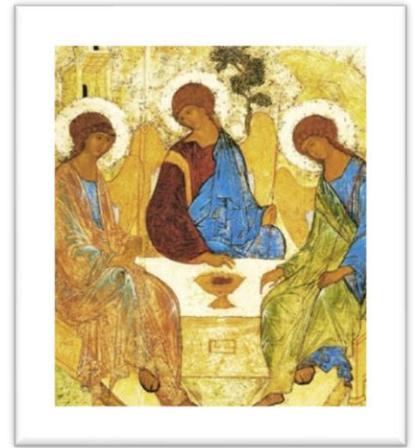


The Most Holy Trinity

Word of the Week John 1: 1-5

In the beginning was the Word: The Word was with God and the Word was God. He was with God in the beginning. Through him all things came into being, not one thing came into being except through him. What has come into being in him was life, life that was the light of men; and light shines in darkness, and darkness could not overpower it.



Word of the Week

On Sunday we celebrated 'Trinity Sunday'. This is the day when we celebrate the truth that God is made up of the Father, the Son and the Holy Spirit. The word we use to describe this 3 in 1 God is known as the Trinity. The word Trinity is made up of the word "Tri" which means 3 and the word "Unity", which means one or being unified together.

When we think about the Trinity, we see three persons of God; The Father - the Creator, provider, protector. The Son- the "human element" of God, God in the flesh, God who has revealed himself to us through Jesus, the human Jesus who became the sacrificial lamb of God needed to save and redeem us. The Holy Spirit- the third person of the Trinity who helps us to believe and pray, providing us with God's presence, comfort, and peace.

This week's Word of the Week in John tells us that all three were present from the very beginning – a vital part of Catholic belief and the foundation of Christian life and faith.



The excerpt from **Romans** below helps us to understand more about the Trinity and the amazing love of God. All three persons of the Trinity work together to give us the full understanding and experience of God. Through knowing Jesus and with the help of the Holy Spirit we can be inspired to be the best we can be in all that we say and do.

Romans 5: 1-5

So then, now that we have been justified by faith, we are at peace with God through our Lord Jesus Christ; it is through him, by faith, that we have been admitted into God's favour in which we are living, and look forward exultantly to God's glory. Not only that; let us exult, too, in our hardships, understanding that hardship develops perseverance, and perseverance develops a tested character, something that gives us hope, and a hope which will not let us down, because the love of God has been poured into our hearts by the Holy Spirit which has been given to us.

Prayers for the Week

Holy Trinity, Father, Son, and Holy Spirit, You are one God in perfect love. As we begin this new week, open our minds to Your wisdom, fill our hearts with Your peace, and guide our actions with Your strength. Help us to reflect Your unity in the way we treat one another. May our school be a place where Your love is known and shared.

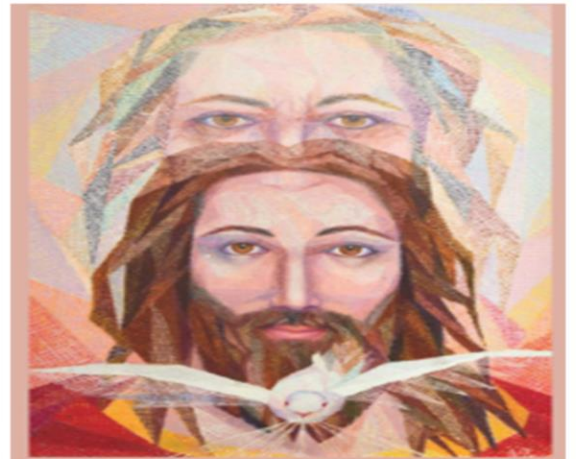
Amen

God of Communion, You show us in the Trinity that true unity is built on love. Bless our school community this week. Where there is division, bring healing. Where there is loneliness, bring friendship. Where there is misunderstanding, bring patience. Make us one in heart and mind, just as You are One.

Amen.

Most Holy Trinity, thank You for the gift of this new day. Help us to learn, to grow, and to use our talents well. Be with us in our lessons, in our friendships, and in every challenge we face. May Your love guide us always.

Amen.



GOD THE FATHER IS THE PROTECTOR
Write down how you would like God the Father to protect you during this week.

GOD THE SON IS A FRIEND
In a moment of quiet in your own mind and in your own words, talk to Jesus about something, like you would a friend, ask him for advice about a situation maybe.

GOD THE HOLY SPIRIT IS A HELPER
Write down things that you need help with and ask the Holy Spirit to help and resolve any problems or situations you are struggling with.



<https://www.youtube.com/watch?v=sGCuB9E5RAg>

[This I Believe \(The Creed\) - Hillsong Worship](#)

[The Trinity Explained in UNDER 3 Minutes! - YouTube](#)

