchester



Zuzanna recently took part in the semi-final of a Polish language competition held in Manchester this month. An impressive aspect of her achievement is that just one year ago she was competing in the "old group", and now, at only 11 years old, she has successfully competed against students as old as 15 and 16. Zuzanna performed exceptionally well and finished in 2nd place, which is a remarkable accomplishment. As a result, she has qualified for the National Final, which will take place in June at the Consulate of the Republic of Poland in London. This is a fantastic achievement, and we are very proud of her success. We wish Zuzanna the very best of luck in the final!



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Year 10 Netball Team Crowned South Ribble District Champions

Congratulations to the Year 10 Netball team, who were unbeaten throughout the district netball tournament and have been deservedly crowned South Ribble District Champions for both the league and tournament this year. This outstanding achievement reflects the team's consistency, commitment and high level of performance across the entire season. The girls have demonstrated exceptional teamwork, resilience and skill in every match, supporting one another on and off the court and representing the school with pride. Their ability to remain focused under pressure and maintain such a high standard of play has been a key factor in their success.

A special mention goes to Annabel and Darcie, who were awarded "Player of the Match" for their excellent shooting and composure in front of goal. Their contribution played a vital role in securing important victories for the team. This has been a fantastic season for the Year 10 squad, and their achievement is thoroughly deserved. Well done to all the girls for their hard work, commitment and brilliant performances throughout the year.



Farewell to the year 11 girls' Netball Team



And that's a wrap on an era for the Year 11 girls' netball team at All Hallows! These eight girls have been a team since Year 7, sharing some truly special moments both on and off the court. Over the years, they have shown remarkable dedication, resilience, and teamwork, representing the school with pride in every match. To go five years without losing a single game is an incredible achievement, one that speaks volumes about their skill, commitment, and the bond they share as a team. It feels like just yesterday we were cheering them on as Year 7s—which is both wonderful and, admittedly, a little scary! Beyond the wins, what has made this team so special is the joy they bring to the game. Every match has been filled with laughter, encouragement, and a sense of camaraderie that has made playing netball such a pleasure for everyone involved. Their positive attitude, sportsmanship, and love for the game have set a brilliant example for younger pupils.

We hope they continue to play and enjoy sport in the same way, carrying forward the passion and teamwork that has defined their time at All Hallows. Thank you to each of the girls for their commitment, dedication, and for leaving such an inspiring legacy for future teams. You will be missed, and we wish you every success in the next chapter!

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U13 Girls Secure Outstanding Second Place Nationally



Our U13 girls' team delivered an incredible performance in the National Sisters in Sport competition, narrowly missing out on the title in a thrilling final against Hodgson. In what was an incredibly fast-paced and high-standard game, the girls fought valiantly and only lost by a few points. With just 30 more seconds on the clock, we are confident they would have levelled the score—such was their determination and skill.

The team's journey to the final has been nothing short of remarkable. They defeated Fitzwimarc School in a hard-fought semi-final, demonstrating precision, teamwork, and sheer grit. Their second-place finish in a national competition is a testament to the exceptional standard of sporting talent at All Hallows and is something the school community can be immensely proud of. Special recognition goes to Emily and Jasmine, who were awarded "Player of the Match" for their outstanding shooting under intense pressure and clever movement off the ball, and to Alicia M, who received the "Player of the Performance" award for her solid defending throughout the tournament. The team's collective effort, skill and resilience were truly outstanding—they deserved every accolade.

Beyond the competition, the girls enjoyed a memorable day at Loughborough, touring the world-class sports facilities and reflecting on their achievement over dinner at Nando's. Their camaraderie, commitment, and joy for the sport shone throughout, and there is no doubt they will return next year determined to claim the title.

A huge thank you to Mrs Ames for organising the trip hoodies, supporting the team throughout the day, and acting as the official scorer for both matches, as well as to Mrs Preston for driving to and from Loughborough in one day. Your support helped make this an unforgettable experience for the girls.

Well done to the team—your hard work, talent, and spirit have made the entire All Hallows community proud!



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Year 7 Netball Success

Well done to all the Year 7 girls who took part in the South Ribble District Netball Tournament on Monday evening. A total of 11 teams from across the district competed, making it a fantastic evening of high-quality netball.

The A team delivered an outstanding performance, finishing as overall winners on goal difference, while the B team also played brilliantly to secure 6th place.

Special congratulations go to Grace D from the A team and Kate G from the B team, who were both awarded Player of the Tournament for their excellent performances.

Well done to everyone who represented the school. It has been a fantastic first year of netball at All Hallows, and we look forward to even more success in the future. Well done, girls!



Outstanding Performances for U13 Handball Teams



Congratulations to our U13 Girls and Boys Handball teams, who represented South Ribble in the England Handball Competition at Leigh Leisure Centre today. Both teams performed exceptionally well, with England Handball staff praising their skill, teamwork and excellent passing throughout the games.

The boys narrowly missed out on progression by just one point, but the girls were outstanding, winning all of their matches and securing a place in the Regional Finals on 30th April in Liverpool.

The "Player of the Tournament" awards were presented to Herbie J for the boys and Halle N for the girls - well done to both!

A huge congratulations to all the players for their dedication, hard work and fantastic performances on the day.

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Double Victory for Boys' and Girls' Indoor Athletics Teams

We are incredibly proud to celebrate the achievements of both our girls' and boys' indoor athletics teams, who have enjoyed remarkable success in their recent competitions.

Our Year 7 and Year 8 girls' teams secured 1st place in the indoor athletics event held at All Hallows. Their performances were exceptional, demonstrating determination, teamwork and impressive athletic ability. As a result, they will now represent Team South Ribble at the Lancashire Indoor Athletics Championships in Blackpool.

Not to be outdone, our Year 7 and Year 8 boys' teams also achieved 1st place overall in their respective indoor athletics competitions. This fantastic accomplishment means both teams have qualified for the finals.

A huge well done to every student involved. Their hard work, commitment and team spirit have been outstanding, and they have represented the school brilliantly. We wish all our teams the very best of luck as they prepare for the upcoming finals.



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Teamwork and Determination on Display at Boccia Competition

A group of our All Hallows pupils recently represented the school at the South Ribble Boccia Competition held at Penwortham Priory, entering two teams of four.

Team 2 – Adam T, Harrison K, Flynn D and Thomas B – competed brilliantly in their group matches, winning two and narrowly losing two. Their strong performances saw them finish third in their group, showing great teamwork and determination throughout the competition.

Team 1 – Mason B, Zac W, Lexi B and Josh E – had an outstanding tournament. They won all four of their group games to progress to the semi-final, which they also won to secure a place in the final. In a very close and exciting match against Applebee Wood School, they were narrowly beaten 4–3, finishing the competition as silver medallists.

It was an excellent day for all involved. The pupils represented All Hallows brilliantly, demonstrating fantastic teamwork, determination and sportsmanship. Well done to all of the pupils who took part for their fantastic effort and for representing the school so well. Most importantly, the event provided opportunities and experiences that our pupils will remember for years to come – which is exactly what school sport is all about.



Strong Performances from KS4 Volleyball Teams



Well done to the Year 10 and Year 11 volleyball teams, who were in action this month against Hutton.

The Year 10 team performed brilliantly, winning both sets. The second set was particularly exciting, with All Hallows securing a narrow 27–25 victory.

The Year 11 team faced a closely contested match, going to a deciding set after All Hallows won the first set and Hutton took the second. All Hallows rose to the challenge, winning the final set 15–7.

We look forward to the warmer weather and the opportunity for all year groups to take part in outdoor volleyball fixtures over the summer.

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Outstanding Morning of Rugby for Year 7 Team



On Saturday 14th March, the All Hallows Year 7 Rugby Team travelled to Preston Grasshoppers to take on touring side Dartford Grammar in a series of fixtures. Matches were played between 10:00am and 12:00pm in glorious sunshine, with All Hallows facing Dartford's A, B and C teams.

It was an excellent morning of rugby, highlighted by some outstanding defensive work, particularly at the breakdown where counter-rucking proved highly effective. In attack, All Hallows caused Dartford significant problems with strong, direct running and effective distribution into the wide channels.

All Hallows recorded impressive victories against Dartford's B and C teams and pushed the A team all the way in a closely contested and highly competitive match.

Dartford selected a 'Player of the Game' from each fixture, with the recipients receiving a Dartford touring hat. Congratulations to Ishan C, Theo H and Teddy C on their well-deserved recognition.

A huge thank you to all students and parents who gave up their Saturday morning to represent and support the school – it is very much appreciated.

Year 7 B Team Shine in 5-1 Victory Over Hutton



The Year 7 football team enjoyed an excellent 5-1 victory against Hutton in a friendly fixture played in the sunshine on Tuesday. It was particularly pleasing to see so many pupils representing the school in their first 9-a-side match, showing great enthusiasm and teamwork throughout.

There were a number of standout performances on the evening. Archie impressed with his tireless running and determination, while Freddie was in fine form in front of goal, scoring an excellent hat-trick.

A fantastic result and a very promising display from the team. Well done to all involved!

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Year 8 Football Team Progress in the South Ribble Cup



On Tuesday 10th March, our Year 8 football team played away at Leyland St Mary's in the first round of the South Ribble Cup. The boys produced an outstanding team performance to secure an impressive 8-0 victory and progress to the second round of the competition.

The goals were shared across the team, with Joe D leading the scoring with four goals. George P added two more, while Luke M and Ollie R each scored once to complete the dominant win.

It was a fantastic display of teamwork, determination and attacking football from the whole squad. Well done to all the

Superb Second-Half Display Secures Victory



A great performance from the Year 10 football team, who showed excellent character and team spirit to turn the game around. Trailing 1-0 at half-time, the team produced a superb second-half display to secure a 3-1 victory.

A battle well fought – you should all be very proud of your efforts.

Man of the Match:

T. McCourt, who scored a fantastic goal in the second half to put the team ahead.

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PERSONAL DEVELOPMENT

Half Term 5 20rd April – 22nd May



WHAT WE'RE LEARNING SUMMER TERM 1



Overview

PD is a vital part of our curriculum that supports students' well-being, character and future aspirations. This term Year 7, 8 and 10 students will explore careers, Year 9 will develop an understanding on physical and mental well-being while exploring body image.

Year 8

Students will explore careers and future aspirations, understand enterprise by creating and developing a business idea, present a business pitch, and improve their revision skills by identifying effective study techniques.

Year 10

Students will learn about workplace health and safety, understand work experience expectations and how to make the most of it, set personal goals, and reflect on their experience by completing a feedback journal.

Year 7

Students will learn how to use Unifrog to explore their future career pathway. They will understand their skills, strengths and interests to build a profile on the Unifrog website.

Year 9

Students will explore body image and its influences, the difference between healthy and unhealthy behaviours, an introduction to common mental health conditions, and how to recognise and challenge mental health stigma.

Year 11

Year 11 will be completing their final lessons in PD this half term before they start their exam period. They will learn about public criminal offences, the harms of gambling, and drug misuse.



LESSON TITLES

Year 7 – Delivered using Unifrog

- Exploring Possibilities
- What is a Career
- Interests
- Skills
- The Future

Year 8

- *Introduction to Business*
- *Business Roles*
- *Enterprise*
- *Presenting a Business Pitch*
- *Revision Skills*

Year 9:

- Body Image x 2
- Balanced vs Extreme Behaviours
- Common Mental Health Conditions
- Mental Health Stigma

Year 10

- Health and Safety at Work
- Work Experience Prep x2
- Work Experience Feedback
-

Year 11

- Culpability and Harm
- Gambling
- Drug Substances

GUIDANCE FOR PARENTS & GUARDIANS



Helpful Websites

Unifrog –

<https://www.unifrog.org/parent>

Paediatric Mental Health Association –

<https://www.pmha-uk.org/resources>

Dove Self Esteem Project –

<https://www.dove.com/uk/dove-self-esteem-project/help-for-parents.html>

BBC Bitesize for Parents –

<https://www.bbc.co.uk/bitesize/parents>

National Careers Service –

<https://nationalcareers.service.gov.uk/careers-advice/helping-young-people-make-education-and-career-choices>

Questions to ask

Why do you think mental health stigma can be harmful?

What helps you feel confident about yourself?

How can you support someone who might be struggling?

What skills do you think are important for your future?

What goals have you set for yourself?

DON'T MISS THIS!

APRIL

British Values Quiz
Year 9 Options Deadline

MAY

Year 8 HPV Vaccine
Year 10 Work Experience
Year 11 Exam Period

TENTEN

Access TenTen Parent Portal:

You can access the parent portal to view the RSHE TenTen lessons for each year using the log in details below:

Username: all-hallows-pr1
Password: fruit-cake



Uniform Pop-Up Shop



Following the success of our recent Uniform Pop-Up Shop, we would like to extend a heartfelt thank you to everyone who supported the initiative. It was wonderful to see so many items finding new homes and contributing to our shared commitment to sustainability.

To help us continue this valuable project, we are now appealing for further donations of pre-loved school uniform. Any contributions would be greatly appreciated and will go a long way in supporting families within our school community, while also helping us reduce waste as part of our Live Simply Award journey.

If you are able to donate, please ensure that all items are clearly labelled for the attention of Mrs Ames. Donations can be sent into school with pupils or placed in the drop-off box outside the school gates.

Thank you once again for your continued support.

For any queries, please contact: preloved@allhallows.lancs.sch.uk



Please click the link below to
access the South Ribble Family Hub
Newsletter.

<https://sway.cloud.microsoft/k3OwibzhqmeZee2e?ref=Link&loc=play>



What is on...
Neighbourhood and Targeted
Youth Support Group Work

Lancashire County Council

SEND

Peer Support Drop In
With Community Seniors/Family Hub Navigator

Every 3rd Wednesday of the month

9:30am – 11:30am
West Paddock Family Hub
PR25 1HR

Peer Support drop in for parents/carers of children with SEND

Partner agencies will join some of our drop ins, such as

SENDIAS, Key, Primary Mental Health Workers, ASD Pathway Navigator, Educational Psychologists, Barnardo's, Lancashire Positive Minds and Lancashire Parent Career Forum

Lancashire County Council

FAMILY HUB NETWORK

Lancashire County Council

ONE STOP SHOP

A monthly drop in for families to access advice and support.

Lancashire SEND IAS ?
Department for Work & Pensions

Primary Mental Health Team

No need to book, Just turn up

3rd Wednesday of the month

21/01/26
18/2/26
18/3/26

9:30 - 11:30am

citizens advice

Unify

School Nurse

we are withyou

South Ribble

Pathway Navigator

NHS Advice about School Age Autism pathway processes

HOME START

West Paddock Family Hub
West Paddock
Leyland, PR25 1HR

South Ribble

STEP UP TO YOUTH WORK

Wednesday's (term time only)
3:30pm - 5pm
for young people aged 8 - 11 Years

Have Fun →

Food →

Meet Youth Workers →

Games & more →

Meet new people →

Join us at West Paddock Family Hub, West Paddock, Leyland, PR25 1HR

For more information please contact
SouthRibble.TYS@lancashire.gov.uk

LEARN AND GROW

Lancashire

"Growing together in the spirit of Christ's love"

Inspire others
Transform lives
Teach

Teacher Training Courses

PGCE with QTS courses available:

Primary (3-7 or 5-11 years)

Secondary (11-16 years) or

Sixth form (14-19 years)



CTAPGCE@olchs.lancs.sch.uk

01772 326931

 cta_north

April Dates for the Diary

1 April: Year 9 Interhouse Date
1 April: Year 9 Parents Evening / Options Evening 15.15 – 18.00
2 April: Easter Liturgy
2 April: School Closes at 13.30
6–16 April: New York & Orlando Trip
17 April: Inset Day
19 April: Confirmation Mass St Teresa's 16.00 – 17.00
20 April: School Reopens
20 – 24 April: Year 11 MFL Mock Speaking Exams
20 April: Lancashire Schools Gold Competition @ Bolton
21 April: South Ribble Year 9 District Netball Tournament
23 April: South Ribble Y10/11 Girls 7v7 Football Tournament @ LSM
24 April: Year 9 Options Form Deadline
24 April: Lunchtime Mass

24 April: Year 7 CAFOD Sleepover
27 April: Faith in Action – (Reflection Point 5) 15.15 – 16.15
27 April: Lancashire Schools Gold Competition @ Grange Golf Club
27 April – 8 May: MFL GCSE Speaking Exams
27 April: South Ribble Schools SEND Event – Indoor Curling
28 April – 8 May: Year 10 Exams
28 April: Belgium and France Trip Parents Meeting 17.30 – 18.30
28 April & 30 April: Year 8 Confirmation at Leyland St Marys 19.00
30 April: South Ribble Street Dance Competition @ Wellfield
30 April: North West England Handball Finals – Greenbank Sports Centre – Liverpool



"Growing together in the spirit of Christ's love"